

**WHERE  
TO GO  
WHEN YOU NEED  
HELP**

**2016 EDITION**



# WHERE TO GO WHEN YOU NEED HELP

*2016 Edition*

Compiled by:



4100 Hillsdale Road  
Harrisburg, PA 17112  
717-635-8615

**[www.efmr.org](http://www.efmr.org)**

We hope this publication is helpful to you.  
If you are not certain a listing has exactly the help you need, try  
contacting one that you think is a close match to your need.

Chances are someone can refer you to the right resource.

*Toll-free numbers and others listed may require that you dial 1 first.*

Printed by:



**PennState Health**  
Milton S. Hershey  
Medical Center

# TABLE OF CONTENTS

ABUSE.....	1
ADOPTION.....	2
AIDS.....	3
ALCOHOL PROBLEMS.....	4
BREAST CANCER.....	5
BULLYING.....	5
CHILD ABUSE.....	5
CHILDREN.....	6
CONSUMER PROTECTION.....	10
DISABILITIES.....	11
DRUG PROBLEMS.....	12
EATING DISORDERS.....	13
EDUCATION FOR ADULTS.....	14
EMERGENCY HELP.....	15
ETHNIC/RACIAL DISCRIMINATION OR INTIMIDATION.....	16
FOOD ASSISTANCE.....	16
GAMBLING.....	20
GAY/LESBIAN AND RELATED ORGANIZATIONS.....	20
HEATING ASSISTANCE.....	21
HISPANIC COMMUNITY.....	22
HOUSING.....	22
IMMIGRATION.....	25
LEGAL AID.....	25
MEDICAL.....	26
MENTAL HEALTH.....	28
MENTORS.....	31
PARENTING.....	33
POISON.....	34
PREGNANCY SERVICES.....	34
RAPE.....	35
SENIOR CITIZENS.....	36
SHELTERS.....	38
SOUP KITCHENS.....	39
SUICIDE.....	40
VETERANS.....	41
VICTIMS.....	42
VOLUNTEER.....	43
WOMEN.....	43
<b>HELP BY AREAS</b>	
Cumberland And Perry Counties.....	46
York County.....	49
Upper Dauphin County.....	51

# ABUSE

(See also CHILD ABUSE,  
RAPE and WOMEN)

## ACCESS YORK

(YWCA York)

*Seeks to eliminate domestic violence  
and offer support, education,  
and a safe environment for victims of  
domestic violence.*

800-262-8444

717-846-5400

717-637-2235 (Hanover)

Sexual violence hotlines

800-422-3204

717-854-3131

[www.ywcayork.org/victim-services](http://www.ywcayork.org/victim-services)

## CHILDLINE

State child abuse registry.

*To report suspected child abuse or request  
child abuse history clearance form.*

800-932-0313

## DOMESTIC VIOLENCE HOTLINES

(By county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKLIN/FULTON: 800-621-6660

JUNIATA/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451

NORTHUMBERLAND/UNION/SNYDER:

800-850-7948

PERRY: 800-852-2102

SCHUYKILL: 800-282-0634

YORK: 800-262-8444

## DOMESTIC VIOLENCE INTERVENTION OF LEBANON COUNTY

*Women's shelter and counseling  
service in Lebanon.*

717-273-7190

866-686-0451

[www.dviolc.org](http://www.dviolc.org)

## FUTURES WITHOUT VIOLENCE

*Information on family violence issues.*

San Francisco main office

415-678-5500

[www.futureswithoutviolence.org](http://www.futureswithoutviolence.org)

## MIDPENN LEGAL SERVICES

*Offers assistance in filing a  
protection from abuse (PFA) petition.*

Harrisburg office:

213-A N. Front St., Harrisburg

717-232-0581

800-932-0356

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle

717-243-9400

800-822-5288

Lancaster office:

38 N. Christian St., Suite 200, Lancaster

800-732-0025

717-299-0971

Lebanon office:

513 Chestnut St., Lebanon

717-274-2834

800-326-9177

York office:

29 N. Queen St., York

717-848-3605

[www.midpenn.org](http://www.midpenn.org)

## NATIONAL DOMESTIC VIOLENCE HOTLINE

800-799-7233

TTY: 1-800-787-3224

[www.thehotline.org](http://www.thehotline.org)

## NATIONAL SEXUAL VIOLENCE RESOURCE CENTER

Mission is to provide leadership in  
preventing and responding to sexual  
violence through collaboration, sharing and  
creating resources, and promoting research.

123 N. Enola Drive, Enola

717-909-0710

877-739-3895

[www.nsvrc.org](http://www.nsvrc.org)

**PENNSYLVANIA COALITION  
AGAINST DOMESTIC VIOLENCE**

*Private nonprofit organization working  
to eliminate domestic violence, secure  
justice for victims and help build  
new lives free from abuse.*

National hotline

800-799-SAFE

Local numbers

545-6400

3605 Vartan Way, Suite 101

Harrisburg

[www.pcadv.org](http://www.pcadv.org)

**PENNSYLVANIA COALITION  
AGAINST RAPE**

*Works to end sexual violence and  
advocates for the rights and needs of  
sexual assault victims.*

888-772-7227 (24-hour hotline)

717-728-9740

125 N. Enola Drive, Enola

[www.pcar.org](http://www.pcar.org)

**SEXUAL ASSAULT RESOURCE &  
COUNSELING CENTER**

717-272-5308 (hotline Lebanon)

570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon

Schuylkill Office:

17 Westwood Centre, Pottsville

**YWCA OF GREATER HARRISBURG**

*Violence intervention and  
prevention services*

Hotline

800-654-1211

[www.ywcahb.org](http://www.ywcahb.org)

# **ADOPTION**

**ADOPTIONS FROM THE HEART**

*Non-profit, nonsectarian agency.*

Central Pennsylvania office

717-399-7766

1525 Oregon Pike, Suite 402, Lancaster

[www.afth.org](http://www.afth.org)

**CATHOLIC CHARITIES**

Office of Adoption Services

717-564-7115

939 East Park Drive, Suite 103, Harrisburg

[www.cchbg.org](http://www.cchbg.org)

**COMMON SENSE ADOPTION SERVICES**

*A licensed, non-profit adoption and  
foster care agency.*

717-412-0772

800-445-2444

3001 Market St., Camp Hill

[www.commonsenseadoption.org](http://www.commonsenseadoption.org)

**DIAKON ADOPTION & FOSTER CARE**

717-795-0320

960 Century Drive, Suite 101,

Mechanicsburg

[www.diakon.org](http://www.diakon.org)

**FAMILY CARE SERVICES**

717-263-2285

4385 Edenville Road, Chambersburg

[www.familycareservices.org](http://www.familycareservices.org)

**JEWISH FAMILY SERVICE OF  
GREATER HARRISBURG INC.**

717-233-1681

3333 N. Front St., Harrisburg

[www.jfsofhhbg.org](http://www.jfsofhhbg.org)

**PENNSYLVANIA STATE RESOURCE  
FAMILY ASSOCIATION**

*Advocates for and provides services to foster children, children adopted from foster care, and the families who serve them.*

800-951-5151

PO Box 60216, Harrisburg 17106  
www.psrfa.org

**SWAN (STATEWIDE ADOPTION AND  
PERMANENCY NETWORK)**

*A broad-based cooperative effort and a centralized information and facilitation service funded and overseen by the Pennsylvania Department of Human Services. The SWAN program serves children in the custody of county children and youth agencies.*

800-585-SWAN

www.adoptpakids.org

**UNITED METHODIST HOME  
FOR CHILDREN INC.**

*Recently became an affiliate of the Statewide Adoption and Permanency Network.*

717-766-7652

5120 Simpson Ferry Road  
Mechanicsburg  
www.umhcservices.org

**AIDS**

**AIDS FACTLINE**

*Provides full listing of statewide test sites for HIV. Provides general information on risk reduction and transmission.*

800-662-6080

**ALDER HEALTH SERVICES**

*Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.*

717-233-7190

100 N. Cameron St., Harrisburg  
www.alderhealth.org

**CENTER FOR DISEASE CONTROL AND  
PREVENTION**

800-CDC-INFO (800-232-4636)

TTY: 888-232-6348

www.cdc.gov/hiv

**FAMILY HEALTH COUNCIL OF CENTRAL PA.**

*In a 14-county region of south central Pennsylvania, FHCCP funds 11 subcontractor agencies that provide prevention education and interventions, medical support, and housing for infected and affected persons and families.*

717-761-7380

3461 Market Street, suite 200, Camp Hill  
www.fhccp.org

**THE HOPE PROGRAM**

*Provides HIV/AIDS education and prevention programs, HIV treatment and other services. Part of Hamilton Health Center.*

717-230-3909

110 S. 17th St., Harrisburg

**LOAVES OF LOVE FOOD PANTRY**

*Focused on serving the needs of people living with AIDS and HIV. Every other Wednesday from 2 to 6:45 p.m.*

*Referrals are needed.*

717-238-4036

Harris Street United Methodist Church  
250 Harris St., Harrisburg

## **PINNACLEHEALTH – REACCH**

*Provides a comprehensive approach to HIV care. The program is open Monday to Friday, 8 a.m. to 4 p.m.*

717-782-2750

2501 N. Third St., second floor, Harrisburg

# **ALCOHOL PROBLEMS**

(See also DRUG PROBLEMS)

## **ADDICTION REFERRAL**

888-558-0762

[www.addictionreferral.org](http://www.addictionreferral.org)

## **ALCOHOLICS ANONYMOUS**

717-234-5390

[www.aaharrisburg.org](http://www.aaharrisburg.org)

## **AL-ANON/ALATEEN**

*For information on where to find a local meeting:*

[www.pa-al-anon.org](http://www.pa-al-anon.org)

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

## **BABY LOVE**

*Provides free intensive case management services designed to help women with addictions. Participants must be Dauphin County residents, pregnant or have a child under 5 years of age. Program is part of Hamilton Health Center.*

866-530-2229

[www.harrisburgbabylove.com](http://www.harrisburgbabylove.com)

## **BETHESDA MISSION**

*Helmsman program helps lives affected by drug and alcohol addiction.*

611 Reily St., Harrisburg

717-257-4440

[www.bethesdamission.org](http://www.bethesdamission.org)

## **CONTACT HELPLINE**

*Information and referral service.*

800-932-4616

211 (information and referral)

[www.contacthelpline.org](http://www.contacthelpline.org)

## **DAUPHIN COUNTY DEPARTMENT OF DRUG & ALCOHOL SERVICES**

717-635-2254

1100 S. Cameron St., Harrisburg

## **DAYSTAR CENTER FOR SPIRITUAL RECOVERY**

*Daystar is a community based residential treatment facility for men with substance use disorders.*

717-230-9898

[www.daystarrecovery.com](http://www.daystarrecovery.com)

## **EVERGREEN HOUSE**

*(Catholic Charities)*

*Transitional housing for recovering women.*

120 Willow Road, Suite B, Harrisburg

717-412-4594

## **GAUDENZIA-HARRISBURG**

*Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.*

[www.gaudenzia.org](http://www.gaudenzia.org)

## **JUST FOR TODAY RECOVERY VETERANS SUPPORT SERVICES**

*Operates homes in Lemoyne and Mechanicsburg for recovering alcoholics and drug addicts, as well as a recently opened recovery center in Lemoyne.*

717-880-8068

300 Market St., Lemoyne

[www.jft-rvss.org](http://www.jft-rvss.org)

## **MOTHERS AGAINST DRUNK DRIVING (MADD)**

*Has an ongoing agenda to educate youth about the dangers of impaired driving and underage drinking, as well as adult education programs.*

Pennsylvania office:

610-825-4902

[www.madd.org](http://www.madd.org)



#### **PERRY HUMAN SERVICES**

*Provides treatment to individuals struggling because of substance use.*

717-582-8703

Mulhollem Office Centre  
8391 Spring Road, New Bloomfield  
[www.perryhumanservices.org](http://www.perryhumanservices.org)

#### **THE RASE PROJECT**

717-232-8535

*Assists individuals affected by substance abuse.*

100 N. Cameron St.,  
Suite 401-E, Harrisburg  
[www.raseproject.org](http://www.raseproject.org)

#### **TEEN CHALLENGE HARRISBURG**

*Faith-based, adult, long-term, residential rehabilitation program for men and women struggling with chemical addiction.*

844-888-8085

[www.harrisburgtc.org](http://www.harrisburgtc.org)

#### **YORK RESCUE MISSION**

*Offers Spiritual Life Recovery Program for men dealing with alcohol and drug issues.*

717-845-7662

367 West Market Street, York  
[www.yorkrescuemission.org](http://www.yorkrescuemission.org)

## **BREAST CANCER**

#### **FEEL YOUR BOOBIES FOUNDATION**

717-343-8399

PO Box 41, Middletown  
[www.feelyourboobies.com](http://www.feelyourboobies.com)

#### **NATIONAL CANCER INSTITUTE**

800-422-6237

[www.cancer.gov](http://www.cancer.gov)

#### **PENNSYLVANIA BREAST CANCER COALITION**

800-377-8828

2397 Quentin Road, Suite B, Lebanon  
[www.pabreastcancer.org](http://www.pabreastcancer.org)

#### **SUSAN G. KOMEN FOR THE CURE**

877-GO-KOMEN (465-6636)

[www.komen.org](http://www.komen.org)

## **BULLYING**

#### **ANTI-DEFAMATION LEAGUE**

[www.noplaceforhate.org](http://www.noplaceforhate.org)

#### **THE FOUNDATION FOR HOPE**

*A community outreach organization providing direct support and service to those affected by bullying, depression, or suicide.*

24-hour hotline

1-855-HOPE-611

[www.hope611.org](http://www.hope611.org)

#### **PENNSYLVANIA YOUTH CONGRESS**

*Pennsylvania's first and only statewide LGBTQ youth advocacy organization.*

717-743-1035

409 Walnut St., Harrisburg (field office)

[www.payouthcongress.org](http://www.payouthcongress.org)

## **CHILD ABUSE**

#### **TO REPORT CHILD ABUSE**

*Pennsylvania Department of Human Services hotline:*

800-932-0313

#### **AMERICAN HUMANE ASSOCIATION**

[www.americanhumane.org/children](http://www.americanhumane.org/children)

#### **ASSOCIATION OF SITES ADVOCATING CHILD PROTECTION**

*Dedicated to elimination of child pornography on the Internet.*

[www.asacp.org](http://www.asacp.org)

### **CHILD HELP**

*National Child Abuse Hotline to report suspected child abuse.*

800-422-4453

800-4-A-CHILD

[www.childhelp.org](http://www.childhelp.org)

### **FAMILY SUPPORT OF CENTRAL PA**

*A child abuse prevention organization committed to building and supporting strong, safe families through mutual support and education.*

4775 Linglestown Road, Suite 202,  
Harrisburg

800-984-9923

717-541-0828

[www.familysupportcentralpa.org](http://www.familysupportcentralpa.org)

### **OFFICE OF THE VICTIM ADVOCATE**

*Represents the interests of crime victims.*

800-563-6399

TTY: 877-349-1064

1101 S. Front St., Suite 5200, Harrisburg

[www.ova.state.pa.us](http://www.ova.state.pa.us)

### **PENN STATE HERSHEY CENTER FOR THE PROTECTION OF CHILDREN**

*Develops and coordinates research, education, and policy initiatives having to do with child abuse/protection.*

717-531-4100

### **PENNSYLVANIA COALITION AGAINST RAPE**

*Help for victims of sexual abuse, including information, referrals and resources.*

888-772-7227 (24-hour hotline)

717-728-9740

125 N. Enola Drive, Enola

[www.pcar.org](http://www.pcar.org)

### **PENNSYLVANIA FAMILY SUPPORT ALLIANCE**

*Protects children by teaching citizens to recognize and report child abuse and neglect.*

717-238-0937

800-448-4906

2000 Linglestown Road, Suite 301,

Harrisburg

[www.pa-fsa.org](http://www.pa-fsa.org)

### **PINNACLE HEALTH**

#### **CHILDREN'S RESOURCE CENTER**

*A child advocacy center dedicated to providing compassionate, quality care in a safe, child-friendly environment for children suspected of having been abused or neglected.*

717-782-6800

877-543-5018

[www.pinnaclehealth.org/crc](http://www.pinnaclehealth.org/crc)

## **CHILDREN**

(See also MEDICAL & TEENS)

### **AMERICAN HUMANE ASSOCIATION**

[www.americanhumane.org/children](http://www.americanhumane.org/children)

### **AUTISM SOCIETY, GREATER HARRISBURG AREA CHAPTER**

*Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.*

800-244-2425, ext. 8408

PO Box 101, Enola.

[www.autismharrisburg.org](http://www.autismharrisburg.org)

### **BABIES**

(Healthy Baby Helpline)

*Pennsylvania Department of Health provides information to those who are pregnant or think they may be pregnant.*

800-986-BABY

**BETHESDA MISSION YOUTH CENTER**

1438 Herr St., Harrisburg  
717-257-5484

**BOYS AND GIRLS CLUB  
OF HARRISBURG**

*Offers a drug-free, alcohol-free atmosphere  
with caring professionals.*

717-234-3268  
1227 Berryhill Street, Harrisburg  
1700 Hanover St., Harrisburg  
1313 Monroe St., Harrisburg  
[www.bgchbg.org](http://www.bgchbg.org)

**CAITLIN'S SMILES**

*Helps children facing chronic or life  
threatening illnesses through distribution  
of arts and crafts kits.*

717-412-4759  
3306 N. Sixth St., Harrisburg  
[www.caitlins-smiles.org](http://www.caitlins-smiles.org)

**CAPITAL AREA HEAD START**

*Gives children a head start in life,  
empowers parents and  
strengthens families.*

717-541-1795  
[www.keystonehumanservices.org/capital-area-head-start](http://www.keystonehumanservices.org/capital-area-head-start)

**CHILDREN'S HEALTH INSURANCE  
PROGRAM (CHIP)**

*A state-funded health insurance for  
uninsured children and teens.*

800-986-KIDS  
[www.chipcoverspakids.com](http://www.chipcoverspakids.com)

**CHILD CARE INFORMATION SERVICES**

(Pennsylvania Department  
of Human Services)

*CCIS agencies provide you and your family  
with information on quality child care and  
personalized child care referrals to child  
care providers based on your specific needs  
or preferences.*

Cumberland and Perry counties  
717-243-4014 or 800-358-8725  
Dauphin County  
717-233-8454 or 800-952-7419  
Lebanon County  
717-274-6552 or 888-313-2247  
York County  
717-854-2273 or 800-864-4925

**CHILD FIND OF AMERICA**

*Provides services designed to prevent and  
resolve child abduction and the family  
conflicts that can lead to abduction  
and abuse.*

800-I-AM-LOST (800-426-5678)  
[www.childfindofamerica.org](http://www.childfindofamerica.org)

**CHILDREN'S HOME OF YORK**

*Serves the most vulnerable children, youth  
and families throughout Pennsylvania.*

717-755-1033  
77 Shoe House Road, York  
[www.choyork.org](http://www.choyork.org)

**CHILDREN & YOUTH  
OF DAUPHIN COUNTY**

*Dedicated to the health, safety and  
welfare of children and families.*

717-780-7200  
1001 N. Sixth St., Harrisburg

### **COMMUNITY CHECK UP-CENTER**

*Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.*

Pediatrics, 8:30 a.m. to 4:30 p.m.

Monday through Friday

Women, 9 a.m. to 4:30 pm.

Tuesdays and Fridays

717-233-1700

38C Hall Manor

[www.communitycheckupcenter.org](http://www.communitycheckupcenter.org)

### **FAMILY HEALTH COUNCIL OF CENTRAL PA.**

*A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.*

717-761-7380

3461 Market Street, suite 200, Camp Hill

[www.fhccp.org](http://www.fhccp.org)

### **FUTURES WITHOUT VIOLENCE**

*Information on family violence issues.*

San Francisco main office

415-678-5500

[www.futureswithoutviolence.org](http://www.futureswithoutviolence.org)

### **GREATER HARRISBURG HEALTHY START**

*A program of Hamilton Health Center that provides prenatal and postpartum care for women and children.*

717-909-1278

[www.harrisburghealthystart.com](http://www.harrisburghealthystart.com)

### **HOLDING HOPE**

*Works to support families of children with life-threatening illnesses being treated at*

*Penn State Children's Hospital*

717-982-8126

[www.holdinghope.org](http://www.holdinghope.org)

### **HOLY SPIRIT TEENLINE**

*The Teenline program can help a central Pennsylvania teen facing serious issues at school or home, and help parents trying to cope with a troubled son or daughter.*

717-763-2345

800-722-5385

### **MYNDWORKS**

(Jewish Family Service of

Greater Harrisburg)

*Offers innovative and effective programs to support social and emotional growth for children ages 4-19. Also offers Healing Hearts, a publicly funded program to assist parents and children when trauma or attachment issues are interfering with family functioning. This specialized approach may be particularly beneficial to foster or adopted children.*

717-233-1681

3333 N. Front St., Harrisburg

### **NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN**

*Call to report missing children and suspected child sexual exploitation and trafficking.*

800-843-5678

[www.missingkids.com](http://www.missingkids.com)

### **NEIGHBORHOOD CENTER OF THE UNITED METHODIST CHURCH**

*Specializes in helping young people discover and develop their capabilities, so that their lives and the life of the community can be enhanced.*

717-233-6541

1801 N. Third St., Harrisburg

[www.neighborhoodcenterhbg.org](http://www.neighborhoodcenterhbg.org)

**NEW HOPE MINISTRIES**

*Reaches out to "at risk" children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.*

717-432-2087

211 S. Baltimore St., Dillsburg  
www.nhm-pa.org

**NORTHERN DAUPHIN HUMAN SERVICES CENTER**

*Children and youth services.*

877-893-3344

**PENN STATE HEALTH CENTER FOR THE PROTECTION OF CHILDREN**

*The Transforming the Lives of Children Clinic serves as the "medical home" for children in out-of-home placement, providing comprehensive primary care services that include medical evaluation and treatment as well as psychological assessments and evidence-based therapy.*

717-531-4100

500 University Drive, Hershey

**PENN STATE HERSHEY PEDIATRIC INJURY PROTECTION PROGRAM**

*Promotes the prevention of childhood injuries through education, networking and advocacy.*

717-531-SAFE (7233)

**PENNSYLVANIA STATE RESOURCE FAMILY ASSOCIATION**

*Advocates for and provides services to foster children, children adopted from foster care, and the families who serve them.*

800-951-5151

PO Box 60216, Harrisburg 17106  
www.psrfa.org

**PERRY COUNTY FAMILY CENTER**

*Promotes the positive development and healthy wellbeing of all young children in Perry County.*

717-582-3656

8391-R Spring Road, Suite 3, New Bloomfield

www.pafamilycenter.org

**PHOENIX YOUTH CENTER INC.**

717-838-0302

11 W. Cherry St., Palmyra, during school year

50 Landings Drive, Annville, during summer  
www.phoenixyouthcenter.org

**PRESSLEY RIDGE**

*Mission is to provide exceptional care to children in need and families in crisis.*

717-238-8118

121 Locust St., Harrisburg  
www.pressleyridge.org

**SPECIAL KIDS NETWORK HELP PA**

(Pennsylvania Department of Health)

*Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.*

800-986-4550

www.gotoskn.state.pa.us

**UNITED METHODIST HOME FOR CHILDREN INC.**

*A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.*

717-766-7652

5120 Simpson Ferry Road  
Mechanicsburg

www.umhcservices.org

## **WIC**

*A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods to more than 247,000 participants every month in Pennsylvania.*

800-WIC-WINS (942-9467)

[www.pawic.com](http://www.pawic.com)

Services available at Hamilton Health Center

717-230-3909

## **YORK COUNTY**

### **CHILDREN & YOUTH SERVICES**

717-846-8496

800-729-9227

## **YOUTH ADVOCATE PROGRAM, INC.**

*Provides youth and their families with intensive support in their homes, school and community. Staff meets with youth and families multiple times a week at times most needed by the family, with an emphasis on safety and support.*

2007 N. Third St., Harrisburg

717-232-7580

[www.yapinc.org](http://www.yapinc.org)

# **CONSUMER PROTECTION**

(See also EMERGENCY HELP & HEATING ASSISTANCE)

## **ATTORNEY GENERAL'S OFFICE**

Bureau of Consumer Protection Help Line

800-441-2555

Consumer Health Care Section

877-888-4877

## **BETTER BUSINESS BUREAU**

202-393-8000

Harrisburg satellite office

717-364-3250

1337 N. Front St., Harrisburg

[www.bbb.org](http://www.bbb.org)

## **COMMUNITY JUSTICE PROJECT**

*Mission is to protect and expand the civil rights of poor families and low-wage workers.*

800-322-7572

717-236-9486

118 Locust St., Harrisburg

[www.communityjusticeproject.org](http://www.communityjusticeproject.org)

## **CONSUMER ADVOCATE**

*Represents Pennsylvania consumers regarding matters of their utility service.*

800-684-6560

717-783-5048

Office of Consumer Advocate

555 Walnut St., 5th Floor,

Forum Place, Harrisburg

[www.oca.state.pa.us](http://www.oca.state.pa.us)

## **FLOOD INSURANCE INFORMATION**

888-379-9531

[www.floodsmart.gov](http://www.floodsmart.gov)

## **PENNSYLVANIA DEPARTMENT OF BANKING AND SECURITIES**

*Call with reports related to investment scams. Can file a complaint form online.*

800-722-2657

[www.dobs.pa.gov](http://www.dobs.pa.gov)

## **PENNSYLVANIA DEPARTMENT OF INSURANCE**

877-881-6388

1209 Strawberry Square, Harrisburg

[www.insurance.pa.gov](http://www.insurance.pa.gov)

## **PENNSYLVANIA PUBLIC UTILITY COMMISSION (PUC)**

*Regulates and enforces laws regarding consumer rights in disputes with utilities.*

800-692-7380

400 North St., Keystone Building,

Harrisburg

[www.puc.state.pa.us](http://www.puc.state.pa.us)

### **TELEMARKETERS**

*To register your phone number  
on the Do-Not-Call list at no cost.*

888-382-1222

[www.donotcall.gov](http://www.donotcall.gov)

## **DISABILITIES**

### **THE ARC OF CUMBERLAND AND PERRY COUNTIES**

*For people with intellectual and  
developmental disabilities.*

717-249-2611

71 Ashland Ave., Carlisle

[www.cparc.org](http://www.cparc.org)

### **THE ARC OF DAUPHIN COUNTY**

*For people with intellectual and  
developmental disabilities.*

877-533-7098

717-920-2727

2569 Walnut St., Penbrook

[www.arcofd.c.org](http://www.arcofd.c.org)

### **BELL SOCIALIZATION SERVICES**

*Provides an environment of support and  
empowerment where people can improve  
their quality of living.*

717-848-5767

160 S. George Street, York

[www.bellsocialization.com](http://www.bellsocialization.com)

### **CENTER FOR INDEPENDENT LIVING OF CENTRAL PA**

*Provides innovative programs and services  
to allow persons with diverse disabilities  
to live well.*

717-731-1900

800-323-6060

Living well hotline

877-865-4893

207 House Ave., Camp Hill

[www.cilcp.org](http://www.cilcp.org)

### **CHRISTIAN RESIDENTIAL OPPORTUNITIES AND SOCIAL SERVICES**

*Provides residential services to adults with  
developmental disabilities.*

717-530-1788

712 Pinola Road, Shippensburg

[www.crossinc.com](http://www.crossinc.com)

### **EASTER SEALS**

*Western and Central Pennsylvania  
Easter Seals provides programs and services  
to ensure that people with disabilities or  
other special needs and their families have  
equal opportunities to live, learn, work and  
play in their communities.*

412-281-7244

[www.easterseals.com/wcpenna](http://www.easterseals.com/wcpenna)

### **GOODWILL KEYSTONE AREA**

*Works to support persons with disabilities  
and other barriers to independence in  
achieving their fullest potential as workers  
and as members of the broader community.*

717-232-1831

800-432-GIVE

1150 Goodwill Drive, Harrisburg

[www.youngoodwill.org](http://www.youngoodwill.org)

### **S. JUNE SMITH CENTER (OUR EXCENTIA)**

*Provides early intervention programs to  
meet the needs of infants and preschool  
children with developmental delays  
and disabilities.*

717-299-4829 (select 7)

617B N. Prince St., Lancaster

[www.ourexcenia.org/s-june-center](http://www.ourexcenia.org/s-june-center)

### **KEYSTONE HUMAN SERVICES**

*Creates opportunities for growth and  
meaningful life choices so that all people  
can be valued, contributing members of  
their community.*

717-232-7509

888-377-6504

124 Pine St., Harrisburg

[keystonehumanservices.org](http://keystonehumanservices.org)

#### **PARENT TO PARENT OF PENNSYLVANIA**

*Linking families of children and adults with a disability or special need.*

1-888-727-2706

[www.parenttoparent.org](http://www.parenttoparent.org)

#### **UNITED CEREBRAL PALSY CENTRAL PA**

*Provides both community and center-based programs and services in 17 central Pennsylvania counties, serving more than 4,000 people with disabilities and their family.*

925 Linda Lane, Camp Hill

717-737-3477

800-998-4827

[www.ucpcentralpa.org](http://www.ucpcentralpa.org)

#### **VISION RESOURCES OF CENTRAL PENNSYLVANIA**

*Provides support and promotes the interests of people who are blind, visually impaired and otherwise disabled.*

717-238-2531

1130 S. 19th St., Harrisburg

[www.vrocp.org](http://www.vrocp.org)

#### **WORKS FOR ME**

*Highlights potential resources for people with disabilities in Pennsylvania who are interested in working. It also connects people with disabilities with information and referral sources.*

[www.worksforme-pa.org](http://www.worksforme-pa.org)

## **DRUG PROBLEMS**

(See also ALCOHOL PROBLEMS)

#### **ADDICTION REFERRAL**

888-558-0762

[www.addictionreferral.org](http://www.addictionreferral.org)

#### **ALCOHOLICS AND NARCOTICS HELPLINE**

24 hours

717-238-5920

#### **BABY LOVE**

*Provides free intensive case management services designed to help women with addictions. Participants must be Dauphin County residents, pregnant or have a child under 5 years of age. Program is part of Hamilton Health Center.*

866-530-2229

[www.harrisburgbabylove.com](http://www.harrisburgbabylove.com)

#### **BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR**

*An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.*

[www.findtreatment](http://www.findtreatment)

[samhsa.gov](http://samhsa.gov)

#### **BETHESDA MISSION**

*Helmsman program helps lives affected by drug and alcohol addiction.*

611 Reily St., Harrisburg

717-257-4440

[www.bethesdamission.org](http://www.bethesdamission.org)

#### **CONTACT HELPLINE**

*Information and referral service.*

800-932-4616

211 (information and referral)

[www.contacthelpline.org](http://www.contacthelpline.org)

#### **DAYSTAR CENTER FOR SPIRITUAL RECOVERY**

*Daystar is a community based residential treatment facility for men with substance use disorders.*

717-230-9898

[www.daystarrecovery.com](http://www.daystarrecovery.com)

#### **EVERGREEN HOUSE**

(Catholic Charities)

*Transitional housing for recovering women.*

120 Willow Road, Suite B, Harrisburg

717-412-4594

[www.cchbg.org](http://www.cchbg.org)



#### **GAUDENZIA-HARRISBURG**

*Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.*  
[www.gaudenzia.org](http://www.gaudenzia.org)

#### **JUST FOR TODAY RECOVERY VETERANS SUPPORT SERVICES**

*Operates homes in Lemoyne and Mechanicsburg for recovering alcoholics and drug addicts, as well as a recently opened recovery center in Lemoyne.*  
717-880-8068  
300 Market St., Lemoyne  
[www.jft-rvss.org](http://www.jft-rvss.org)

#### **NARCOTICS ANONYMOUS**

*To find a meeting:*  
[www.na.org](http://www.na.org)

#### **PARTNERSHIP FOR DRUG-FREE KIDS**

*Mission is to reduce teen substance abuse and support families impacted by addiction.*  
855-378-4373 (helpline)  
[www.drugfree.org](http://www.drugfree.org)

#### **PENNSYLVANIA DEPARTMENT OF DRUG AND ALCOHOL PROGRAMS.**

717-783-8200  
[www.ddap.pa.gov](http://www.ddap.pa.gov)

#### **PERRY HUMAN SERVICES**

*Provides treatment to individuals struggling because of substance use.*  
717-582-8703  
Mulhollem Office Centre  
8391 Spring Road, New Bloomfield  
[www.perryhumanservices.org](http://www.perryhumanservices.org)

#### **ST. MARTIN DE PORRES CATHOLIC WORKER HOUSE**

*Works with men who have addictions.*  
1440 Market St., Harrisburg  
230-8328

#### **THE RASE PROJECT**

*Assists individuals affected by substance abuse.*  
717-232-8535  
100 N. Cameron St.,  
Suite 401-E, Harrisburg  
[www.raseproject.org](http://www.raseproject.org)

#### **TEEN CHALLENGE HARRISBURG**

*Faith-based, adult, long-term, residential rehabilitation program for men and women struggling with chemical addiction.*  
844-888-8085  
[www.harrisburgtc.org](http://www.harrisburgtc.org)

#### **YORK RESCUE MISSION**

*Offers Spiritual Life Recovery Program for men dealing with alcohol and drug issues.*  
717-845-7662  
367 West Market Street, York  
[www.yorkrescuemission.org](http://www.yorkrescuemission.org)

## **EATING DISORDERS**

#### **CONTACT HELPLINE**

*Information and referral service.*  
800-932-4616  
211 (information and referral)  
[www.contacthelpline.org](http://www.contacthelpline.org)

#### **FOOD ADDICTS ANONYMOUS**

[www.foodaddictsanonymous.org](http://www.foodaddictsanonymous.org)

#### **NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS**

630-577-1330  
[www.anad.org](http://www.anad.org)

#### **NATIONAL EATING DISORDERS ASSOCIATION**

*Supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.*  
800-931-2237  
[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

### **OVEREATERS ANONYMOUS**

*Offers a program of recovery from compulsive overeating, binge eating and other eating disorders using the 12-step program.*  
[www.aa.org](http://www.aa.org)

### **PENN STATE CHILDREN'S HOSPITAL EATING DISORDERS PROGRAM**

*Outpatient treatment, intensive outpatient, and partial hospitalization/day treatment. Clinics are in Camp Hill, Hershey, Lancaster, Reading and State College.*  
717-531-7235

## **EDUCATION FOR ADULTS**

(See also MENTORING)

### **CENTRAL PENNSYLVANIA LITERACY COUNCIL**

*Committed to improving the literacy of all adults in Cumberland and Dauphin counties.*  
717-763-7522  
225 Hummel Ave., Lemoyne  
[www.cplc-adultliteracy.blogspot.com](http://www.cplc-adultliteracy.blogspot.com)

### **EMPLOYMENT SKILLS CENTER**

*Provides adult education and training in the greater Carlisle area.*  
717-243-6040  
29 S. Hanover Street, Carlisle  
[www.employmentskillscenter.org](http://www.employmentskillscenter.org)

### **FRIENDS OVER FENCES**

*Helps inmates and ex-offenders to be successful members of society by mentoring, training and helping them find suitable housing and employment.*  
717-580-7426  
3456 Trindle Road, Suite 1, Camp Hill  
[www.friendsoverfences.org](http://www.friendsoverfences.org)

### **LITERACY COUNCIL OF LANCASTER-LEBANON**

243 Schneider Drive, Lebanon  
717-274-2554  
24 S. Queen St., Lancaster  
717-295-5523  
[www.getliterate.org](http://www.getliterate.org)

### **PENNSYLVANIA CAREERLINK**

*Employment transition counseling, job training and job search resources.*

Dauphin County:  
717-783-3270  
100 N. Cameron St., Suite 101, Harrisburg  
Cumberland County:  
717-243-4431  
1 Alexandra Court, Carlisle  
[www.cwds.state.pa.us](http://www.cwds.state.pa.us)

### **PERRY COUNTY LITERACY COUNCIL**

133 S. Fifth St., Newport  
717-567-7323  
[www.perryliteracy.com](http://www.perryliteracy.com)

### **PROBE**

*Potential Reentry Opportunities in Business and Education specializes in career preparation programs, offering individual and group counseling for single parents and homemakers.*  
Tri-county office (Dauphin, Cumberland and Perry counties):  
717-939-2260  
900 Cumber St., Steelton  
Lebanon office (also serves western Berks County):  
717-273-2090  
303 Chestnut St., Suite 1, Lebanon  
[www.probepa.org](http://www.probepa.org)

**TRI-COUNTY COMMUNITY ACTION  
COMMISSION**

*The Family Self Sufficiency Program is designed to empower low-income families to move out of poverty through one-on-one meetings to develop goals, manage finances, and provide support and assistance for up to five years.*

717-232-9757

1514 Derry Street, Harrisburg  
www.cac tricounty.org

**TRI-COUNTY OIC  
ADULT LEARNING CENTER**

*Provides quality academic, vocational, workforce, and family education classes to more than 1,200 students each year at 20 sites in Cumberland, Dauphin, Perry, and York counties.*

717-238-7318

500 Maclay St., Harrisburg  
www.tricountyoic.org

**YORK COUNTY LITERACY COUNCIL**

*Literacy services for adults.*

717-845-8719

800 East King Street, York  
www.yorkliteracy.org

**YW-WORKS**

(YWCA of Greater Harrisburg)

*Offers skills assessment, training and help with attaining employment.*

1101 Market St., Harrisburg  
234-7931

## **EMERGENCY HELP**

(See also CONSUMER PROTECTION,  
HEATING ASSISTANCE, MENTAL HEALTH  
AND SHELTERS)

**AMERICAN RED CROSS OF THE  
SUSQUEHANNA VALLEY**

866-311-3832

1804 N. Sixth St., Harrisburg  
www.redcross.org/centralpa

**CONTACT HELPLINE**

*Information and referral service.*

800-932-4616

211 (information and referral)

www.contacthelpline.org

**CRISIS INTERVENTION SERVICES  
(DAUPHIN COUNTY)**

*24-hour emergency mental health services.*

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg

**CRISIS INTERVENTION SERVICES  
(CUMBERLAND/PERRY COUNTIES)**

*Immediate help dealing with a serious problem.*

Camp Hill, 763-2222

Carlisle, 717-243-6005

All other areas, 866-350-HELP

**HELP MINISTRIES OF CHRISTIAN  
CHURCHES UNITED**

*Provides emergency shelter, assistance and services for the homeless and needy.*

717-238-2851

413 S. 19th Street, Harrisburg

www.ccuahbg.org

**JOIN HANDS MINISTRY**

*A contact and support center for persons living in Perry County who are seeking assistance with daily living concerns.*

717-582-7844

PO Box 335

25 E. McClure St., Suite 6, New Bloomfield

**LIHEAP**

*Pennsylvania Low Income Home  
Energy Assistance Program Hotline.*

866-857-7095

#### **NEW HOPE MINISTRIES**

*Provides support for low-income families in the Dillsburg, Dover, Hanover, Mechanicsburg and the West Shore.*

211 S. Baltimore St., Dillsburg  
717-432-2087  
www.nhm-pa.org

#### **PENNSYLVANIA DEPARTMENT OF HUMAN SERVICES HELPLINE**

800-692-7462

#### **PERRY HUMAN SERVICES**

*Provides housing assistance and emergency shelter services.*

717-582-8703  
Mulhollem Office Centre  
8391 Spring Road, New Bloomfield

#### **VICKIE'S ANGEL FOUNDATION**

*Helps families fighting cancer who are having difficulties paying bills.*

www.vickieangelfoundation.org

## **ETHNIC/RACIAL DISCRIMINATION OR INTIMIDATION**

#### **COMMUNITY JUSTICE PROJECT**

*Mission is to protect and expand the civil rights of poor families and low-wage workers.*

800-322-7572  
717-236-9486  
118 Locust St., Harrisburg  
www.communityjusticeproject.org

#### **FAIR HOUSING COUNCIL OF THE CAPITAL REGION INC.**

*Provides comprehensive services that address and promote fair housing (anti-discrimination) rights and furthers other housing opportunities for all persons without regard to race, color, national origin, religion, sex, familial status, presence of children, disability, ancestry, marital status or other arbitrary factors.*

717-238-9540  
2100 N. Sixth St., Harrisburg  
www.pafairhousing.org

#### **PENNSYLVANIA HUMAN RELATIONS COMMISSION**

*Enforces state laws that prohibit discrimination.*

Executive office  
333 Market St., eight floor, Harrisburg  
717-787-4410  
TTY 717-787-7279  
Harrisburg regional office  
333 Market St., eight floor, Harrisburg  
717-787-9780  
TTY 717-787-7279  
www.phrc.state.pa.us

## **FOOD ASSISTANCE**

(See also SOUP KITCHENS)  
Where information is not listed, call for days, times and place food is distributed.

For additional information, contact CENTRAL PA FOOD BANK at 717-564-1700 or find a location near you under partner agencies at [www.centralpafoodbank.org](http://www.centralpafoodbank.org).

#### **ALLISON HILL COMMUNITY MINISTRY FOOD PANTRY**

717-233-6441  
*Thursdays, 11:30 a.m. to 1 p.m.*  
Derry Street United Methodist Church  
1508 Derry St., Harrisburg.

**ANTIOCH TABERNACLE FOOD PANTRY,  
SOUP KITCHEN**  
717-233-8231

*Serves residents in 17103 and 17104 Zip codes. Must have photo ID and current address for verification. Also offers a lunchtime meal program on Thursdays. Food pantry hours, Tuesday, 12 to 1 p.m. and Thursday, 11:30 a.m. to 1 p.m. Also offers a Fresh Express to people (not restrictive to 17103 and 17104 Zip codes) at 11 a.m. Tuesday. Must have photo ID.*  
1920 North Street, Harrisburg  
www.antioch-tabernacle.org

**BIG SPRING AREA FOOD BANK**

*For Newville areas residents  
Usually last Monday of month, 9 to 11 a.m.,  
except for months of May, November  
and December.*

717-422-4603  
Big Spring United Lutheran Church  
101 Crossroad School Road, Newville

**BREAD OF LIFE OUTREACH**

717-567-3333  
717-567-9181

Newport Assembly of God Church  
*Emergency needs:  
Monday, Wednesday,  
Friday, 9 a.m. to 12 p.m.  
35 N. Front St., Newport  
Food distribution:*

*Second Saturday of month at Family Life  
Center in Newport  
Fourth Saturday of month at Newport  
Assembly of God, Thompsontown campus  
www.breadoflifeoutreach.org*

**THE BRIDGE  
EMERGENCY FOOD BANK**  
(Christian Churches United)  
717-774-6255

*Serves residents in New Cumberland,  
Lemoyne and Camp Hill, third Friday of  
month from 9 to 11:30 a.m. at West Shore  
Senior Center, 122 Geary Ave.,  
New Cumberland  
www.ccuhb.org*

**CARING CUPBOARD**

Palmyra Area Cooperating Churches  
717-838-9493  
*3 to 6 p.m. Monday; 10 to 11:30 a.m. and  
5:30 to 7 p.m. Wednesday;  
and 12 to 2 p.m., Friday  
131 N. Railroad St., Palmyra  
www.paccministry.org*

**CATHOLIC HARVEST FOOD PANTRY**

*Operates food pantry in York County. Hours  
are 6 to 7 p.m. Monday through Friday,  
9 a.m. to 12 p.m. first and third Thursday  
of month, and 3:45 to 4:45 p.m. fourth  
Monday and fourth Friday of month.*

717-846-8899  
717-846-8571  
628 E. Market St., York  
www.catholicharvest.org

**CHRISTIAN LIFE ASSEMBLY FOOD BANK**

717-737-6560  
*Normally operates 9 a.m. to 12 p.m.  
on Tuesday following second Monday  
of month.  
2645 Lisburn Road, Camp Hill*

**THE CROSSPOINT FOOD PANTRY**

717-545-1911 (church office)  
*Serves residents in the 17103, 17109 and  
17111 Zip codes Open on the first and third  
Saturdays of the month from  
11:30 a.m. to 1:30 p.m.  
6570 Mifflin Ave., Harrisburg  
www.xpointumc.org*

**THE CUPBOARD at CALVARY**

717-545-0021

*Serves residents in the 17109, 17111 and  
17112 Zip codes.*

*4:30 to 6 p.m., second and fourth  
Thursdays of the month*

Calvary United Methodist Church  
4700 Locust Lane, Harrisburg.

[www.calvaryuniteddmethodist.org](http://www.calvaryuniteddmethodist.org)

**ECUMENICAL FOOD PANTRY**

717-233-6889

*9:30 a.m. to 12 p.m. and 12:30 to 2 p.m.  
Monday through Friday, except Wednesday  
when morning closes at 11:30 a.m.*

Messiah Lutheran Church

Sixth and Forster Streets, Harrisburg

[www.ecumenicalfoodpantry.wordpress.com](http://www.ecumenicalfoodpantry.wordpress.com)

**FEED MY SHEEP FOOD MINISTRY**

*Call for assistance in Dauphin Borough and  
Middle Paxton Twp.*

717-877-0964

**FIVE LOAVES FOOD PANTRY**

717-737-1903

*Serves residents of 17043, 17011, 17010 and  
17025 Zip codes.*

*Third Saturday of month, 10 a.m. to 12 p.m.*

20 Market St., Wormleysburg

[www.cfaog.org/ministries/food-pantry](http://www.cfaog.org/ministries/food-pantry)

**GRANTVILLE AREA FOOD PANTRY**

717-469-2444

*Thursdays, 6 to 8 p.m., and Fridays,  
10 a.m. to 12 p.m.*

117 N. Faith Road, Grantville

**GREATER ZION MISSIONARY  
BAPTIST CHURCH**

717-541-0388

*Third Monday of month, 5 to 7 p.m.*

212 N. Progress Ave., Harrisburg

[www.greaterzionbaptist.org](http://www.greaterzionbaptist.org)

**HARRISBURG BRETHERN  
IN CHRIST CHURCH**

717-561-2170

*Operates food pantry on second Thursday  
from 1 to 2 p.m. and fourth Thursday  
from 4 to 6 p.m.*

2217 Derry St., Harrisburg

[www.harrisburgbic.org](http://www.harrisburgbic.org)

**HARRISBURG FOOD MINISTRY**

1201 Slate Hill Road, Camp Hill

717-761-2933, x321

*Distributes food from 10:45 a.m. to 12 p.m.  
Wednesday at Bethel AME Church, 1721 N.  
Fifth St., Harrisburg, and 10:45 a.m. to 12  
p.m. Friday at First Church of the Brethren,  
219 Hummel St., Harrisburg*

[www.harrisburgfoodministry.org](http://www.harrisburgfoodministry.org)

**HALIFAX UNITED METHODIST CHURCH**

*Serves residents in Halifax  
and Millersburg area*

717-896-8092

*9 to 11 a.m. Mondays,*

*4 to 6 p.m. Tuesdays and Thursdays*

*9 to 11 a.m., 1st, 3rd and 5th Saturdays*

105 Wind Hill Road, Halifax

[www.halifaxumc.com](http://www.halifaxumc.com)

**HERSHEY FOOD BANK**

717-520-3143

*Distribution to established clients on first  
and third Thursdays of month, 9 to 11:30  
a.m. and 5 to 7 p.m.; and third Wednesday  
of month, 9 to 11:30 a.m.*

120 E. Derry Road, Hershey

[www.hersheyfoodbank.com](http://www.hersheyfoodbank.com)

**INTERFAITH COUNCIL OF MIDDLETOWN  
FOOD PANTRY**

717-944-4651

*Serves residents in 17057 Zip code.*

*Tuesdays and Fridays*

*10 a.m. to 12:30 p.m.*

201 Wyoming St., Royalton

**INTERNATIONAL SERVICE CENTER**

717-236-1523

*Tuesday, Wednesday and Thursday**10 a.m. to 3 p.m.*

21 S. River St., Harrisburg

www.isc76.org

**THE KING'S KETTLE FOOD PANTRY**

717-530-9200

*Open 1st, 2nd & 3rd Tuesdays of**month 5 to 6 p.m.*

30 North Fayette Street, Shippensburg

**LEBANON COUNTY****CHRISTIAN MINISTRIES**

717-272-4400

www.lccm.us

**MACEDONIA MISSIONARY****BAPTIST CHURCH**

717-232-8946

*Operates food bank from 4:30 to 6 p.m.**on Fridays.*

2339 N. Sixth St., Harrisburg

**MANNA FOOD PANTRY**

717-602-5835

*Serves residents in 17103, 17104**and 17109 Zip codes.**Thursdays, 6 to 8 p.m.*

56 Banks St., Penbrook

**MILLERSBURG ASSEMBLY OF GOD CHURCH***(Bread of Life Food Ministry)*

717-692-3904

*Second Saturday of month at 9:30 a.m.*

2261 Shippen Dam Road, Millersburg

www.millersburgag.org

**MOUNT HOLLY SPRINGS UNITED****METHODIST CHURCH**

717-486-4883

*Offers food bank serving residents in**Mount Holly Springs, Gardners and Boiling**Springs. Proof of residency is required.**Tuesdays from 12 to 2 p.m.*

202 W. Butler St., Mount Holly Springs

**NEW HOPE MINISTRIES***Offers food services to clients who meet*  
*eligibility requirements*

717-432-3053 (Dillsburg)

717-766-7333 (Mechanicsburg)

www.nhm-pa.org

**NORTHERN DAUPHIN FOOD PANTRY**

717-905-2512

**PERRY COUNTY FOOD BANK***For eligible Perry County residents**8:45 to 11:45 a.m. and 1 to 3 p.m.,**Monday and Wednesday;**8:45 to 11:45 a.m. Friday*

717-582-9978

300A S. Carlisle St., New Bloomfield

www.perrycountyfoodbank.org

**PROJECT SHARE FOOD BANK**

717-249-7773

*Distributes food to residents in the Carlisle/**Boiling Springs area during the week that**contains the third Thursday of the month.**Distribution during this week: 12 to 2 p.m.**Tuesday; 9 to 11 a.m. Wednesday;**3:30 to 5:30 p.m. Thursday;**and 9 to 11 a.m. Saturday.*

5 N. Orange St., Suite 4, Carlisle

www.projectshare.net

**ST. FRANCIS OF ASSISI FOOD BANK**

717-232-1003

*Serves residents in the 17103 and 17104 Zip**codes in Allison Hill area. Must show**proof of residency.**Saturdays from 9:30 to 10:30 a.m.*

1459 Zarker St., Harrisburg

**UPPER DAUPHIN HUMAN SERVICES CENTER***Operates food bank from 9 to 11 a.m. and**1:30 to 3:30 p.m. Monday through Friday.**Individuals and families needing food are**allowed to come in one time per month.*

717-362-3321

20 Clearfield St., Elizabethville

## **GAMBLING**

**GAMBLERS ANONYMOUS**  
855-222-5542 (Delaware Valley)  
www.gamblersanonymous.org

**NATIONAL COUNCIL ON  
PROBLEM GAMBLING**  
1-800-522-4700  
www.ncpgambling.org

**PENNSYLVANIA PROBLEM  
GAMBLING HOTLINE**  
877-565-2112  
www.paproblemgambling.com

## **GAY/LESBIAN AND RELATED ORGANIZATIONS**

**ALDER HEALTH SERVICES**  
*Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.*  
717-233-7190  
100 N. Cameron St., Harrisburg  
www.alderhealth.org

**CENTRAL PENNSYLVANIA GAY AND  
LESBIAN CHAMBER OF COMMERCE**  
Box 135, Harrisburg, 17108  
www.cpglcc.org

**EQUALITY PA**  
*State's leading organization advancing equality and opportunity for lesbian, gay, bisexual and transgender Pennsylvanians.*  
717-319-5210  
202 State St., Harrisburg  
www.equalitypa.org

**THE FOUNDATION FOR HOPE**  
*A community outreach organization providing direct support and service to those affected by bullying, depression, or suicide.*  
24-hour hotline  
1-855-HOPE-611  
www.hope611.org

**GLBT NATIONAL HOTLINE**  
Serves callers of all ages  
888-843-4564

**LGBT CENTER OF CENTRAL PENNSYLVANIA**  
*A volunteer-led effort to create a regionally representative community center that is both a location and a unifying point for central Pennsylvania's diverse and multi-county LGBT population.*  
717-920-9534  
1306 N. Third St., Harrisburg  
www.centralpalgbtcenter.org

**PENNSYLVANIA YOUTH CONGRESS**  
*Pennsylvania's first and only statewide LGBTQ youth advocacy organization.*  
717-743-1035  
409 Walnut St., Harrisburg (field office)  
www.payouthcongress.org

**PRIDE FESTIVAL OF CENTRAL PA**  
717-801-1830  
PO Box 4213, Harrisburg 17111  
www.centralpapridefestival.com

**TRANSCENTRALPA**  
*Committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies.*  
www.transcentralpa.org



### **THE TREVOR PROJECT**

*Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.*  
866-488-7386  
www.thetrevorproject.org

## **HEATING ASSISTANCE**

(See also CONSUMER PROTECTION & EMERGENCY HELP)

### **COMPASS**

*An online application for Pennsylvanians to apply for many health and human service programs.*  
www.compass.state.pa.us

### **CUMBERLAND COUNTY ASSISTANCE OFFICE**

800-269-0173  
717-240-2700  
33 Westminster Drive, Carlisle

### **DAUPHIN COUNTY ASSISTANCE OFFICE**

800-788-5616  
717-787-2324  
2432 N. Seventh St., Harrisburg

### **FIRST ENERGY WARM PROGRAM**

*The WARM Program can help lower electric bills and keep home more comfortable in the winter and summer months. No payment is required for these services.*  
www.firstenergycorp.com

### **HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED**

*Administers PPL's regional energy assistance program.*  
717-238-2851  
413 S. 19th Street, Harrisburg  
www.ccuahbg.org

### **JOIN HANDS MINISTRY**

*A contact and support center for persons living in Perry County who are seeking assistance with daily living concerns.*  
717-582-7844  
PO Box 335  
25 E. McClure St., Suite 6, New Bloomfield

### **LEBANON COUNTY CHRISTIAN MINISTRIES**

*Provides assistance with heating energy, whether it be heating oil or another heating source such as coal, wood or natural gas.*  
717-272-4400  
www.lccm.us

### **LIHEAP**

*Pennsylvania Low Income Home Energy Assistance Program Hotline.*  
866-857-7095

### **NEW HOPE MINISTRIES**

*Provides utility assistance for people in Dillsburg, Dover, Hanover and Mechanicsburg/West Shore areas.*  
211 S. Baltimore St, Dillsburg  
717-432-2087  
www.nhm-pa.org

### **PENNSYLVANIA PUBLIC UTILITY COMMISSION (PUC)**

*Regulates and enforces laws regarding consumer rights in disputes with utilities.*  
800-692-7380  
400 North St., Keystone Building, Harrisburg  
www.puc.state.pa.us

**PPL ONTRACK PROGRAM**

*Special payment program for low-income households.*

**Operation HELP**

Provides emergency financial aid.  
800-342-5775

**Winter Relief Assistance Program**

Provides free home weatherization services to help save energy and money.

888-232-6302

[www.pplelectric.com](http://www.pplelectric.com)

**TRI-COUNTY COMMUNITY ACTION COMMISSION**

*Participates in the PPL OnTrack program that assists income qualified electricity customers with a special reduced monthly payment based on their income, electricity usage and family size. Also gives customers a chance to erase any debt owed to PPL.*

717-237-9757

1514 Derry Street, Harrisburg

[www.cactrcounty.org](http://www.cactrcounty.org)

**UGI**

*Low income self-help and other programs.*

800-276-2722

[www.ugi.com](http://www.ugi.com)

**UPPER DAUPHIN HUMAN SERVICES CENTER**

717-362-3321

20 Clearfield St., Elizabethtown

# HISPANIC COMMUNITY

**CENTRO HISPANO JOSE E. HERNANDEZ**

*Assists Hispanic community in York.*

717-846-9434

225 E. Princess St., York

**HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED**

*Offers translation services.*

717-236-3279

413 South 19th Street, Harrisburg

[www.ccuahbg.org](http://www.ccuahbg.org)

**HISPANIC OUTREACH PROGRAM**

717-232-8305

1031 Guilford St., Lebanon

**LATINO HISPANIC AMERICAN COMMUNITY CENTER**

*Mission is to empower, promote, and advocate for the Latino Hispanic American community of the greater Harrisburg area.*

717-232-8302

1301/1319 Derry St., Harrisburg

[www.lhacc.org](http://www.lhacc.org)

**SPANISH AMERICAN CIVIC ASSOCIATION**

*Mission is to foster and perpetuate the cultural, social and economic well-being of Latinos residing in the City and County of Lancaster.*

717-397-6267

545 Pershing Ave., Lancaster

[www.sacapa.org](http://www.sacapa.org)

# HOUSING

(See also SHELTERS)

**BELL FAMILY SHELTER**

(Bell Socialization Services)

*If your family or a York County family you know is homeless or facing homelessness, the shelter services team at Fell Family Shelter can help determine options and resources.*

717-845-9536

[www.bellsocialization.com](http://www.bellsocialization.com)

**BETHESDA MISSION**

*Operates a shelter in Harrisburg for homeless men.*

717-257-4440

611 Reily St., Harrisburg  
www.bethesdamission.org

**BRETHREN HOUSING ASSOCIATION**

*Helps homeless and low-income individuals and families achieve their potential.*

717-233-6016

219 Hummel St., Harrisburg  
www.bha-pa.org

**BRIDGE OF HOPE HARRISBURG AREA**

*Since 1989, Bridge of Hope's program model has been implemented to end and prevent homelessness for single mothers and their children.*

717-635-5957

PO Box 15212, Harrisburg

**CAPITAL AREA COALITION ON HOMELESSNESS**

*Comprises more than 70 organizations, agencies, churches and other non-profits, to mobilize resources to help families and friends who are homeless, or are dangerously close to becoming homeless.*

717-255-6587

10 N. Second St., Suite 405, Harrisburg  
www.cachpa.org

**COMMUNITY JUSTICE PROJECT**

*Mission is to protect and expand the civil rights of poor families and low-wage workers.*

800-322-7572

717-236-9486

118 Locust St., Harrisburg  
www.communityjusticeproject.org

**CUMBERLAND COUNTY HOUSING AND REDEVELOPMENT AUTHORITIES**

717-249-1315

114 N. Hanover Street, Carlisle  
www.cchra.com

**DELTA COMMUNITY**

(Gaudenzia Inc.)

*Provides transitional housing for single-parent, homeless families.*

717-232-2970

1910 N. Second St., Harrisburg

**FAIR HOUSING COUNCIL OF THE CAPITAL REGION INC.**

*Provides comprehensive services that address and promote fair housing (anti-discrimination) rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, familial status, presence of children, disability, ancestry, marital status or other arbitrary factors.*

717-238-9540

2100 N. Sixth St., Harrisburg  
www.pafairhousing.org

**FAMILY PROMISE OF HARRISBURG CAPITAL REGION**

*Serves families who recently lost their homes.*

717-737-1100

PO Box 292, Lemoyne  
www.familypromisehcr.org

**HABITAT FOR HUMANITY OF THE GREATER HARRISBURG AREA**

*An ecumenical housing ministry with the goal of eliminating poverty housing.*

717-545-7299

900 S. Arlington Ave., Harrisburg  
www.harrisburghabitat.org

**HARRISBURG CENTER FOR PEACE AND JUSTICE**

*(Pennsylvania Coalition to End Homelessness)*  
717-233-3072

315 Peffer Street, Harrisburg

**HARRISBURG HOUSING AUTHORITY**

717-232-6781

351 Chestnut St., Harrisburg  
www.harrisburghousing.org

**HELP MINISTRIES OF CHRISTIAN  
CHURCHES UNITED**

*Rental assistance program.*

717-238-2851

413 S. 19th Street, Harrisburg

[www.cuhbg.org](http://www.cuhbg.org)

**HOUSING ALLIANCE OF PENNSYLVANIA**

*A statewide coalition working to provide leadership and a common voice for policies, practices and resources to ensure that all Pennsylvanians, especially those with low incomes, have access to safe, decent and affordable homes.*

Harrisburg office

717-909-2006

610 N. Third St., Harrisburg

[www.housingalliancepa.org](http://www.housingalliancepa.org)

**HOUSING AUTHORITY OF THE  
COUNTY OF DAUPHIN**

717-939-9301

501 Mohn St., Steelton

[www.dauphinhousing.org](http://www.dauphinhousing.org)

**JUBILEE MINISTRIES**

*Operates a homeless resource center.*

717-274-7528

235 S. 12th St., Lebanon

[www.jub.org](http://www.jub.org)

**LIGHTHOUSE OUTREACH CENTER**

*An interdenominational ministry that outreaches to both churched and unchurched women in need of transitional housing.*

717-236-0735

1839 Market St., Harrisburg

[www.lighthouseoutreachhbg.org](http://www.lighthouseoutreachhbg.org)

**LOURDESHOUSE MATERNITY SERVICES**

*Temporary home for pregnant young women without financial support.*

717-412-4865

120 Willow Road, Suite A., Harrisburg

[www.cchbg.org](http://www.cchbg.org)

**PAXTON MINISTRIES**

*A Christian, non-profit community of homes serving adults who may be challenged with social, mental, or emotional needs.*

717-236-5508

2001 Paxton St., Harrisburg

[www.paxtonmin.org](http://www.paxtonmin.org)

**PENNSYLVANIA HOUSING  
FINANCE AGENCY**

*Works to provide affordable homeownership and rental apartment options for senior adults, low- and moderate-income families, and people with special housing needs.*

717-780-3800

211 N. Front St., Harrisburg

[www.phfa.org](http://www.phfa.org)

**SHALOM HOUSE**

*Provides temporary shelter for women and children who have nowhere else to go.*

717-232-3482

[www.shalomhouse.net](http://www.shalomhouse.net)

**TRI-COUNTY COMMUNITY ACTION  
COMMISSION**

*Rental and energy assistance. Also offers first time homebuyers class.*

717-232-9757

1514 Derry Street, Harrisburg

[www.cacatricounty.org](http://www.cacatricounty.org)

**UNITED METHODIST HOME  
FOR CHILDREN INC.**

*A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.*

717-766-7652

5120 Simpson Ferry Road

Mechanicsburg

[www.umhcservices.org](http://www.umhcservices.org)

### **YORK RESCUE MISSION**

*Offers New Creation Bridge Housing Program, a long-term transitional housing program designed to offer support services for single women and mothers.*

717-845-7662

363-373 West Market Street, York  
www.yorkrescuemission.org

## **IMMIGRATION**

### **CATHOLIC CHARITIES, IMMIGRATION & REFUGEE SERVICES**

717-232-0568

939 East Park Drive, Suite 102, Harrisburg  
www.cchbg.org

### **CHURCH WORLD SERVICE IMMIGRATION & REFUGEE PROGRAM**

*Serves the refugee and immigrant communities of Central Pennsylvania.*

717-381-2890

308 E. King St., Lancaster  
www.cwslancaster.org

### **INTERNATIONAL SERVICE CENTER**

*Immigration services.*

717-236-9401

21 S. River St., Harrisburg  
www.isc76.org

### **LCFS REFUGEE RESETTLEMENT SERVICES**

*Provides assistance to newly-arrived.*

215-456-5700

www.lcfsinpa.org

### **PENNSYLVANIA IMMIGRANT & REFUGEE WOMEN'S NETWORK**

*Created to honor and enhance the lives of refugee and immigrant women in Pennsylvania.*

PO Box 238, Enola  
www.pairwn.org

### **PENNSYLVANIA IMMIGRATION RESOURCE CENTER**

*Provides free, effective legal representation, legal services, education and advocacy to help immigrants obtain or protect their legal status.*

717-600-8099

112 Pleasant Acres Road, Suite 1, PO Box  
20339, York.  
www.pirclaw.org

## **LEGAL AID**

### **AMERICAN CIVIL LIBERTIES UNION**

Central region office

717-238-2258

PO Box 11761, Harrisburg, 17108

### **MIDPENN LEGAL SERVICES**

*Offers assistance in filing a protection from abuse (PFA) petition.*

Harrisburg office:

213-A N. Front St., Harrisburg  
717-232-0581  
800-932-0356

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle  
717-243-9400  
800-822-5288

Lancaster office:

38 N. Christian St., Suite 200, Lancaster  
800-732-0025  
717-299-0971

Lebanon office:

513 Chestnut St., Lebanon  
717-274-2834  
800-326-9177

York office:

29 N. Queen St., York  
717-848-3605  
www.midpenn.org

**PBA LAWYER REFERRAL SERVICE**

800-692-7375

717-238-6807

Cumberland County

717-249-3166

Dauphin County

232-7536

Lancaster County

717-393-0737

Lebanon County

717-273-3133

York County

717-854-8755

**MEDICAL**

(See also AIDS, BREAST CANCER,  
EATING DISORDERS,  
MENTAL HEALTH, POISON)

**AMERICAN CANCER SOCIETY HOPE LODGE  
OF CENTRAL PENNSYLVANIA**

*Offers lodging at no cost for cancer  
patients being treated in the Central  
Pennsylvania area.*

717-533-5111

[www.cancer.org/hopelodgehershey](http://www.cancer.org/hopelodgehershey)**BEACON CLINIC**

*A free, faith-based healthcare clinic  
providing preventive care and counseling  
to underserved and uninsured adults in  
Harrisburg community. Hours are 3 to 7  
p.m. on Tuesdays and Thursdays.*

717-775-1111

248 Seneca St., rear, Harrisburg

[www.beaconclinicpa.org](http://www.beaconclinicpa.org)**CENTERS FOR DISEASE  
CONTROL AND PREVENTION**

800-232-4636

[www.cdc.gov](http://www.cdc.gov)**CHILDREN'S HEALTH INSURANCE  
PROGRAM (CHIP)**

*A state-funded health insurance for  
uninsured children and teens.*

800-986-KIDS

[www.chipcoverspakids.com](http://www.chipcoverspakids.com)**COMMUNITY CHECK UP-CENTER**

*Provides comprehensive healthcare to  
women and children in South Harrisburg as  
well as the Tri-County area. No one is ever  
denied services due to lack of insurance or  
an inability to pay.*

Pediatrics, 8:30 a.m. to 4:30 p.m. Monday  
through Friday

Women, 9 a.m. to 4:30 pm. Tuesdays and  
Fridays

717-233-1700

38C Hall Manor

[www.communitycheckupcenter.org](http://www.communitycheckupcenter.org)**COMPASS**

*An online application for Pennsylvanians  
to apply for many health and human  
service programs.*

[www.compass.state.pa.us](http://www.compass.state.pa.us)**FAMILY FIRST HEALTH**

*Provides medical and dental services and  
offers reduced fee program.*

Offices:

116 South George St, York:

717-845-8617;

Hannah Penn Center:

415 E. Boundary Ave., York

717-843-5174;

Lewisberry Center

308 Market St., Lewisberry

717-938-6695;

Hanover Center

1230 High St., Hanover

717-632-9052;

Gettysburg Center

1275 York Road, Suite 17, Gettysburg

717-337-9400

[www.myfamilyfirsthealth.org](http://www.myfamilyfirsthealth.org)

#### **HAMILTON HEALTH CENTER**

*Offers medical and dental care at 110 S.  
17th St., Harrisburg.*

7 a.m. to 7 p.m., Mondays and Wednesdays

7 a.m. to 8 p.m., Tuesdays and Thursdays

8 a.m. to 5 p.m., Fridays

8 a.m. to 12 p.m. every other Saturday.

717-232-9971

*Also offers adult and pediatric care at 1301  
Sycamore St., Harrisburg, from 8 a.m. to 5  
p.m. Monday through Friday;*

*And pediatric medicine and dental services  
at 1313 Monroe St., Harrisburg, from 8 a.m.  
to 5 p.m. Monday through Friday.*

[www.hamiltonhealthcenter.com](http://www.hamiltonhealthcenter.com)

#### **HEALTHCARE MARKETPLACES**

*As part of Affordable Care Act, people  
can apply for coverage and  
compare available plans.  
[www.healthcare.gov](http://www.healthcare.gov)*

#### **HOLY SPIRIT MISSION OF MEDICAL OUTREACH**

Nurse-run clinic based at Christ Lutheran  
Church, 124 S. 13th St., Harrisburg. Hours  
are 11:30 a.m. to 2:30 p.m. Monday  
through Friday.

717-763-2507.

#### **HOPE WITHIN MINISTRIES COMMUNITY HEALTH CENTER**

*A community health center that provides  
free primary health care service  
to the medically uninsured, financially  
needy residents of Lancaster and  
Dauphin counties.*

717-367-9797

4748 E. Harrisburg Pike, Elizabethtown  
[www.hopewithin.org](http://www.hopewithin.org)

#### **HOSPICE OF CENTRAL PENNSYLVANIA**

*Offers support for individuals facing any  
type of incurable illness.*

717-732-1000

866-779-7374

1320 Linglestown Road., Harrisburg  
(main office)

[www.hospiceofcentralpa.org](http://www.hospiceofcentralpa.org)

#### **LEBANON FREE CLINIC (Lebanon Rescue Mission)**

717-273-2715

135 S. Ninth St., Lebanon

[www.lebanonrescuemission.org](http://www.lebanonrescuemission.org)

#### **MEDICAID**

*Provides health coverage to low-income  
people and is one of the largest payers for  
health care in the United States.  
[www.medicaid.gov](http://www.medicaid.gov)*

#### **MISSION OF MERCY**

*Medical services available twice monthly on  
Thursdays. Harrisburg clinic at 2217 Derry  
St., Harrisburg.*

717-315-9813

[www.amissionofmercy.org/  
marylandpennsylvania](http://www.amissionofmercy.org/marylandpennsylvania)

#### **PENNSYLVANIA DEPARTMENT OF HEALTH**

877-724-3258

[www.health.pa.gov](http://www.health.pa.gov)

#### **PENNSYLVANIA HEALTH LAW PROJECT**

*Consultant on access to health care for low  
income consumers, elderly and persons  
with disabilities.*

800-274-3258

[www.phlp.org](http://www.phlp.org)

#### **PENNSYLVANIA DEPARTMENT OF HUMAN SERVICES**

Children's health hotline

800-986-KIDS

## **PLANNED PARENTHOOD**

*Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.*

Harrisburg Medical Center  
1514 North 2nd Street, Harrisburg  
717-234-2468.

Lancaster Medical Center  
31 S. Lime St., Lancaster  
717-299-2891  
York Center

728 Beaver St., York  
717-845-9681.

[www.plannedparenthood.org](http://www.plannedparenthood.org)

## **PRESCRIPTION ASSISTANCE**

[www.padrugcard.com](http://www.padrugcard.com)

## **SADLER HEALTH CENTER CORP.**

*Provides services to uninsured and underinsured.*

100 N. Hanover St., Carlisle  
8 a.m. to 4:30 p.m., Monday, Tuesday,  
Thursday, Friday

9 a.m. to 5 p.m. Wednesday  
100 N. Hanover St., Carlisle;

8 a.m. to 4:30 p.m. Monday through Friday  
1104 Montour Road, Loysville

717-218-6670  
717-960-4380 (Loysville)  
866-723-5377

[www.sadlerhealth.org](http://www.sadlerhealth.org)

## **U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES**

### **HEALTH RESOURCES AND SERVICE ADMINISTRATION.**

*Helps people find a nearby federally funded health center providing medical and dental care on a sliding pay scale.*

[www.hrsa.gov](http://www.hrsa.gov)

# **MENTAL HEALTH**

(See also EMERGENCY HELP)

## **SUICIDE PREVENTION HOTLINE**

800-273-8255

(800-273-TALK)

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

## **THE ADVOCACY ALLIANCE**

1512 E. Caracas Ave., Hershey  
*Mission is to promote mental well-being, support recovery for adults who have a mental illness, and resiliency for children with emotional/behavioral disorders.*

717-835-2275

1512 E. Caracas Ave., Hershey  
[www.theadvocacyalliance.org](http://www.theadvocacyalliance.org)

## **BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR**

*On-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.* [www.findtreatment.samhsa.gov](http://www.findtreatment.samhsa.gov)

## **BELL SOCIALIZATION SERVICES**

*Provides housing support and basic living skills to those living with mental illness, intellectual disabilities and homelessness.*

717-848-5767

160 S. George Street, York  
[www.bellsocialization.com](http://www.bellsocialization.com)



**CASE MANAGEMENT UNIT OF  
DAUPHIN COUNTY**

*CMU Mental Health Case Management services are designed to assist Dauphin County residents, age 3 and older with serious mental health issues, to obtain needed mental health, medical, social, financial, vocational, educational and other necessary supports to maintain maximum independence and community functioning.*

717-232-8761

1100 S. Cameron St., Harrisburg

717-362-1212

295 State Drive, Elizabethville

[www.cmu.cc](http://www.cmu.cc)

**CONTACT HELPLINE**

*Information and referral service.*

800-932-4616

211 (information and referral)

[www.contacthelpline.org](http://www.contacthelpline.org)

**CRISIS INTERVENTION SERVICES**

(Dauphin County)

*24-hour emergency mental health services.*

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg

**CRISIS INTERVENTION SERVICES**

(Cumberland/Perry counties)

*Immediate help dealing with a serious problem.*

Camp Hill, 763-2222

Carlisle: 717-243-6005

All other areas, 866-350-HELP

**DEPRESSION AND BIPOLAR**

**SUPPORT ALLIANCE**

800-826-3632

[www.dbsalliance.org](http://www.dbsalliance.org)

**DIAKON FAMILY LIFE SERVICES**

*Provides compassionate counseling, family-based mental-health services, and related programming including a service specifically designed to assist children and youths who have problematic sexual behaviors.*

866-700-6868

717-795-0330

960 Century Drive, Mechanicsburg

[www.diakon.org](http://www.diakon.org)

**FAMILY BASED MENTAL HEALTH SERVICES**

(Catholic Charities)

*Designed to prevent hospitalization or out-of-home placement of children and adolescents with mental illness or emotional problems.*

717-259-9537

6156 W. Canal Road, Abbottstown

[www.cchbg.org](http://www.cchbg.org)

**FRANKLIN FAMILY SERVICES**

*Provides variety of services to children, adults and families.*

717-243-6500

816 Belvedere St., Carlisle

[www.ffspa.com](http://www.ffspa.com)

**HOLY SPIRIT HOSPITAL**

*Crisis Intervention*

717-763-2222

866-350-4357

Teenline

24 hours, 7 days a week.

717-763-2345

800-722-5385

**KEYSTONE HUMAN SERVICES**

*Mental Health Services*

717-482-8500

8182 Adams Drive, Hummelstown

[www.keystonehumanservices.org](http://www.keystonehumanservices.org)

**MENTAL WELLNESS AWARENESS  
ASSOCIATION**

*Focuses on education for prevention, early intervention, scientific research and cures of mental health problems.*

717-957-3432

25 Spruce Road, Marysville  
www.mentalwellnessawareness.org

**MYNDWORKS**

(Jewish Family Service of  
Greater Harrisburg)

*Offers innovative and effective programs to support social and emotional growth for children ages 4-19. Also offers Healing Hearts, a publicly funded program to assist parents and children when trauma or attachment issues are interfering with family functioning. This specialized approach may be particularly beneficial to foster or adopted children.*

717-233-1681

3333 N. Front St., Harrisburg

**NATIONAL ALLIANCE ON MENTAL ILLNESS**

717-233-1164

2501 N. Third St., Harrisburg  
www.nami-dauphincounty.org  
717-240-8715

PO Box 527, Carlisle  
www.namipacp.org

**NHS HUMAN SERVICES**

*Provides innovative solutions to support the unique needs of individuals by striving to create a caring and responsive environment that promotes the highest standards of integrity and quality.*

888-647-0020

www.nhsonline.org

**NATIONAL INSTITUTE OF MENTAL HEALTH**

*Mission is to transform the understanding and treatment of mental illnesses through research.*

www.nimh.nih.gov

**PEACE OF MIND PROJECT**

*Dedicated to raising awareness for those with mental health illness and helping them live healthier lives.*

www.peaceofmindproject.com

**PENN STATE HEALTH  
MEDICAL GROUP-PSYCHIATRY**

*Adult/child outpatient and adult partial hospital programs*

717-531-8338

22 Northeast Drive, Entrance B, Hershey

**PENNSYLVANIA CLUBHOUSE COALITION**

*Mission is to empower individuals with mental illness to live, learn and work within their community with dignity and freedom from stigma.*

215-427-5763

www.paclubhouse.org

**PENNSYLVANIA MENTAL HEALTH  
CONSUMERS ASSOCIATION**

*Provides information, referrals and support to people who are receiving services or in recovery from a mental illness in Pennsylvania.*

717-564-4930

800-887-6422

4105 Derry St., Harrisburg  
www.pmhca.org

**PHILHAVEN**

*A non-profit behavioral healthcare organization offering a continuum of compassionate, caring services for children, adolescents, adults and older adults in south central Pennsylvania.*

717-273-8871

800-932-0359

283 S. Butler Road

PO Box 550

Mt. Gretna. Pa.

www.philhaven.org

### **PRESSLEY RIDGE**

*Mission is to provide exceptional care to children in need and families in crisis.*

717-238-8118  
121 Locust St., Harrisburg  
www.pressleyridge.org

### **SUSQUEHANNA HARBOR SAFE HAVEN**

(Christian Churches United)

*Provides shelter for single men with a diagnosed mental illness.*

717-232-5029  
1805 N. 12th St., Harrisburg  
www.ccuuhbg.org

## **MENTORS**

(See also VOLUNTEER)

### **AMERICA'S PROMISE ALLIANCE**

*Devoted to improving the lives of young people.*

202-657-0600  
www.americaspromise.org

### **AMIRACLE4SURE**

*To improve the quality of life for individuals and their families whose lives have been impacted by negative life experiences; and to provide education, mentoring and advocacy for individuals and their children as they transform their lives after incarceration.*

717-238-1523  
1625 N. Front St., Harrisburg  
www.amiracle4sure.com

### **BETHESDA MISSION YOUTH CENTER**

717-257-5484  
1438 Herr St., Harrisburg  
www.bethesdamission.org

### **BIG BROTHERS/BIG SISTERS OF THE CAPITAL REGION**

717-236-0199  
1500 N. Second St., Suite H, Harrisburg  
www.capbig.org

### **BOYS AND GIRLS CLUB OF HARRISBURG**

*Offers a drug-free, alcohol-free atmosphere with caring professionals.*

717-234-3268  
1227 Berryhill Street, Harrisburg  
1700 Hanover St., Harrisburg  
1313 Monroe St., Harrisburg  
www.bgchbg.org

### **BOY SCOUTS OF AMERICA**

*Mechanicsburg service center*  
717-766-1591  
One Baden Powell Lane, Mechanicsburg  
www.newbirthoffreedom.org

### **BRIDGE OF HOPE HARRISBURG AREA**

*Vision is to end and prevent homelessness for women and children across the United States by calling churches into action.*

717-635-5957  
PO Box 15212, Harrisburg  
www.bridgeofhopeinc.org

### **CENTER FOR CHAMPIONS**

*Provides range of after-school and mentoring programs for children in the Harrisburg areas.*

717-232-9675  
251 Verbeke St., Harrisburg  
www.centerforchampions.org

### **CHRISTIAN RECOVERY AFTERCARE MINISTRY**

*Primary focus is crime prevention, reducing recidivism and promoting a safer community.*

717-234-3664  
509 Division St., Harrisburg  
www.craminc.org

### **DRESS FOR SUCCESS**

*Empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.*

717-232-1333

29 S. 10th St., Harrisburg

[www.southcentralpa.dressforsuccess.org](http://www.southcentralpa.dressforsuccess.org)

### **FRIENDS OVER FENCES**

*Helps inmates and ex-offenders to be successful members of society by mentoring, training and helping them find suitable housing and employment.*

717-580-7426

3456 Trindle Road, Suite 1, Camp Hill

[www.friendsoverfences.org](http://www.friendsoverfences.org)

### **GIRL SCOUTS IN THE HEART OF PA**

350 Hale Ave., Harrisburg

800-692-7816

717-233-1656

[www.gshpa.org](http://www.gshpa.org)

### **HARRISBURG INNER CITY OUTINGS**

*A community outreach program that provides opportunities for urban youth and adults to explore and enjoy the natural world.*

[www.sites.google.com/site.hbgcio](http://www.sites.google.com/site.hbgcio)

### **JOSHUA GROUP**

*An at-risk youth mentoring organization located and working with youth living primarily in the Allison Hill neighborhood of Harrisburg.*

717-236-4464

1442 Market St., Harrisburg

[www.joshuagroup.org](http://www.joshuagroup.org)

### **THE JT DORSEY FOUNDATION**

*Youth development organization using soccer to provide services to inner city youth ages five to 18 in the Harrisburg, Lancaster, Lebanon and York areas.*

717-329-8937

1014 Cherrington Drive, Harrisburg

[www.jtdorsey.org](http://www.jtdorsey.org)

### **JUMP STREET**

*Uses the arts to develop educational and economic opportunities for all ages.*

717-238-1887

100 N. Cameron St., second floor,

Harrisburg

[www.jumpstreet.org](http://www.jumpstreet.org)

### **MY BROTHER'S KEEPER**

*A White House effort to encourage communities to implement a coherent cradle-to-college-and-career strategy for improving the life outcomes of all young people to ensure that they can reach their full potential.*

[www.whitehouse.gov/my-brothers-keeper](http://www.whitehouse.gov/my-brothers-keeper)

### **NATIONAL MENTORING PARTNERSHIP**

[www.mentoring.org](http://www.mentoring.org)

### **NEW HOPE MINISTRIES**

*Reaches out to "at risk" children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.*

211 S. Baltimore St., Dillsburg

717-432-2087

[www.nhm-pa.org](http://www.nhm-pa.org)

**TRI-COUNTY COMMUNITY  
ACTION COMMISSION**

*Programs for "at-risk" youth ages 10 to 14. Mentors encourage positive decision making, improved communication, and self-respect.*

1514 Derry St., Harrisburg  
717-232-9757  
www.cactricony.org

**TRIPS FOR KIDS OF HARRISBURG**

*Provides bike trips to Harrisburg area youth ages 10-18.*  
www.tfkofharrisburg.org

**SALVATION ARMY**

*Offers youth programs that place special emphasis on activities that encourage character and life skills development.*

717-233-6755  
1122 Green St., Harrisburg

## **PARENTING**

(Also see CHILDREN)

**ASERT AUTISM RESOURCE CENTER**

*Pennsylvania's leading source of autism-related resources and information.*

877-231-4244  
www.paautism.org

**AUTISM SOCIETY, GREATER HARRISBURG  
AREA CHAPTER**

*Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.*

800-244-2425  
717-732-8408  
PO Box 101, Enola.  
www.autismharrisburg.org

**CARLISLE AREA FAMILY LIFE CENTER**

*A crisis pregnancy resource and support service.*

717-243-1918  
800-848-5683  
155 N. Hanover St. Carlisle  
www.carlislefamilylife.com

**ESCAPE FAMILY RESOURCE CENTER**

*ESCAPE's mission is to prevent child abuse and neglect before a child is hurt by providing intervention, education, and support programs to families in crisis.*

www.learnparent.org

**FAMILY SUPPORT OF CENTRAL PA**

*Covers family needs from parents who are raising young children to grandparents who are doing it all over again.*

4755 Linglestown Road, Suite 202,  
Harrisburg  
800-984-9923  
717-541-0828  
www.familysupportcentralpa.org

**GREATER HARRISBURG HEALTHY START**

*A program of Hamilton Health Center that provides case management and education for women as early as their first trimester and women with children between 0-24 months. Serves the Harrisburg, Steelton, Highspire and Middletown regions.*

717-909-1278

**HEALTHY KIDS HELPLINE**

*Help and information for parents*  
800-986-5437

**NATIONAL FATHERHOOD INITIATIVE**

*Mission is to improve the well-being of children by increasing the proportion of children with involved, responsible, and committed fathers in their lives.*

301-948-0599  
www.fatherhood.org

## **PARENTWORKS OF PRESSLEY RIDGE**

*Provides innovative and diverse programs for children and families who face difficult challenges and complex situations.*

717-774-3673

50 Utley Drive, Suite 200, Camp Hill  
www.pressleyridge.org

## **PARENTS HELPING PARENTS**

*A support helpline.*

800-632-8188

www.parentshelpingparents.org

## **TRI-COUNTY COMMUNITY ACTION COMMISSION**

*Provides services to help strengthen families.*

1514 Derry St., Harrisburg  
717-232-9757

www.cactricounty.org

## **WIC**

*A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods to more than 247,000 participants every month in Pennsylvania.*

800-WIC-WINS (942-9467)

www.pawic.com

Services available at Hamilton Health Center

717-230-3909

## **POISON**

### **POISON CONTROL CENTER**

800-222-1222

### **CHILDHOOD LEAD POISONING PREVENTION PROGRAM**

Pennsylvania Department of Health  
800-440-5323

## **PREGNANCY SERVICES**

(Also see WOMEN)

### **BETHANY CHRISTIAN SERVICES**

2101 N. Front St., Harrisburg  
717-238-3549

### **CARLISLE AREA FAMILY LIFE CENTER**

*A crisis pregnancy resource and support service.*

717-243-1918

800-848-5683

155 N. Hanover St. Carlisle  
www.carlislefamilylife.org

### **HEART OF MARY PREGNANCY SUPPORT SERVICES**

*Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.*

717-843-7986

26 E. College Ave., York

### **LIFELINE PREGNANCY CARE CENTER**

*Faith-based service to meet the needs of those who are facing an unplanned pregnancy.*

Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.

717-692-2183

403 Union St., Millersburg  
www.lifeline-pcc.org

### **LOURDESHOUSE MATERNITY SERVICES**

*Temporary home for pregnant young women without financial support.*

120 Willow Road., Suite A, Harrisburg  
717-412-4865  
www.cchbg.org

**MORNINGSTAR  
PREGNANCY SERVICES**

*Pregnancy-related services and information  
including free pregnancy tests.*

3837 Walnut St., Harrisburg  
717-220-3544

503 Bridge St., New Cumberland  
717-220-3585

35 S. Union St., Middletown  
717-827-6129

[www.morningstarchoices.com](http://www.morningstarchoices.com)

**REAL ALTERNATIVES**

*Provides free, caring and completely  
confidential pregnancy and parenting  
support services.*

888-LIFE-AID

**PROSTATE CANCER  
AMERICAN CANCER SOCIETY**

800-227-2345

[www.cancer.org](http://www.cancer.org)

**CANCER TREATMENT CENTERS  
OF AMERICA**

800-615-3055

[www.cancercenter.com/prostate](http://www.cancercenter.com/prostate)

**NATIONAL CANCER INSTITUTE**  
800-4-CANCER

[www.cancer.gov/cancertopics/types/prostate](http://www.cancer.gov/cancertopics/types/prostate)

# **RAPE**

(See also ABUSE, VICTIMS)

**EMERGENCIES**

911

**DOMESTIC VIOLENCE HOTLINES**

(By county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKLIN/FULTON: 800-621-6660

JUNIATA/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451

NORTHUMBERLAND/UNION/SNYDER: 800-  
850-7948

PERRY: 800-852-2102

SCHUYKILL: 800-282-0634

YORK: 800-262-8444

**PENNSYLVANIA COALITION  
AGAINST RAPE**

*Works to eliminate all forms of sexual  
violence and to advocate for the rights and  
needs of victims of sexual assault.*

888-772-7227 (24-hour hotline)

717-728-9740

125 N. Enola Drive, Enola

[www.pcar.org](http://www.pcar.org)

**SEXUAL ASSAULT RESOURCE &  
COUNSELING CENTER**

717-272-5308 (hotline Lebanon)

570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon

Schuylkill Office:

17 Westwood Centre, Pottsville

**YWCA OF GREATER HARRISBURG**

*Violence intervention  
and prevention services.*

Hotline

800-654-1211

[www.ywcahb.org](http://www.ywcahb.org)

**YWCA OF YORK/VICTIM SERVICES**

*Sexual violence hotline*

800-422-3204

717-854-3131

www.ywcayork.org

## **SENIOR CITIZENS**

**AARP**

www.aarp.org

**AREA AGENCIES ON AGING**

(Usual sources for meals on wheels)

Cumberland County: 717-240-6110

Dauphin County: 717-780-6130

Lebanon County 717-273-9262

Perry County: 717-582-5128

York County: 717-771-9610

**ALZHEIMER'S ASSOCIATION**

*Provides vital services and support to those individuals struggling with the disease, their families and caregivers.*

800-272-3900 (helpline)

www.alz.org

**B'NAI B'RITH SENIOR CENTER**

717-232-6757

130 S. Third St., Harrisburg

**BIG SPRING SENIOR CENTER**

717-776-4478

91 Doubling Gap Road, Suite 1, Newville

**CARLISLE SENIOR ACTION CENTER**

717-249-5007

20 E. Pomfret St., Carlisle

**EAST HANOVER TOWNSHIP  
SENIOR CENTER**

717-469-7514

8848 Jonestown Road, Grantville

**EDGEMONT SENIOR CENTER**

717-236-2221

2400 Oxford Ave., Harrisburg

**ELDER ABUSE AND NEGLECT**

Hotline

800-490-8505

**ELDER CARE**

*Nationwide service that connects older Americans and their caregivers with information on senior services.*

800-677-1116

www.eldercare.gov

**FRIENDSHIP SENIOR CENTER**

717-657-1547

5000 Commons Drive, Harrisburg

**HEINZ-MENAKER  
SENIOR CENTER**

717-238-7860

1824 N. Fourth Street, Harrisburg

**HOLY SPIRIT HOSPITAL**

*Senior Adult Treatment Program helps older people deal with emotional and psychological problems associated with aging.*

717-763-2219

**HOY/LATSHA SENIOR CENTER**

717-939-9833

301 Mohn St., Steelton

**JEWISH COMMUNITY CENTER**

717-236-9555

3301 N. Front St., Harrisburg

**LICK TOWERS SENIOR CENTER**

717-233-0388

1301 N. Sixth St., Harrisburg

**LYKENS BALLROOM SENIOR CENTER**

717-453-8350

200 W. Main St., Lykens

**MECHANICSBURG PLACE**

717-697-5947

97 W. Portland St., Mechanicsburg



**MEDICARE**

[www.medicare.gov](http://www.medicare.gov)

*Centers for Medicare and Medicaid Services, [www.cms.gov](http://www.cms.gov), provides information for the Medicare and Medicaid consumer.*

**MILLERSBURG SENIOR CENTER**

717-692-2657

109 Edward Drive, Millersburg

**MOHLER SENIOR CENTER**

717-533-2002

25 Hope Drive, Hershey  
[www.mohlrseniorcenter.com](http://www.mohlrseniorcenter.com)

**PACE AND PACENET**

*State prescription program for lower income seniors.*

800-225-7223

**PENNSYLVANIA DEPARTMENT OF AGING**

[www.aging.state.pa.us](http://www.aging.state.pa.us)

**PENNSYLVANIA DEPARTMENT OF BANKING AND SECURITIES**

*Call with reports related to investment scams. Can file a complaint form online.*

800-722-2657

[www.dobs.pa.gov](http://www.dobs.pa.gov)

**PENNSYLVANIA SENIOR LAW HELPLINE**

Provides legal advice, information and referral services. Helpline hours are Monday through Thursday, 10 a.m. to 12 p.m.

877-727-7529

[www.seniorlawcenter.org](http://www.seniorlawcenter.org)

**RED LAND SENIOR CENTER**

717-938-4649

717-938-4640

736 Wyndamere Road, Lewisberry  
[www.redlandseniorcenter.org](http://www.redlandseniorcenter.org)

**RSVP OF THE CAPITAL REGION**

717-541-9521

50 Utley Drive, Suite 500, Camp Hill  
[www.rsvpcapreg.org](http://www.rsvpcapreg.org)

**THE RUTHERFORD HOUSE**

717-564-5682

3300 Parkview Lane, Harrisburg

**MARY C. SCHANER SENIOR CENTER**

717-732-3915

East Pennsboro Twp. municipal building  
98 S. Enola Drive, Enola

**SHIPPENSBURG AREA SENIOR CENTER**

717-300-3563

115 N. Fayette St. Shippensburg

**SOCIAL SECURITY ADMINISTRATION**

800-772-1213 (national)

888-327-1176 (local)

555 Walnut St., Suite 810, Harrisburg  
[www.ssa.gov](http://www.ssa.gov)

**SPIRITRUST LUTHERAN LIFE**

*Community-based program that serves seniors in Franklin and Cumberland counties with chronic care needs and provides a valuable care option that allows them to live independently in the community for as long as possible.*

1-800-840-9081

1920 Good Hope Road, Enola 17025  
(Cumberland County)

840 Fifth Ave., Chambersburg (Franklin County)

[www.spiritrustlutheranlife.org](http://www.spiritrustlutheranlife.org)

**STEELTON SENIOR CENTER**

717-939-5463

900 Cumbler St., Steelton

**WEST SHORE SENIOR CENTER**

717-774-0409

122 Geary Ave., New Cumberland

# SHELTERS

## **AGAPE FAMILY SHELTER**

(Lebanon Rescue Mission)  
*Shelter for homeless women  
and their children.*  
717-272-6573  
139 S. Ninth Street, Lebanon  
www.lebanonrescuemission.org

## **BELL SOCIALIZATION SERVICES**

*Bell Family Shelter opened in 1986 and  
remains York County's only  
30-day emergency shelter serving  
homeless families.*  
717-845-9536  
www.bellsocialization.com

## **BETHESDA MISSION**

*Operates shelters for men,  
women and children.*  
717-257-4440  
www.bethesdamission.org

## **BRETHREN HOUSING ASSOCIATION**

*Helps homeless and low-income individuals  
and families achieve their potential.*  
717-233-6016  
219 Hummel St., Harrisburg  
www.bha-pa.org

## **CAPITAL AREA COALITION ON HOMELESSNESS**

*Comprises more than 70 organizations,  
agencies, churches and other non-profits,  
to mobilize resources to help families  
and friends who are homeless, or are  
dangerously close to becoming homeless.*  
717-255-6587  
10 N. Second St., Suite 405, Harrisburg  
www.cachpa.org

## **CARLISLE COMBINED AREA RESOURCES FOR EMERGENCY SHELTER**

717-249-1009  
50 W. Penn St., Carlisle  
www.carlislecares.org

## **CHRISTIAN CHURCHES UNITED**

(Help Ministries)  
*Assists clients in area shelters (those who  
are homeless or about to become homeless)  
by using a network of social services.*  
717-238-2851  
413 S. 19th St., Harrisburg  
www.ccuahbg.org

## **FAMILY PROMISE OF HARRISBURG CAPITAL REGION**

*Serves families who recently  
lost their homes.*  
717-737-1100  
525 Hummel Ave., Lemoyne  
www.familypromisehcr.org

## **INTERFAITH SHELTER FOR HOMELESS FAMILIES**

(Catholic Charities)  
*Offers help and hope to homeless  
families in Dauphin, Cumberland  
and Perry counties.*  
717-652-8740  
120 Willow Road, Suite C, Harrisburg  
www.cchbg.org

## **JUBILEE MINISTRIES**

*HOPES (Helping Others by Providing  
Emergency Shelter) serves as a home-base  
for those who need a place to stay and  
assistance to get back into housing.*  
717-274-7528  
235 S. 12th St., Lebanon  
www.jub.org

## **LEBANON COUNTY CHRISTIAN MINISTRIES**

717-272-4400  
www.lccm.us

## **LEBANON RESCUE MISSION**

*Homeless men's shelter.*  
717-273-2301  
1223 Bittner Blvd., Lebanon  
www.lebanorescuemission.org

### **PERRY HUMAN SERVICES**

*Offers temporary shelter to families or individuals in need of emergency housing.*

717-582-8703

Mulhollem Office Centre  
8391 Spring Road, New Bloomfield  
www.perryhumanservices.org

### **SAFE HARBOUR**

*Provides a continuum of housing services for the homeless of Cumberland County.*

717-249-2200

102 W. High St., Carlisle  
www.safeharbour.org

### **SHALOM HOUSE**

*Provides temporary shelter for homeless women and children.*

717-232-3482

www.shalomhouse.net

### **SILENCE OF MARY HOME**

*Serves the poor and homeless.*

717-737-4107 (office)

www.thesilenceofmary.org

### **SUSQUEHANNA HARBOR SAFE HAVEN**

(Christian Churches United)

*For single men with a diagnosed mental illness.*

717-232-5029

1805 N. 12th St., Harrisburg  
www.ccuahbg.org

### **YORK RESCUE MISSION**

*Operates emergency shelters for men, women and children.*

717-845-7662

363-373 West Market Street, York  
www.yorkrescuemission.org

### **YWCA OF GREATER HARRISBURG**

*Emergency Shelter provides housing to single women and women with children for up to 30 days.*

717-238-2851

www.ywcahbg.org

## **SOUP KITCHENS**

(See also FOOD ASSISTANCE)

### **ANTIOCH TABERNACLE SOUP KITCHEN**

*Lunchtime meal program*  
Thursdays starting at 11 a.m.  
717-233-8231

1920 North Street, Harrisburg  
www.antioch-tabernacle.org

### **BETHESDA MISSION**

*Evening meal served every night of the week beginning at 4:30 p.m.*

717-257-4440

611 Reily St., Harrisburg  
www.bethesdamission.org

### **CAMP CURTIN MEMORIAL – MITCHELL SOUP KITCHEN**

*Serves meals from 12 to 1 p.m. Monday, Wednesday and Friday*

717-233-0335

2221 N. Sixth St., Harrisburg

### **CATHEDRAL OF ST. PATRICK**

*Breakfasts on Saturday, 7:15 to 8:15 a.m., and dinners on Sunday from 5 to 6 p.m.*

717-232-2169

212 State Street, Harrisburg  
www.stpatrickcathedral.com

### **DOWNTOWN DAILY BREAD**

*Soup kitchen in downtown Harrisburg serving lunch seven days a week from 12:30 to 1:30 p.m.*

717-238-4717

234 South St., Harrisburg  
www.downtowndailybread.org

### **GRACE UNITED METHODIST CHURCH**

*Serves breakfast Sunday at 8 a.m.*

216 State St., Harrisburg

717-238-6739

www.thehistoricgracechurch.org

**HELPING HANDS MINISTRIES OF  
HARRISBURG, INC.**

717-919-4383

*Serves meals 4 to 6 p.m. Thursdays, Fridays  
and Sundays at St. Michael Lutheran  
Church, 118 State St., Harrisburg  
www.helpinghandsministries.org*

**LEBANON COUNTY CHRISTIAN MINISTRIES**

*Serves daily meals from  
12 to 1 p.m., varying sites.  
717-272-4400  
www.lccm.us*

**OUR DAILY BREAD**

717-848-1674  
331 S. George Street, York

**ST. FRANCIS OF ASSISI CATHOLIC CHURCH  
SOUP KITCHEN**

*Serves lunch Monday through Friday,  
12:30 to 1 p.m.  
717-236-4506  
1459 Zarker Street, Harrisburg*

**SALVATION ARMY SOUP KITCHEN**

*Serves breakfast 7 to 7:50 a.m.  
Monday through Friday  
1122 Green St., Harrisburg  
717-233-6755*

**YORK RESCUE MISSION**

717-845-7662  
363-373 West Market Street, York  
www.yorkrescuemission.org

## **SUICIDE**

(See also MENTAL HEALTH)

**SUICIDE PREVENTLINE HOTLINE**

800-273-8255

**AMERICAN FOUNDATION FOR  
SUICIDE PREVENTION**

888-333-2377  
www.sfsp.org

**THE FOUNDATION FOR HOPE**

*A community outreach organization  
providing direct support and service to  
those affected by bullying, depression,  
or suicide.  
24-hour hotline  
1-855-HOPE-611  
www.hope611.org*

**PLEASE LIVE**

*Focuses on mental health issues among  
teen-agers to help reduce the rate  
of teen suicides.  
PO Box 1281, Mechanicsburg  
www.pleaselive.org*

**TEENS BOYS AND GIRLS CLUB  
OF HARRISBURG**

*Offers a drug-free, alcohol-free atmosphere  
with caring professionals.  
717-234-3268  
1227 Berryhill Street, Harrisburg  
1700 Hanover St., Harrisburg  
1313 Monroe St., Harrisburg  
www.bgchbg.org*

**GLBT NATIONAL YOUTH TALKLINE**

*Serves youth through age 25  
800-246-7743*

**HOLY SPIRIT HOSPITAL**

*Teenline  
24 hours, 7 days a week.  
717-763-2345  
800-722-5385*

**NATIONAL EATING  
DISORDERS ASSOCIATION**

*Supports individuals and families affected  
by eating disorders, and serves as a  
catalyst for prevention, cures and  
access to quality care.  
800-931-2237  
www.nationaleatingdisorders.org*

**NATIONAL HUMAN TRAFFICKING  
RESOURCE CENTER**

888-373-7888

[www.traffickingresourcecenter.org](http://www.traffickingresourcecenter.org)

**NATIONAL RUNAWAY SAFELINE**  
800-RUNAWAY (786-2929)

**TEEN CHALLENGE HARRISBURG**

*Faith-based, adult, long-term, residential  
rehabilitation program for men and  
women struggling with chemical addiction.*

844-888-8085

[www.harrisburgtc.org](http://www.harrisburgtc.org)

**THE TREVOR PROJECT**

*Leading national organization providing  
crisis intervention and suicide prevention  
services to lesbian, gay, bisexual,  
transgender and questioning (LGBTQ).*

*young people ages 13-24.*

866-488-7386

[www.thetrevorproject.org](http://www.thetrevorproject.org)

**UNITED METHODIST HOME  
FOR CHILDREN INC.**

*A refuge for children who are the victims  
of a negative social environment. Children  
are referred primarily by county children  
and youth agencies and family courts.*

717-766-7652

5120 Simpson Ferry Road  
Mechanicsburg

[www.umhcservices.org](http://www.umhcservices.org)

**YWCA OF GREATER HARRISBURG**

1101 Market St., Harrisburg

717-234-7931

[www.ywcahb.org](http://www.ywcahb.org)

# VETERANS

**DAUPHIN COUNTY VETERANS AFFAIRS**

717-780-6356

2 South Second Street Harrisburg,  
fourth floor

**HARRISBURG VET CENTER**

717-782-3954

1500 N. Second St., Suite 2  
Harrisburg, Pa.

**ROBERT M. JACKSON  
VETERANS CENTER, INC**

*Assists homeless veterans and families.*

717-695-6249

316 Carlisle St., Harrisburg

[www.robertmjacksonveteranscenter.org](http://www.robertmjacksonveteranscenter.org)

**LEBANON VA MEDICAL CENTER**

717-272-6621

800-409-8771

1700 S. Lincoln Avenue, Lebanon

[www.lebanon.va.gov](http://www.lebanon.va.gov)

**NATIONAL COALITION  
FOR HOMELESS VETERANS**

877-424-3838 (24/7 crisis hotline)

800-VET-HELP

[www.nchv.org](http://www.nchv.org)

**PENNSYLVANIA DEPARTMENT OF MILITARY  
AND VETERANS AFFAIRS**

*Provides advice and assistance to  
Pennsylvania's 1 million veterans and  
their families; provides quality care to  
aging veterans.*

800-547-2838

[www.paveterans.state.pa.us](http://www.paveterans.state.pa.us)

[www.dmva.state.pa.us](http://www.dmva.state.pa.us)

**SHALOM HOUSE**

*Helps provides transitional housing for  
homeless women veterans and children.*

717-232-3482

[www.shalomhouse.net](http://www.shalomhouse.net)

**SUPPORTIVE SERVICES FOR  
VETERAN FAMILIES**

(Volunteers of America Pennsylvania)  
*Provides low-income veteran families with services aimed at preventing homelessness and improving their stability. Serves Adams, Cumberland, Dauphin, Lebanon, Lancaster, Perry and York counties.*  
717-236-1440 ext. 16  
2601 N. Front St., Harrisburg  
www.voapa.org/veteran-services

**U.S. DEPARTMENT OF VETERAN AFFAIRS**

VA Benefits 800-827-1000  
GI Bill 888-442-4551  
Healthcare benefits 877-222-8387  
PTSD 802-296-6300  
www.va.gov

**VETERANS CRISIS LINE**  
800-273-8255

## **VICTIMS**

(See also ABUSE, RAPE & WOMEN)

**PENNSYLVANIA COALITION  
AGAINST DOMESTIC VIOLENCE**

*Private nonprofit organization working to eliminate domestic violence, secure justice for victims and help build new lives free from abuse.*  
National hotline  
800-799-SAFE  
Local numbers  
545-6400  
3605 Vartan Way, Suite 101  
Harrisburg  
www.pcadv.org

**PENNSYLVANIA COALITION  
AGAINST RAPE**

*Works to end sexual violence and advocates for the rights and needs of sexual assault victims.*  
888-772-7227 (24-hour hotline)  
717-728-9740  
125 N. Enola Drive, Enola  
www.pcar.org

**OFFICE OF THE VICTIM ADVOCATE**

*Works to provide victims of crime with notifications, support and advocacy services.*  
800-563-6399  
TTY: 877-349-1064  
1101 S. Front St., Suite 5200, Harrisburg  
www.o.va.state.pa.us

**VICTIM/WITNESS ASSISTANCE PROGRAM**  
(Dauphin County)

*Strives to empower victims, witnesses and family members.*  
717-780-7075  
888-292-9611  
Dauphin County Courthouse  
101 Market St., second floor, Harrisburg  
www.victimwitness.org

**VICTIM SERVICES OF THE DISTRICT  
ATTORNEY'S OFFICE**

(Cumberland County)  
Main office  
888-697-0371, ext. 6220  
1 Courthouse Square., Carlisle

**YWCA OF YORK/VICTIM SERVICES**

Hotlines  
Sexual violence, 800-422-3204 or  
717-854-3131  
Domestic violence, 800-262-8444 or  
717-846-5400

# VOLUNTEER

(See also EDUCATION FOR ADULTS  
and MENTORING)

## HABITAT FOR HUMANITY OF THE GREATER

### HARRISBURG AREA

717-545-7299

900 S. Arlington Ave., Harrisburg  
[www.harrisburghabitat.org](http://www.harrisburghabitat.org)

### LEND A HAND

*A local disaster response and  
assistance program.*

717-731-8888

877-211-0700

3040 Market St., Camp Hill  
[www.lendahand.net](http://www.lendahand.net)

### MENNONITE DISASTER SERVICE

*Volunteer network of Anabaptist churches  
that responds to those affected by disasters  
in Canada and the United States.*

717-735-3536

583 Airport Road, Lititz  
[www.mds.mennonite.net](http://www.mds.mennonite.net)

### RSVP OF THE CAPITAL REGION

*Places volunteers in not-for-profit agencies,  
schools, government offices, hospitals and  
senior residences.*

717-541-9521

800-870-2616

50 Utley Drive, Suite 500, Camp Hill  
Perry County branch  
717-567-7733  
[www.rsvpcapreg.org](http://www.rsvpcapreg.org)

### UNITED WAY OF THE CAPITAL REGION

*Mission is to advocate for volunteerism  
and serve as a clearinghouse for volunteer  
opportunities and needs in Dauphin,  
Cumberland and Perry counties.*

2235 Millennium Way, Enola  
717-732-0700  
[www.uwcr.org](http://www.uwcr.org)

## VOLUNTEERS OF AMERICA

Central Pennsylvania  
717-236-1440

2601 N. Front St., Harrisburg  
[www.voapa.org](http://www.voapa.org)

# WOMEN

### AGAPE FAMILY SHELTER

(Lebanon Rescue Mission)  
*Shelter for homeless women  
and their children.*

717-272-6573

139 South Ninth Street, Lebanon

### BABIES

(Healthy Baby Helpline)  
*Pennsylvania Department of Health  
provides information to those who are  
pregnant or think they may be pregnant.*  
800-986-BABY

### BABY LOVE

*Provides free intensive case management  
services designed to help women with  
addictions. Participants must be Dauphin  
County residents, pregnant or have a child  
under 5 years of age. Program is part of  
Hamilton Health Center.*  
866-530-2229  
[www.harrisburgbabylove.com](http://www.harrisburgbabylove.com)

### BETHESDA MISSION

*Offers a women's and children's shelter.*  
717-257-4440  
[www.bethesdamission.org](http://www.bethesdamission.org)

### BETHANY CHRISTIAN SERVICES

2101 N. Front St., Harrisburg  
717-238-3549

### BRETHREN HOUSING ASSOCIATION

*Helps homeless and low-income individuals  
and families achieve their potential.*  
717-233-6016  
219 Hummel St., Harrisburg  
[www.bha-pa.org](http://www.bha-pa.org)

**BRIDGE OF HOPE HARRISBURG AREA**

*Vision is to end and prevent homelessness for women and children across the United States by calling churches into action.*

717-635-5957

PO Box 15212, Harrisburg  
www.bridgeofhopeinc.org

**CARLISLE AREA FAMILY LIFE CENTER**

*A crisis pregnancy resource and support service.*

717-243-1918

800-848-LOVE

155 N. Hanover St. Carlisle  
www.carlislefamilylife.com

**COMMUNITY CHECK UP-CENTER**

*Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.*

Pediatrics, 8:30 a.m. to 4:30 p.m. Monday through Friday

Women, 9 a.m. to 4:30 pm. Tuesdays and Fridays

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

**DOMESTIC VIOLENCE INTERVENTION**

*Women's shelter and counseling service in Lebanon.*

717-273-7190

866-686-0451

www.dviolc.org

**DOMESTIC VIOLENCE HOTLINE**

800-799-SAFE (7233)

TTY: 800-787-3224

**DOMESTIC VIOLENCE SERVICES OF CUMBERLAND & PERRY COUNTIES**

800-852-2102

**EVERGREEN HOUSE**

(Catholic Charities)

*Transitional housing for single recovering women.*

120 Willow Road, Suite B, Harrisburg

717-412-4594

www.cchbg.org

**FAMILY HEALTH COUNCIL OF CENTRAL PA.**

*A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.*

717-761-7380

3461 Market Street, suite 200, Camp Hill

www.fhccp.org

**GREATER HARRISBURG HEALTHY START**

*A program of Hamilton Health Center that provides prenatal and postpartum care for women and children in Harrisburg and Steelton area.*

717-909-1278

www.harrisburghealthystart.com

**HEART OF MARY PREGNANCY SUPPORT SERVICES**

*Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.*

717-843-7986

26 E. College Ave., York

**LIGHTHOUSE OUTREACH CENTER**

*An interdenominational ministry that outreaches to both church and unchurched women in need of transitional housing.*

717-236-0735

1839 Market St., Harrisburg

www.lighthouseoutreachhbg.org



**LIFELINE PREGNANCY CARE CENTER**

*Faith-based service to meet the needs of those who are facing an unplanned pregnancy.*

Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.

717-692-2183

403 Union St., Millersburg

[www.lifeline-pcc.org](http://www.lifeline-pcc.org)

**LOURDESHOUSE MATERNITY SERVICES**

(Catholic Charities)

*Temporary home for pregnant young women without financial support.*

717-412-4865

120 Willow Road, Suite A, Harrisburg

[www.cchbg.org](http://www.cchbg.org)

**MORNINGSTAR  
PREGNANCY SERVICES**

*Pregnancy-related services and information including free pregnancy tests*

3837 Walnut St., Harrisburg

717-220-3544

503 Bridge St., New Cumberland

717-220-3585

35 S. Union St., Middletown

717-827-6129

[www.morningstarchoices.com](http://www.morningstarchoices.com)

**PENNSYLVANIA BREAST  
CANCER COALITION**

800-377-8828

[www.pabreastcancer.org](http://www.pabreastcancer.org)

**PENNSYLVANIA  
COMMISSION FOR WOMEN**

*Responsible for advising the Governor on policies and legislation that impact women.*

717-831-3224

[www.governor.pa.gov/pennsylvania-commission-for-women](http://www.governor.pa.gov/pennsylvania-commission-for-women)

**PINNACLEHEALTH WOMEN'S HEALTH**

*Offers comprehensive care from experts in women's health.*

717-231-8900

**PLANNED PARENTHOOD**

*Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.*

Harrisburg Medical Center

1514 North 2nd Street, Harrisburg

717-234-2468.

Lancaster Medical Center

31 S. Lime St., Lancaster

717-299-2891

York Center

728 Beaver St., York

717-845-9681.

[www.plannedparenthood.org](http://www.plannedparenthood.org)

**THE PROGRAM "IT'S ABOUT CHANGE" FOR  
FEMALE OFFENDERS**

*Provides supportive counseling, appropriate programming and advocacy for women when they begin the transition from a restrictive environment back into local communities.*

717-238-9950

1515 Derry St., Harrisburg

[www.theprograminc.org](http://www.theprograminc.org)

**RAPE CRISIS SERVICES -  
DOMESTIC VIOLENCE HOTLINE  
YWCA OF GREATER HARRISBURG**

800-654-1211

1101 Market St., Harrisburg

[www.ywcahbg.org](http://www.ywcahbg.org)

**REAL ALTERNATIVES**

*Provides free, caring and completely confidential pregnancy and parenting support services.*

888-LIFE-AID

**SHALOM HOUSE**

*Provides temporary shelter for homeless women and children.*

717-232-3482

[www.shalomhouse.net](http://www.shalomhouse.net)

**SILENCE OF MARY HOME**  
*Serves the poor and homeless.*  
717-737-4107 (office)  
[www.thesilenceofmary.org](http://www.thesilenceofmary.org)

**WIC**  
*A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods to more than 247,000 participants every month in Pennsylvania.*  
800-WIC-WINS (942-9467)

[www.pawic.com](http://www.pawic.com)  
Services available at Hamilton Health Center  
717-230-3909

**WILLOW WAY AND CRESCENT WAY**  
(Catholic Charities)  
*Transition housing for women in recovery.*  
717-412-4594 (Willow Way)  
120 Willow Road, Suite D, Harrisburg  
717-545-6730 (Crescent Way)  
1509 Crescent Ave., Lancaster  
[www.cchbg.org](http://www.cchbg.org)

**YORK RESCUE MISSION**  
*Operates emergency shelter for women and children.*  
717-845-7662  
363-373 West Market Street, York  
[www.yorkrescuemission.org](http://www.yorkrescuemission.org)

## **HELP BY AREAS**

### **CUMBERLAND AND PERRY COUNTIES**

**THE ARC OF CUMBERLAND AND PERRY COUNTIES**  
*For people with intellectual and developmental disabilities.*  
717-249-2611  
71 Ashland Ave., Carlisle  
[www.cparc.org](http://www.cparc.org)

**BIG SPRING AREA FOOD BANK**  
*For Newville areas residents.*  
Usually last Monday of month, 9 to 11 a.m., except for months of May, November and December.  
717-422-4603  
Big Spring United Lutheran Church  
101 Crossroad School Road, Newville

**BREAD OF LIFE OUTREACH**  
*Newport Assembly of God Church*  
Emergency needs:  
Monday, Wednesday, Friday, 9 a.m. to 12 p.m.  
35 N. Front St., Newport  
Food distribution:  
Second Saturday of month at Family Life Center in Newport  
Fourth Saturday of month at Newport Assembly of God, Thompsonstown campus  
717-567-3333  
717-567-9181  
[www.breadoflifeoutreach.org](http://www.breadoflifeoutreach.org)

**THE BRIDGE**  
**EMERGENCY FOOD BANK**  
(Christian Churches United)  
*Serves residents in New Cumberland, Lemoine and Camp Hill, third Friday of month from 9 to 11:30 a.m. at West Shore Senior Center, 122 Geary Ave., New Cumberland*  
717-774-6255  
[www.ccuahbg.org](http://www.ccuahbg.org)

**CARLISLE AREA FAMILY LIFE CENTER**  
*A crisis pregnancy resource and support service.*  
717-243-1918  
155 N. Hanover St. Carlisle  
[www.carlislefamilylife.com](http://www.carlislefamilylife.com)

**CARLISLE COMBINED AREA RESOURCES FOR EMERGENCY SHELTER**  
717-249-1009  
50 W. Penn St., Carlisle  
[www.carlislecares.org](http://www.carlislecares.org)

**CHRISTIAN LIFE ASSEMBLY FOOD BANK**

Normally operates 9 a.m. to 12 p.m. on Tuesday following second Monday of month. 2645 Lisburn Road, Camp Hill  
717-737-6560

**COMMON SENSE ADOPTION SERVICES**

*A licensed, non-profit adoption and foster care agency.*

717-412-0772

800-445-2444

3001 Market St., Camp Hill

[www.commonsenseadoption.org](http://www.commonsenseadoption.org)

**CONTACT HELPLINE**

*Information and referral service.*

800-932-4616

211 (information and referral)

[www.contacthelpline.org](http://www.contacthelpline.org)

**CRISIS INTERVENTION SERVICES**

*Immediate help dealing with a serious problem.*

Camp Hill, 763-2222

Carlisle: 717-243-6005

All other areas, 866-350-HELP

**CUMBERLAND COUNTY HOUSING AND REDEVELOPMENT AUTHORITIES**

717-249-1315

114 N. Hanover Street, Carlisle

[www.cchra.com](http://www.cchra.com)

**CUMBERLAND COUNTY AGING AND COMMUNITY SERVICES**

717-240-6110

**CUMBERLAND COUNTY ASSISTANCE OFFICE**

*Crisis grants available for emergencies.*

717-240-2700

800-269-0173

33 Westminster Drive, Carlisle

**DOMESTIC VIOLENCE SERVICES OF CUMBERLAND & PERRY COUNTIES**

800-852-2102

**EMPLOYMENT SKILLS CENTER**

*Provides educational, counseling, training and employment services.*

717-243-6040

29 S. Hanover Street, Carlisle

[www.employmentskillscenter.org](http://www.employmentskillscenter.org)

**FAMILY HEALTH COUNCIL OF CENTRAL PA**

*A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.*

717-761-7380

3461 Market Street, suite 200, Camp Hill

[www.fhccp.org](http://www.fhccp.org)

**FIVE LOAVES FOOD PANTRY**

*Serves residents of 17043, 17011, 17010 and 17025 Zip codes.*

Third Saturday of month, 10 a.m. to 12 p.m.

20 Market St., Wormleysburg

717-737-1903

[www.cfaog.org/ministries/food-pantry](http://www.cfaog.org/ministries/food-pantry)

**JOIN HANDS MINISTRY**

*A contact and support center for persons living in Perry County who are seeking assistance with daily living concerns.*

717-582-7844

PO Box 335

25 E. McClure St., Suite 6, New Bloomfield

**THE KING'S KETTLE FOOD PANTRY**

Open 1st, 2nd & 3rd Tuesdays

5 to 6 p.m.

Operated by Jesus Loves You Ministries, Inc.

717-530-9200

30 North Fayette Street, Shippensburg

**MIDPENN LEGAL SERVICES**

*Offers assistance in filing a protection from abuse (PFA) petition.*

Carlisle office:

401 E. Louthier St., Suite 103, Carlisle

717-243-9400

800-822-5288

[www.midpenn.org](http://www.midpenn.org)

**MORNINGSTAR  
PREGNANCY SERVICES**

*Pregnancy-related services and information including free pregnancy tests.*  
503 Bridge St., New Cumberland  
717-220-3585  
www.morningstarchoices.com

**MOUNT HOLLY SPRINGS UNITED  
METHODIST CHURCH**

*Offers food bank serving residents in Mount Holly Springs, Gardners and Boiling Springs. Proof of residency is required.*  
Tuesdays from 12 to 2 p.m.  
202 W. Butler St., Mount Holly Springs  
717-486-4883

**NEW HOPE MINISTRIES**

*Reaches out to "at risk" children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.*  
717-432-2087  
211 S. Baltimore St., Dillsburg  
www.nhm-pa.org

**PERRY COUNTY AGENCY ON AGING**  
717-582-5128

**PERRY COUNTY  
ASSISTANCE OFFICE**  
*Crisis grants available for emergencies.*  
717-582-2127  
800-991-1929  
100 Center Drive, New Bloomfield

**PERRY COUNTY  
CHILDREN AND YOUTH SERVICES**  
717-582-2076

**PERRY COUNTY FAMILY CENTER**

*Promotes the positive development and healthy well-being of all young children in Perry County.*  
717-582-3656  
8391-R Spring Road, Suite 3, New Bloomfield  
www.pafamilycenter.org

**PERRY COUNTY FOOD BANK**

*For eligible Perry County residents.*  
8:45 to 11:45 a.m. and 1 to 3 p.m., Monday and Wednesday; 8:45 to 11:45 a.m. Friday  
717-582-9978  
300A S. Carlisle St., New Bloomfield  
www.perrycountyfoodbank.org

**PERRY HUMAN SERVICES**

*Provides drug and alcohol services, adult social services, and educational programs in the schools and in the community.*  
717-582-8703  
Mulhollem Office Centre  
8391 Spring Road, New Bloomfield

**PERRY COUNTY LITERACY COUNCIL**

Literacy services  
133 S. Fifth St., Newport  
717-567-7323  
www.perryliteracy.com

**PROJECT SHARE FOOD BANK**

*Distributes food to residents in the Carlisle/Boiling Springs area during the week that contains the third Thursday of the month.*  
Distribution during this week: 12 to 2 p.m.  
Tuesday; 9 to 11 a.m. Wednesday;  
3:30 to 5:30 p.m. Thursday;  
and 9 to 11 a.m. Saturday.  
717-249-7773  
5 N. Orange St., Suite 4, Carlisle  
www.projectshare.net

**SADLER HEALTH CENTER CORP.**

*Provides services to uninsured and underinsured.*

100 N. Hanover St., Carlisle  
8 a.m. to 4:30 p.m., Monday, Tuesday,  
Thursday, Friday

9 a.m. to 5 p.m. Wednesday

1104 Montour Road, Loysville

8 a.m. to 4:30 p.m. Monday through Friday  
717-218-6670

717-960-4380 (Loysville)

866-723-5377

[www.sadlerhealth.org](http://www.sadlerhealth.org)

**SAFE HARBOUR**

*Provides bridge housing and self-enhancement programs for homeless and potentially homeless single adults and families.*

717-249-2200

102 West High St., Carlisle

[www.safeharbour.org](http://www.safeharbour.org)

**THE SALVATION ARMY**

*Provides various services.*

717-249-1411

20 E. Pomfret St., Carlisle

**SENIOR CENTERS**

Big Spring 717-776-4478

Carlisle 717-249-5007

Enola 717-732-3915

Mechanicsburg 717-697-5947

Shippensburg 717-300-3563

West Shore 717-774-0409

**TRI-COUNTY COMMUNITY ACTION COMMISSION**

*Various programs serving Dauphin, Cumberland and Perry counties.*

1514 Derry Street, Harrisburg

717-232-9757

[www.cactricony.org](http://www.cactricony.org)

**UNITED METHODIST HOME FOR CHILDREN INC.**

*A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.*

717-766-7652

5120 Simpson Ferry Road

Mechanicsburg

[www.umhcservices.org](http://www.umhcservices.org)

**UNITED WAY**

United Way of Carlisle and Cumberland County

717-243-4805

145 S. Hanover St., Carlisle

[www.carlisleunitedway.org](http://www.carlisleunitedway.org)

**VICTIM SERVICES OF THE DISTRICT ATTORNEY'S OFFICE**

(Cumberland County)

Main office

888-697-0371, ext. 6220

1 Courthouse Square., Carlisle

**YORK COUNTY****ACCESS YORK**

(YWCA York)

*Dedicated to helping victims and their children who suffer from abuse or threatened abuse; assists in preparing a Protection From Abuse (PFA) petitions.*

Domestic violence hotlines

800-262-8444

717-846-5400

717-637-2235 (Hanover)

Sexual violence hotlines

800-422-3204

717-854-3131

[www.ywcayork.org/victim-services](http://www.ywcayork.org/victim-services)

**BELL SOCIALIZATION SERVICES**

*Provides housing support and basic living skills to those living with mental illness, intellectual disabilities and homelessness.*

717-848-5767

160 S. George Street, York  
www.bellsocialization.com

**CATHOLIC HARVEST FOOD PANTRY**

*Operates food pantry in York County. Hours are 6 to 7 p.m. Monday through Friday, 9 a.m. to 12 p.m. first and third Thursday of month, and 3:45 to 4:45 p.m. fourth Monday and fourth Friday of month.*

717-846-8899

717-846-8571

628 E. Market St., York  
www.catholicharvest.org

**CENTRO HISPANO JOSE E. HERNANDEZ**

*Assists Hispanic community in York.*

717-846-9434

225 E. Princess St., York  
www.chjh-york.org

**CHILDREN'S HOME OF YORK**

*Provides social services for children.*

717-755-1033

77 Shoe House Road, York  
www.choyork.org

**FAMILY FIRST HEALTH**

*Provides medical and dental services and offers reduced fee program.*

Offices:

116 South George St, York:  
717-845-8617;

Hannah Penn Center:

415 E. Boundary Ave., York  
717-843-5174;

Lewisberry Center

308 Market St., Lewisberry  
717-938-6695;

Hanover Center

1230 High St., Hanover  
717-632-9052;

Gettysburg Center

1275 York Road, Suite 17, Gettysburg  
717-337-9400

www.myfamilyfirsthealth.org

**HEART OF MARY PREGNANCY SUPPORT SERVICES**

*Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.*

717-843-7986

26 E. College Ave., York.

**MIDPENN LEGAL SERVICES**

*Offers assistance in filing a protection from abuse (PFA) petition.*

York office:

29 N. Queen St., York  
717-848-3605

www.midpenn.org

**NEW HOPE MINISTRIES**

*Reaches out to "at risk" children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.*

211 S. Baltimore St., Dillsburg  
717-432-2087

www.nhm-pa.org

**OUR DAILY BREAD**

*City soup kitchen.*  
717-848-1674

331 S. George Street, York

**RED LAND SENIOR CENTER**

717-938-4649  
717-938-4640

736 Wyndamere Road, Lewisberry  
www.redlandseniorcenter.org

**YORK COUNTY**

**AREA AGENCY ON AGING**

717-771-9610

100 W. Market Street, York  
www.ycaaa.org

**CHILDREN, YOUTH AND FAMILIES**

717-846-8496  
800-729-9227

**CRIME STOPPERS**

717-755-TIPS  
800-722-0991

**DOMESTIC ABUSE HOTLINE**

800-262-8444

**HUMAN SERVICES DEPARTMENT**

717-771-9347  
800-441-2025 x9347

**VICTIM SERVICES**

717-771-9600

**YORK COUNTY LITERACY COUNCIL**

Literacy services for adults.  
717-845-8719

800 East King Street, York  
www.yorkliteracy.org

**YORK RESCUE MISSION**

City soup kitchen and homeless shelter.  
717-845-7662

363-373 West Market Street, York  
www.yorkrescuemission.org

**UPPER DAUPHIN COUNTY**

**HALIFAX UNITED METHODIST CHURCH**

*Food bank.*

*Serves residents in Halifax and  
Millersburg area.*

717-896-8092

9 to 11 a.m. Mondays,

4 to 6 p.m. Tuesdays and Thursdays  
1st, 3rd and 5th Saturdays, 9 to 11 a.m.

105 Wind Hill Road, Halifax  
www.halifaxumc.com

**MILLERSBURG ASSEMBLY OF GOD CHURCH**

*(Bread of Life Food Ministry)*

Second Saturday of month at 9:30 a.m.  
2261 Shippen Dam Road, Millersburg

717-692-3904

**NORTHERN DAUPHIN FOOD PANTRY**

717-905-2512

**NORTHERN DAUPHIN HUMAN  
SERVICES CENTER**

Children and youth services  
877-893-3344

**UPPER DAUPHIN HUMAN SERVICES CENTER**

*Operates food bank from 9 to 11 a.m. and  
1:30 to 3:30 p.m. Monday through Friday.  
Individuals and families needing food are  
allowed to come in one time per month.*

717-362-3321

20 Clearfield St., Elizabethtown







**WHERE  
TO GO  
WHEN YOU NEED  
HELP**

**2016 EDITION**