WHERE TO GO WHEN YOU NEED HELP

2017 EDITION
WHERE TO GO
WHEN YOU NEED HELP

2017 Edition

Compiled by:

EFMR
MONITORING GROUP

4100 Hillsdale Road
Harrisburg, PA 17112
717-635-8615

www.efmr.org

We hope this publication is helpful to you. If you are not certain a listing has exactly the help you need, try contacting one that you think is a close match to your need. Chances are someone can refer you to the right resource.

Toll-free numbers and others listed may require that you dial 1 first.

Printed by:

PennState Health
Milton S. Hershey
Medical Center
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ABUSE
(See also CHILD ABUSE, RAPE and WOMEN)

ACCESS YORK
(YWCA York)
Seeks to eliminate domestic violence and offer support, education, and a safe environment for victims of domestic violence.
800-262-8444
717-846-5400
717-637-2235 (Hanover)
Sexual violence hotlines
800-422-3204
717-854-3131
www.ywcayork.org/victim-services

CHILDLINE
State child abuse registry.
To report suspected child abuse or request child abuse history clearance form.
800-932-0313

DOMESTIC VIOLENCE HOTLINES
(By county)
ADAMS: 800-787-8106
CUMBERLAND: 800-852-2102
DAUPHIN: 800-654-1211
FRANKLIN/FULTON: 800-621-6660
JUNIATA/MIFFLIN: 717-242-2444
LANCASTER: 717-299-1249
LEBANON: 866-686-0451
NORTHUMBERLAND/UNION/SNYDER: 800-850-7948
PERRY: 800-852-2102
SCHUYKILL: 800-282-0634
YORK: 800-262-8444

DOMESTIC VIOLENCE INTERVENTION OF LEBANON COUNTY
Women's shelter and counseling service in Lebanon.
717-273-7190
866-686-0451
www.dviolc.org

FUTURES WITHOUT VIOLENCE
Information on family violence issues.
San Francisco main office
415-678-5500
www.futureswithoutviolence.org

MIDPENN LEGAL SERVICES
Offers assistance in filing a protection from abuse (PFA) petition.
Harrisburg office:
213-A N. Front St., Harrisburg
717-232-0581
800-932-0356
Carlisle office:
401 E. Louther St., Suite 103, Carlisle
717-243-9400
800-822-5288
Lancaster office:
38 N. Christian St., Suite 200, Lancaster
800-732-0025
717-299-0971
Lebanon office:
513 Chestnut St., Lebanon
717-274-2834
York office:
29 N. Queen St., York
717-848-3605
www.midpenn.org

NATIONAL DOMESTIC VIOLENCE HOTLINE
800-799-7233
TTY: 1-800-787-3224
www.thehotline.org

NATIONAL SEXUAL VIOLENCE RESOURCE CENTER
Mission is to provide leadership in preventing and responding to sexual violence through collaboration, sharing and creating resources, and promoting research.
123 N. Enola Drive, Enola
717-909-0710
877-739-3895
www.nsvrc.org
PENNSYLVANIA COALITION AGAINST DOMESTIC VIOLENCE
Private non-profit organization working to eliminate domestic violence, secure justice for victims and help build new lives free from abuse.
National hotline
800-799-SAFE (7233)
Local number
545-6400
3605 Vartan Way, Suite 101
Harrisburg
www.pcadv.org

PENNSYLVANIA COALITION AGAINST RAPE
Works to end sexual violence and advocates for the rights and needs of sexual assault victims.
888-772-7227 (24-hour hotline)
717-728-9740
125 N. Enola Drive, Enola
www.pcar.org

SEXUAL ASSAULT RESOURCE & COUNSELING CENTER
Provides counseling, education, advocacy and prevention programs on sexual abuse issues.
717-272-5308 (hotline Lebanon)
570-628-2965 (hotline Schuylkill)
615 Cumberland St., Lebanon
Schuylkill Office:
17 Westwood Centre, Pottsville
www.sarcclebanon.org

YWCA OF GREATER HARRISBURG
Violence intervention and prevention services
Hotline
800-654-1211
www.ywcahbg.org

ADOPTION
ADOPTIONS FROM THE HEART
Non-profit, nonsectarian agency.
888-608-8373
Central Pennsylvania office
717-399-7766
1525 Oregon Pike, Suite 402, Lancaster
www.afth.org

CATHOLIC CHARITIES
Adoption and Specialized Foster Care
717-564-7115
939 East Park Drive, Suite 103, Harrisburg
www.cchbg.org

COMMON SENSE ADOPTION SERVICES
A licensed, non-profit adoption and foster care agency.
717-412-0772
800-445-2444
3001 Market St., Camp Hill
www.commonsenseadoption.org

DIAKON ADOPTION & FOSTER CARE
www.diakon.org

FAMILY CARE SERVICES
717-263-2285
4385 Edenville Road, Chambersburg
www.familycareservices.org

JEWSH FAMILY SERVICE OF GREATER HARRISBURG INC.
717-233-1681
3333 N. Front St., Harrisburg
www.jfsofhbg.org
PENNSYLVANIA STATE RESOURCE FAMILY ASSOCIATION
Advocates for all those who care about children and their families
800-951-5151
PO Box 60216, Harrisburg 17106
www.psrfa.org

SWAN (STATEWIDE ADOPTION AND PERMANENCY NETWORK)
A broad-based cooperative effort and a centralized information and facilitation service funded and overseen by the Pennsylvania Department of Human Services. The SWAN program serves children in the custody of county children and youth agencies.
800-585-SWAN
www.adoptpakids.org

UNITED METHODIST HOME FOR CHILDREN INC.
An affiliate of the Statewide Adoption and Permanency Network
717-766-7652
www.umhcservices.org

AIDS
AIDS FACTLINE
800-662-6080

ALDER HEALTH SERVICES
Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.
717-233-7190
100 N. Cameron St., Harrisburg
www.alderhealth.org

CENTER FOR DISEASE CONTROL AND PREVENTION
800-CDC-INFO (800-232-4636)
TTY: 888-232-6348
www.cdc.gov/hiv

FAMILY HEALTH COUNCIL OF CENTRAL PA.
In a 14-county region of south central Pennsylvania, FHCCP funds 11 subcontractor agencies that provide prevention education and interventions, medical support, and housing for infected and affected persons and families.
717-761-7380
3461 Market Street, suite 200, Camp Hill
www.fhccp.org

THE HOPE PROGRAM
Provides HIV/AIDS education and prevention programs, HIV treatment and other services. Part of Hamilton Health Center.
717-232-9971
110 S. 17th St., Harrisburg

LOAVES OF LOVE FOOD PANTRY
Serves families impacted by HIV and AIDS. Distribution every other Wednesday from 2 to 6:45 p.m. Medical referrals are needed.
717-602-6166
Second City Church
251 Verbeke St., Harrisburg
PinnacleHealth – REACH
Provides a comprehensive approach to HIV care. The program is open Monday to Friday, 8 a.m. to 4 p.m.
717-782-2750
2501 N. Third St., Second floor, Harrisburg

Alcohol Problems
(See also Drug Problems)

Addiction Referral
888-557-8394
www.addictionreferral.org

Alcoholics Anonymous
A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.
717-234-5390
www.aaharrisburg.org

Al-Anon/Alateen
For information on where to find a local meeting:
www.pa-al-anon.org
www.al-anon.alateen.org

Baby Love
Provides free intensive case management services designed to help women with addictions. Participants must be Dauphin County residents, pregnant or have a child under 5 years of age. Program is part of Hamilton Health Center.
866-530-2229
www.harrisburgbabylove.com

Bethesda Mission
Helps lives affected by drug and alcohol addiction.
611 Reily St., Harrisburg
717-257-4440
www.bethesdamission.org

Contact Helpline
24/7 information and referral service.
800-932-4616
211 (information and referral)
www.contacthelpline.org

Dauphin County Department of Drug & Alcohol Services
Serves those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.
717-635-2254
1100 S. Cameron St., Harrisburg

Daystar Center for Spiritual Recovery
Daystar is a community based residential treatment facility for men with substance use disorders.
717-271-37615
www.daystarrecovery.com

Evergreen House
(Catholic Charities)
Transitional housing for recovering women.
120 Willow Road, Suite B, Harrisburg
717-412-4594
www.cchbg.org

Gaudenzia-Harrisburg
Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.
Gaudenzia Common Ground offers assessment and detoxification services.
2835 N. Front St., Harrisburg
717-238-5553
www.gaudenzia.org
JUST FOR TODAY RECOVERY VETERANS SUPPORT SERVICES
Offers a life transformation program for those who sincerely want to beat their addictions. Formerly York Rescue Mission.
717-845-7662
363-373 West Market Street, York
www.lifepathyork.org

MOTHERS AGAINST DRUNK DRIVING (MADD)
Mission is to end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking.
Pennsylvania office:
610-825-4902
www.madd.org

PERRY HUMAN SERVICES
Offers drug and alcohol assessment services and referrals to treatment.
717-582-8703
Mulhollem Office Centre
8391 Spring Road, New Bloomfield
www.perryhumanservices.org

THE RASE PROJECT
Assists individuals affected by substance abuse.
717-232-8535
100 N. Cameron St., Suite 401-E, Harrisburg
www.raseproject.org

TEEN CHALLENGE HARRISBURG
Faith-based, adult, long-term, residential rehabilitation program for men and women struggling with chemical addiction.
717-933-4181
www.harrisburggtc.org

York RESCUE MISSION
Offers Spiritual Life Recovery Program for men dealing with alcohol and drug issues.
717-845-7662
367 West Market Street, York
www.yorkrescuemission.org

BREAST CANCER
FEEL YOUR BOOBIES FOUNDATION
Promotes proactive breast health in young women through strategic education and outreach programs.
717-343-8399
PO Box 41, Middletown
www.feelyourboobies.com

NATIONAL CANCER INSTITUTE
800-422-6237
www.cancer.gov

PENNSYLVANIA BREAST CANCER COALITION
800-377-8828
2397 Quentin Road, Suite B, Lebanon
www.pabreastcancer.org

SUSAN G. KOMEN FOR THE CURE
877-GO-KOMEN (465-6636)
www.komen.org

BULLYING
ANTI-DEFAMATION LEAGUE
www.noplaceforhate.org

THE FOUNDATION FOR HOPE
A community outreach organization providing direct support and service to those affected by bullying, depression, or suicide.
24-hour hotline
1-855-HOPE-611
www.hope611.org

PENNSYLVANIA YOUTH CONGRESS
Pennsylvania’s first and only statewide LGBTQ youth advocacy organization.
717-743-1035
413 Walnut St., Harrisburg (field office)
www.payouthcongress.org
CHILD ABUSE

TO REPORT CHILD ABUSE
Pennsylvania Department of Human Services hotline:
800-932-0313

AMERICAN HUMANE ASSOCIATION
www.americanhumane.org/children

ASSOCIATION OF SITES ADVOCATING CHILD PROTECTION
Dedicated to online child protection.
www.asacp.org

CHILD HELP
National Child Abuse Hotline to report suspected child abuse.
800-422-4453
800-4-A-CHILD
www.childhelp.org

FAMILY SUPPORT OF PRESSLEY RIDGE
Works to prevent child abuse and builds family strength through support and educational programs for parents and grandparents.
4775 Linglestown Road, Suite 202, Harrisburg
717-541-0828
www.familysupportcentralpa.org

OFFICE OF THE VICTIM ADVOCATE
Represents the interests of crime victims.
800-563-6399
TTY: 877-349-1064
1101 S. Front St., Suite 5200, Harrisburg
www.ova.state.pa.us

PENN STATE HERSHEY CENTER FOR THE PROTECTION OF CHILDREN
Develops and coordinates research, education, and policy initiatives having to do with child abuse/protection.
717-531-5158

PENNSYLVANIA COALITION AGAINST RAPE
Help for victims of sexual abuse, including information, referrals and resources.
888-772-7227 (24-hour hotline)
717-728-9740
125 N. Enola Drive, Enola
www.pcar.org

PENNSYLVANIA FAMILY SUPPORT ALLIANCE
Educates, informs and leads communities to action to protect children from abuse and neglect.
717-238-0937
800-448-4906
2000 Linglestown Road, Suite 301, Harrisburg
www.pa-fsa.org

PINNACLE HEALTH CHILDREN’S RESOURCE CENTER
A child advocacy center dedicated to providing compassionate, quality care in a safe, child-friendly environment for children suspected of having been abused or neglected.
717-782-6800
877-543-5018
www.pinnaclehealth.org/crc
CHILDREN
(See also MEDICAL & TEENS)

4-H PROGRAMS
Penn State Extension Offices
4-H is a program for children ages 8-19 that teaches life skills (teamwork, public speaking, problem solving) and project skills. Projects are varied and include photography, animal sciences, robotics, crafts, woodworking, arts.
For information and local opportunities call the Extension office in your county.
Cumberland
717-240-6500
Dauphin
717-921-8803
Perry
717-582-5150
Lebanon
717-270-4391
York
717-840-7408
Lancaster
717-394-6851

AUTISM SOCIETY, GREATER HARRISBURG AREA CHAPTER
Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.
800-244-2425, ext. 8408
PO Box 101, Enola.
www.autismharrisburg.org

BABIES
(Healthy Baby Helpline)
Pennsylvania Department of Health provides information to those who are pregnant or think they may be pregnant.
800-986-BABY
www.helpinpa.state.pa.us

BETHESDA MISSION COMMUNITY (YOUTH) CENTER
1438 Herr St., Harrisburg
717-257-5484
www.bethesdamission.org

BOYS AND GIRLS CLUB OF HARRISBURG
Offers a drug-free, alcohol-free atmosphere with caring professionals.
717-234-3268
1227 Berryhill Street, Harrisburg
1700 Hanover St., Harrisburg
1313 Monroe St., Harrisburg
www.bgchbg.org

CAITLIN’S SMILES
Helps children facing chronic or life threatening illnesses through distribution of arts and crafts kits.
717-412-4759
3303 N. Sixth St., Harrisburg
www.caitlins-smiles.org

CAPITAL AREA HEAD START
Provides a comprehensive child development program designed to give children a head start in life, so they can succeed at home, school and in the community.
717-541-1795
3705 Elmwood Drive, Harrisburg
www.keystonehumanservices.org/capital-area-head-start

CHILDREN’S HEALTH INSURANCE PROGRAM (CHIP)
Puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance. 800-986-KIDS
800-986-KIDS
www.chipcoverspakids.com
CHILD CARE INFORMATION SERVICES
(Pennsylvania Department of Human Services)
CCIS agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences.
Cumberland and Perry counties
717-243-4014 or 800-358-8725
Dauphin County
717-233-8454 or 800-952-7419
Lebanon County
717-274-6552 or 888-313-2247
York County
717-854-2273 or 800-864-4925

CHILD FIND OF AMERICA
Provides services designed to prevent and resolve child abduction and the family conflicts that can lead to abduction and abuse.
800-I-AM-LOST (800-426-5678)
www.childfindofamerica.org

CHILDREN’S HOME OF YORK
717-755-1033
77 Shoe House Road, York
www.choyork.org

CHILDREN & YOUTH OF DAUPHIN COUNTY
Dedicated to the health, safety and welfare of children and families.
717-780-7200
1001 N. Sixth St., Harrisburg

COMMUNITY CHECK UP-CENTER
A community based non-profit organization working in partnership with the community to improve the health and wellness of low-income women and children through high quality compassionate care.
Pediatrics, 8:30 a.m. to 4:30 p.m.
Monday through Friday
Women, 9 a.m. to 4:30 pm.
Tuesdays and Fridays
717-233-1700
38C Hall Manor
www.communitycheckupcenter.org

CUMBERLAND COUNTY CHILDREN & YOUTH SERVICES
Provides professional social services to protect the safety and welfare of children; preserve, support and strengthen the family; and identify alternative care, a safe environment and a permanent home for those children unable to remain in their home
717-240-6120
888-697-0371
16 W. High St., Suite 200, Carlisle

FAMILY HEALTH COUNCIL OF CENTRAL PA.
A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.
717-761-7380
3461 Market Street, suite 200, Camp Hill
www.fhccp.org

FUTURES WITHOUT VIOLENCE
Information on family violence issues.
www.futureswithoutviolence.org

GEISINGER HOLY SPIRIT TEENLINE
The Teenline program can help a central Pennsylvania teen facing serious issues at school or home, and help parents trying to cope with a troubled son or daughter.
717-763-2345
800-722-5385
GREATER HARRISBURG HEALTHY START
A program of Hamilton Health Center that provides free case management services to pregnant families and those with children ages 0-24 months who reside in Harrisburg, Steelton, Highspire and Middletown.
717-909-1278
www.harrisburghealthystart.com

HEEDING GOD’S CALL
An interfaith effort to eliminate illegal use of guns and gun violence.
717-461-3540
219 Hummel St., Harrisburg
www.heedingharrisburg.org

HOLDING HOPE
Works to support families of children with life-threatening illnesses being treated at Penn State Children’s Hospital
717-649-8126
www.holdinghope.org

LANCASTER INTENSIVE DAY TREATMENT (CATHOLIC CHARITIES)
Serves at-risk youth from nine to 15 who possess significant emotional and behavioral health needs.
717-295-9630
47 S. Mulberry St., Lancaster
www.cchbg.org

MYNDWORKS
(Jewish Family Service of Greater Harrisburg)
Offers innovative and effective programs to support social and emotional growth for children ages 4-19. Also offers Healing Hearts, a publicly funded program to assist parents and children when trauma or attachment issues are interfering with family functioning.
717-233-1681
3333 N. Front St., Harrisburg

NATIONAL CENTER FOR MISSING & EXPLOITED CHILDREN
Call to report missing children and suspected child sexual exploitation and trafficking.
800-843-5678
www.missingkids.com

NEIGHBORHOOD CENTER OF THE UNITED METHODIST CHURCH
Specializes in helping young people discover and develop their capabilities, so that their lives and the life of the community can be enhanced.
717-233-6541
1801 N. Third St., Harrisburg
www.neighborhoodcenterumc.org

NEW HOPE MINISTRIES
Reaches out to “at risk” children and youth in communities with the goal of providing structured, constructive programs and positive adult role models.
717-432-2087
211 S. Baltimore St., Dillsburg
www.nhm-pa.org

NORTHERN DAUPHIN HUMAN SERVICES CENTER
Children and youth services.
877-893-3344
295 State Drive, Elizabethville

PENN STATE HEALTH CENTER FOR THE PROTECTION OF CHILDREN
Develops and coordinates research, education, and policy initiatives having to do with child abuse/protection.
717-531-5158

PENN STATE HEALTH PEDIATRIC TRAUMA AND INJURY PREVENTION
Only Level I pediatric trauma center serving the 10-county area of south central Pennsylvania. Manages children’s serious, sudden injuries.
717-531-SAFE (7233)
PENNSYLVANIA STATE RESOURCE FAMILY ASSOCIATION
Advocates for and provides services to foster children, children adopted from foster care, and the families who serve them.
800-951-5151
PO Box 60216, Harrisburg 17106
www.psrfa.org

PERRY COUNTY FAMILY CENTER
Promotes the positive development and healthy well-being of all young children in Perry County.
717-582-3656
8391-R Spring Road, Suite 3, New Bloomfield
www.pcfamilycenter.org

PHOENIX YOUTH CENTER INC.
717-838-0302
11 W. Cherry St., Palmyra, during school year
50 Landings Drive, Annville, during summer
www.phoenixyouthcenter.org

PINECONE HEALTH CHILDREN AND TEEN CENTER
Children from birth to 18 can receive comprehensive healthcare, regardless of families’ ability to pay.
8 a.m. to 4:30 p.m. Monday through Friday.
717-782-4650
2645 N. Third St., Second floor, Harrisburg

PRESSLEY RIDGE
Programming helps to rebuild communities and families who are facing difficult challenges and complex situations.
888-777-0820
www.pressleyridge.org

RONALD MCDONALD HOUSE
Keeps children and families together by providing temporary housing, at no charge, to out-of-town families of seriously ill children who are being treated at Penn State Hershey Children’s Hospital.
717-533-4001
745 W. Governor Road, Hershey
www.rmhc-centralpa.org

SPECIAL KIDS NETWORK HELP PA
(Pennsylvania Department of Health)
Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.
800-986-4550
www.gotoskn.state.pa.us

UNITED METHODIST HOME FOR CHILDREN INC.
A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.
717-766-7652
5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.org

WIC
A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods.
800-WIC-WINS (942-9467)
www.pawic.com
Services available at Hamilton Health Center
717-230-3909

YORK COUNTY
CHILDREN, YOUTH, AND FAMILIES
717-846-8496
800-729-9227
YOUTH ADVOCATE PROGRAMS, INC.  
Provides community based services.  
2007 N. Third St., Harrisburg  
717-232-7580  
www.yapinc.org

CONSUMER PROTECTION
(See also EMERGENCY HELP & HEATING ASSISTANCE)

ATTORNEY GENERAL’S OFFICE
Bureau of Consumer Protection  
800-441-2555  
Consumer Health Care Section  
877-888-4877

BETTER BUSINESS BUREAU
Harrisburg satellite office  
717-364-3250  
1337 N. Front St., Harrisburg  
www.bbb.org

COMMUNITY JUSTICE PROJECT
Mission is to protect and expand the civil rights of poor families and low-wage workers.  
800-322-7572  
717-236-9486  
118 Locust St., Harrisburg  
www.communityjusticeproject.org

CONSUMER ADVOCATE
Represents Pennsylvania consumers regarding matters of their utility service.  
800-684-6560  
717-783-5048  
Office of Consumer Advocate  
555 Walnut St., 5th Floor, Forum Place, Harrisburg  
www.oca.state.pa.us

FEDERAL TRADE COMMISSION
Protects consumers by stopping unfair, deceptive or fraudulent practices in the marketplace.  
202-326-2222  
www.ftc.gov

FLOOD INSURANCE INFORMATION
888-379-9531  
www.floodsmart.gov

PENNSYLVANIA DEPARTMENT OF BANKING AND SECURITIES
Regulates financial services and works to ensure consumers and businesses are well-informed about the marketplace. Can file a complaint form online.  
800-600-0007  
www.dobs.pa.gov

PENNSYLVANIA DEPARTMENT OF INSURANCE
877-881-6388  
1209 Strawberry Square, Harrisburg  
www.insurance.pa.gov

PENNSYLVANIA PUBLIC UTILITY COMMISSION (PUC)
Balances the needs of consumers and utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest; educates consumers to make independent and informed utility choices; furthers economic development; and fosters new technologies and competitive markets in an environmentally sound manner.  
800-692-7380  
400 North St., Keystone Building, Harrisburg  
www.puc.state.pa.us

TELEMARKETERS
To register your phone number on the Do-Not-Call list at no cost.  
www.donotcall.gov
DISABILITIES

THE ARC OF CUMBERLAND AND PERRY COUNTIES
Provides support, training, and opportunities to people with intellectual disabilities and their families.
717-249-2611
71 Ashland Ave., Carlisle
www.cparc.org

THE ARC OF DAUPHIN COUNTY
Provides support, training, and opportunities to people with intellectual disabilities and their families.
717-920-2727
2569 Walnut St., Penbrook
www.arcofdc.org

BELL SOCIALIZATION SERVICES
Goal is to help service users live as independently as possible in the community.
717-848-5767
160 S. George Street, York
www.bellsocialization.com

CENTER FOR INDEPENDENT LIVING OF CENTRAL PA
Provides innovative programs and services to allow persons with diverse disabilities to live well.
717-731-1900
800-323-6060
Living well hotline
877-865-4893
207 House Ave., Suite 107 Camp Hill
www.cilcp.org

CHRISTIAN RESIDENTIAL OPPORTUNITIES AND SOCIAL SERVICES
Provides residential and social services to persons with developmental disabilities and their families.
717-530-1788
712 Pinola Road, Shippensburg
www.crossinc.com

EASTER SEALS
Western and Central Pennsylvania
Changes the way the world defines and views disability by making profound, positive differences in people’s lives every day, helping clients build the skills and access the resources they need to live, learn, work and play.
412-281-7244
www.easterseals.com/wcpenn

GOODWILL KEYSTONE AREA
Works to support persons with disabilities and other barriers to independence in achieving their fullest potential as workers and as members of the broader community.
717-232-1831
800-432-GIVE
1150 Goodwill Drive, Harrisburg
www.yourgoodwill.org

S. JUNE SMITH CENTER (OUR EXCENTIA)
Provides support necessary to enable people with developmental needs to live as independently and fully as they desire within the community.
717-299-4829 (select 7)
617B N. Prince St., Lancaster
www.ourexcentia.org/s-june-center

KEYSTONE HUMAN SERVICES
Creates opportunities for growth and meaningful life choices so that all people can be valued, contributing members of their community.
717-232-7509
888-377-6504
124 Pine St., Harrisburg
keystonehumanservices.org
PARENT TO PARENT OF PENNSYLVANIA
Program is based on the philosophy that parents of children and adults with disabilities or special needs can be helped by other parents who have traveled the road before them.
1-888-727-2706
www.parenttoparent.org

UNITED CEREBRAL PALSY CENTRAL PA
Provides both community and center-based programs and services in 17 central Pennsylvania counties, serving more than 4,000 people with disabilities and their families.
717-737-3477
800-998-4827
55 Utley Drive, Camp Hill
www.ucpcentralpa.org

VISION RESOURCES OF CENTRAL PENNSYLVANIA
Provides support and promotes the interests of people who are blind, visually impaired and otherwise disabled.
717-238-2531
1130 S. 19th St., Harrisburg
www.vrocp.org

WORKS FOR ME
Highlights potential resources for people with disabilities in Pennsylvania who are interested in working. It also connects people with disabilities with information and referral sources.
www.worksforme-pa.org

ADVANCEMENT IN RECOVERY PROGRAM
(Pennsylvania Psychiatric Institute)
Offers private and professional treatment for individuals struggling with opioid use disorder. Clinic hours are
Monday, 1 to 5 p.m.;
Thursday, 8 a.m. to 5 p.m.; and
Friday, 8 a.m. to 4:30 p.m.
717-480-8083
2626 N. Third St., Harrisburg

ALCOHOLICS AND NARCOTICS HELPLINE
24 hours
717-238-5920

BABY LOVE
Provides free intensive case management services designed to help women with addictions. Participants must be Dauphin County residents, pregnant or have a child under 5 years of age. Program is part of Hamilton Health Center.
866-530-2229
www.harrisburgbabylove.com

BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR
An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.
800-662-4357
www.findtreatment.samhsa.gov

BETHESDA MISSION
Helps lives affected by drug and alcohol addictions.
611 Reily St., Harrisburg
717-257-4440
www.bethesdamission.org

CONTACT HELPLINE
Information and referral service.
800-932-4616
211 (information and referral)
www.contacthelpline.org

DRUG PROBLEMS
(See also ALCOHOL PROBLEMS)

ADDITION REFERRAL
888-557-8394
www.addictionreferral.org
DAUPHIN COUNTY DEPARTMENT OF DRUG & ALCOHOL SERVICES
Serves those affected with substance abuse problems by providing high quality prevention, intervention and treatment services in Dauphin County.
717-635-2254
1100 S. Cameron St., Harrisburg

DAYSTAR CENTER FOR SPIRITUAL RECOVERY
A community based residential treatment facility for men with substance use disorders.
717-230-9898
717-271-3715
www.daystarrecovery.com

EVERGREEN HOUSE (Catholic Charities)
Transitional housing for recovering women.
120 Willow Road, Suite B, Harrisburg
717-412-4594
www.cchbg.org

GAUDENZIA-HARRISBURG
Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.
Gaudenzia Common Ground offers assessment and detoxification services.
2835 N. Front St., Harrisburg
717-238-5553
www.gaudenzia.org

JUST FOR TODAY RECOVERY VETERANS SUPPORT SERVICES
Operates homes in Lemoyne and Mechanicsburg for recovering alcoholics and drug addicts, as well as a recently opened recovery center in Lemoyne.
717-880-8068
300 Market St., Lemoyne
www.jft-rvss.org

LIFEPATH CHRISTIAN MINISTRIES
Offers a life transformation program for those who sincerely want to beat their addictions. Formerly York Rescue Mission.
717-845-7662
363-373 West Market Street, York
www.lifepathyork.org

NARCOTICS ANONYMOUS
To find a meeting: www.na.org

OPIOID PROBLEMS
Pennsylvania helpline
800-662-HELP
See Advancement in Recovery Program listed above
Also: www.overdosefreepa.pitt.edu

PARTNERSHIP FOR DRUG-FREE KIDS
Helps families struggling with their son or daughter's substance use.
855-378-4373 (helpline)
www.drugfree.org

PENNSYLVANIA DEPARTMENT OF DRUG AND ALCOHOL PROGRAMS.
www.ddap.pa.gov

PERRY HUMAN SERVICES
Provides treatment to individuals struggling because of substance use.
717-582-8703
Mulhollem Office Centre
8391 Spring Road, New Bloomfield
www.perryhumanservices.org

ST. MARTIN DE PORRES CATHOLIC WORKER HOUSE
Works with men who have addictions.
1440 Market St., Harrisburg
230-8328
THE RASE PROJECT
Assists individuals affected by substance abuse.
717-232-8535
100 N. Cameron St., Suite 401-E, Harrisburg
www.raseproject.org

TEEN CHALLENGE HARRISBURG
Faith-based, adult, long-term, residential rehabilitation program for men and women struggling with chemical addiction.
717-933-4181
www.harrisburgtc.org

EATING DISORDERS

CONTACT HELPLINE
Information and referral service
800-932-4616
211 (information and referral)
www.contacthelpline.org

FOOD ADDICTS ANONYMOUS
www.foodaddictsanonymous.org

NATIONAL ASSOCIATION OF ANOREXIA NERVOSA AND ASSOCIATED DISORDERS
ANAD is the oldest organization aimed at fighting eating disorders in the United States. ANAD assists people struggling with eating disorders and also provides resources for families, schools and the eating disorder community.
630-577-1330
www.anad.org

NATIONAL EATING DISORDERS ASSOCIATION
Supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.
800-931-2237
www.nationaleatingdisorders.org

OVEREATERS ANONYMOUS
Offers a program of recovery from compulsive overeating, binge eating and other eating disorders using the 12-step program.
www.oa.org

PENN STATE CHILDREN’S HOSPITAL EATING DISORDERS PROGRAM
Outpatient treatment, intensive outpatient, and partial hospitalization/day treatment.
717-531-2099

EDUCATION FOR ADULTS
(See also MENTORING)

CENTRAL PENNSYLVANIA LITERACY COUNCIL
Committed to improving the literacy of all adults in Cumberland and Dauphin counties.
717-763-7522
225 Hummel Ave., Lemoyne
www.cplc-adultliteracy.blogspot.com

EMPLOYMENT SKILLS CENTER
Provides adult education and training in the greater Carlisle area.
717-243-6040
29 S. Hanover Street, Carlisle
www.employmentskillcenter.org

FRIENDS OVER FENCES
Helps inmates and ex-offenders to be successful members of society by mentoring, training and helping them find suitable housing and employment.
www.friendsoverfences.org
LITERACY COUNCIL OF LANCASTER-LEBANON
243 Schneider Drive, Lebanon
717-274-2554
24 S. Queen St., Lancaster
717-295-5523
www.getliterate.org

PENN STATE EXTENSION OFFICES
Classes or individual consultations on food safety, food choices to improve health and human nutrition.
   Cumberland
   717-240-6500
   Dauphin
   717-921-8803
   Perry
   717-582-5150
   Lebanon
   717-270-4391
   York
   717-840-7408
   Lancaster
   717-394-6851

PENNSYLVANIA COMMONWEALTH WORKFORCE DEVELOPMENT SYSTEM
Employment transition counseling, job training and job search resources.
   Dauphin County:
   717-783-3270
   100 N. Cameron St., Suite 101, Harrisburg
   Cumberland County:
   717-243-4431
   1 Alexandra Court, Carlisle
   www.cwds.state.pa.us

PERRY COUNTY LITERACY COUNCIL
133 S. Fifth St., Newport
717-567-7323
866-781-7323
www.perryliteracy.com

PROBE
Potential Reentry Opportunities in Business and Education provides intensive career counseling, career readiness classes, new skills training, child care, and transportation resources. Counseling process is specifically designed for displaced homemakers and single parents to achieve economic independence for themselves and their families.
   Tri-county office
   (Dauphin, Cumberland and Perry counties):
   717-939-2260
   Lebanon office
   (also serves western Berks County):
   717-273-2090
   www.probepa.org

TRI-COUNTY COMMUNITY ACTION COMMISSION
The Family Self Sufficiency Program is designed to empower low-income families to move out of poverty through one-on-one meetings to develop goals, manage finances, and provide support and assistance for up to five years.
   717-232-9757
   1514 Derry Street, Harrisburg
   www.cactricounty.org

TRI-COUNTY OIC ADULT LEARNING CENTER
Provides education and training services to more than 1,200 students each year at 20 sites in Cumberland, Dauphin, Perry, and York counties
   717-238-7318
   500 Maclay St., Harrisburg
   www.tricountyoic.org

YORK COUNTY LITERACY COUNCIL
Literacy services for adults.
   717-845-8719
   800 East King Street, York
   www.yorkliteracy.org
YW-WORKS EMPLOYMENT PROGRAM
(YWCA of Greater Harrisburg)
Offers skills assessment, training and help with attaining employment
717-234-7931
1101 Market St., Harrisburg

EMERGENCY HELP
(See also CONSUMER PROTECTION, HEATING ASSISTANCE, MENTAL HEALTH AND SHELTERS)

AMERICAN RED CROSS OF THE SUSQUEHANNA VALLEY
866-311-3832
1804 N. Sixth St., Harrisburg
www.redcross.org/centralpa

CONTACT HELPLINE
Information and referral service.
800-932-4616
211 (information and referral)
www.contacthelpline.org

CRISIS INTERVENTION SERVICES
(Dauphin County)
Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.
Camp Hill area, 763-2222
Carlisle area, 717-243-6005
All other areas, 866-350-HELP

CRISIS INTERVENTION SERVICES
(CUMBERLAND/PERRY COUNTIES)
Immediate help dealing with a serious problem.
Camp Hill, 763-2222
Carlisle, 717-243-6005
All other areas, 866-350-HELP

HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED
Emergency services include food referrals, emergency shelter, rent assistance, home heating fuel, PPL assistance, travel and prescription assistance, and clothing referrals.
717-238-2851
413 S. 19th Street, Harrisburg
www.ccuhbg.org

JOIN HANDS MINISTRY
A contact and support center for persons living in Perry County who are seeking assistance with daily living concerns.
717-582-7844
PO Box 335
25 E. McClure St., Suite 6, New Bloomfield
www.joinhands.help

LIHEAP
Pennsylvania Low Income Home Energy Assistance Program Hotline.
Helps low-income families pay their heating bills.
866-857-7095

NEW DIGS MINISTRY
Helps people who are rebuilding their lives by providing furnishings and household goods.
Open 9 a.m. to 12 p.m., Monday, Wednesday, Friday, and 9 a.m. to 12 p.m. second Saturday of month.
717-620-9735
5 Pleasant View Drive, Mechanicsburg
www.newdigsministry.org

NEW HOPE MINISTRIES
Provides support for low-income families in the Dillsburg, Dover, Hanover, Mechanicsburg and the West Shore.
211 S. Baltimore St., Dillsburg
717-432-2087
www.nhm-pa.org
ETHNIC/RACIAL DISCRIMINATION OR INTIMIDATION

COMMUNITY JUSTICE PROJECT
Mission is to protect and expand the civil rights of poor families and low-wage workers.
800-322-7572
717-236-9486
118 Locust St., Harrisburg
www.communityjusticeproject.org

FAIR HOUSING COUNCIL OF THE CAPITAL REGION INC.
Seeks to eliminate discrimination in housing, whether in the rental or sale of property, by economic discrimination, or the practices of financial institutions.
717-238-9540
2100 N. Sixth St., Harrisburg
www.pafairhousing.org

PENNSYLVANIA HUMAN RELATIONS COMMISSION
Promotes equal opportunity for all and enforces Pennsylvania’s civil rights laws that protect people from unlawful discrimination.
Executive office
333 Market St., Eighth floor, Harrisburg
717-787-4410
TTY 717-787-7279
Harrisburg regional office
333 Market St., Eighth floor, Harrisburg
717-787-9780
TTY 717-787-7279
www.phrc.state.pa.us

SOUTHERN POVERTY LAW CENTER
The premier U.S. non-profit organization monitoring the activities of domestic hate groups and other extremists.
www.splcenter.org

VICKIE’S ANGEL FOUNDATION
Provides a financial bridge for families fighting cancer.
www.vickiesangelfoundation.org

PROSPERITY CENTERS
A program of the United Way of the Capital Region that helps individuals and families learn to budget, plan for unexpected circumstances and manage their money.
Locations:
New Hope Ministries
717-766-7333
5228 E. Trindle Road, Mechanicsburg
Northern Dauphin Human Services Center
717-905-2700
295 State Drive, Elizabethville
Perry County Family Center
717-582-3656
8391 Spring Road #3, New Bloomfield
Tri-County Community Action Center
717-232-9757
1514 Derry St., Harrisburg
West Shore Community Prosperity Center
First Christian Church
717-763-4537
442 Hummel Ave., Lemoyne

PENNSYLVANIA DEPARTMENT OF HUMAN SERVICES
www.dhs.pa.gov

PERRY HUMAN SERVICES
Provides housing assistance and emergency shelter services.
717-582-8703
Mulhollem Office Centre
8391 Spring Road, New Bloomfield
www.perryhumanservices.org

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295 State Drive, Elizabethville
Perry County Family Center
717-582-3656
8391 Spring Road #3, New Bloomfield
Tri-County Community Action Center
717-232-9757
1514 Derry St., Harrisburg
West Shore Community Prosperity Center
First Christian Church
717-763-4537
442 Hummel Ave., Lemoyne
FOOD ASSISTANCE
(See also SOUP KITCHENS)
Where information is not listed, call for days, times and place food is distributed.

For additional information, contact CENTRAL PA FOOD BANK at 717-564-1700 or find a location near you by zip at www.centralpafoodbank.org FIND FOOD tab.

ALLISON HILL COMMUNITY MINISTRY
FOOD PANTRY
717-233-6441
Thursdays, 11:30 a.m. to 1 p.m.
Derry Street United Methodist Church
1508 Derry St., Harrisburg.

ANTIOCH TABERNACLE FOOD PANTRY,
SOUP KITCHEN
717-233-8231
Serves residents in 17103 and 17104 Zip codes. Must have photo ID and current address for verification. Also offers a lunchtime meal program on Thursdays. Food pantry hours, Tuesday, 12 to 1 p.m. and Thursday, 11:30 a.m. to 1 p.m. Also offers a Fresh Express to people (not restrictive to 17103 and 17104 Zip codes) at 11 a.m. Tuesday. Must have photo ID.
1920 North Street, Harrisburg
www.antioch-tabernacle.org

BETHANY CHURCH OF THE NAZARENE
FOOD PANTRY
717-545-1632
Serves residents of 17112
1st & 3rd Saturdays, 10 a.m. – 12 p.m.
1605 Parkway West, Harrisburg

BIG SPRING AREA FOOD BANK
For Newville areas residents
Usually last Monday of month, except for months of May, November and December.
717-422-4603
Big Spring United Lutheran Church
101 Crossroad School Road, Newville

BREAD OF LIFE OUTREACH
717-567-3333
Newport Assembly of God Church
Emergency needs:
Monday, Wednesday, Friday, 9 a.m. to 12 p.m.
35 N. Front St., Newport
Food distribution:
Second Saturday of month at Family Life Center in Newport
Fourth Saturday of month at Newport Assembly of God, Thompsontown campus
www.breadoflifeoutreach.org

THE BRIDGE
EMERGENCY FOOD BANK
(New Hope Ministries)
717-766-7333
Food pantry is now being run as a mobile food pantry of New Hope Ministries. Distribution is second Wednesday of month from 2 to 4:30 p.m.
West Shore Senior Center, 122 Geary Ave., New Cumberland

CARING CUPBOARD
Palmyra Area Cooperating Churches
717-838-9493
3 to 6 p.m. Monday; 10 to 11:30 a.m. and 5:30 to 7 p.m. Wednesday; and 12 to 2 p.m., Friday
131 N. Railroad St., Palmyra
www.paccministry.org
CATHOLIC HARVEST FOOD PANTRY
Operates food pantry in York County. Hours are 6 to 7 p.m. Monday through Friday, 9 a.m. to 12 p.m. first and third Thursday of month, and 3:45 to 4:45 p.m. fourth Monday and fourth Friday of month.
717-846-8899
628 E. Market St., York
www.catholicharvest.org

CHRISTIAN LIFE ASSEMBLY FOOD BANK
Serves residents in the 17011 zip code.
717-737-6560
Operates 9 a.m. to 12 p.m. on second Tuesday of month.
2645 Lisburn Road, Camp Hill

THE CROSSPOINT FOOD PANTRY
717-545-1911 (church office)
Serves residents in the 17103, 17109 and 17111 zip codes
Open on the first and third Saturdays of the month from 11:30 a.m. to 1:30 p.m.
6570 Mifflin Ave., Harrisburg
www.xpointumc.org

THE CUPBOARD AT CALVARY
717-545-0021
Serves residents in the 17109, 17111 and 17112 zip codes.
4:30 to 6 p.m., second and fourth Thursdays of the month
Calvary United Methodist Church
4700 Locust Lane, Harrisburg.
www.calvaryunitedmethodist.org

ECUMENICAL FOOD PANTRY
717-233-6889
9:30 a.m. to 12 p.m. and 12:30 to 2 p.m. Monday through Friday, except Wednesday when morning closes at 11:30 a.m.
Messiah Lutheran Church
Sixth and Forster Streets, Harrisburg
www.ecumenicalfoodpantry.wordpress.com

ENOLA FOOD PANTRY
(New Hope Ministries)
Third Saturday of month from 10 a.m. to 12 p.m.
River of God Church
474 Wertzville Road, Enola

FEED MY SHEEP FOOD MINISTRY
717-877-0964
For Dauphin Borough and Middle Paxton Twp. residents only. Third Thursday of the month at 10 a.m. at Zion Evangelical Lutheran Church, Allegheny and Swatara streets, Dauphin.

GRANTVILLE AREA FOOD PANTRY
Serves residents of zip codes 17028, 17078, 17112
717-469-2444
Thursdays, 6 to 8 p.m., and Fridays, 10 a.m. to 12 p.m.
117 N. Faith Road, Grantville

GREATER ZION MISSIONARY BAPTIST CHURCH
717-541-0388
Third Monday of month, 5 to 7 p.m.
212 N. Progress Ave., Harrisburg
www.greaterzionbaptist.org

HARRISBURG BRETHREN IN CHRIST CHURCH
717-561-2170
Operates food pantry on second Thursday from 1 to 2 p.m. and fourth Thursday from 4 to 6 p.m.
2217 Derry St., Harrisburg
www.harrisburgbic.org
HARRISBURG FOOD MINISTRY
717-761-2933, x321
Distributes food from 10:45 a.m. to 12 p.m.
Wednesday at Bethel AME Church,
1721 N. Fifth St., Harrisburg, and
10:45 a.m. to 12 p.m. Friday at First Church
of the Brethren,
219 Hummel St., Harrisburg
www.harrsiburgfoodministry.org

HALIFAX UNITED METHODIST CHURCH
Serves residents in Halifax
and Millersburg area
717-896-8092
9 to 11 a.m. Mondays,
4 to 6 p.m. Tuesdays and Thursdays
9 to 11 a.m., 1st, 3rd and 5th Saturdays
105 Wind Hill Road, Halifax
www.halifaxumc.com

HERSHEY FOOD BANK
717-520-3143
Distribution to established clients on first
and third Thursdays of month,
9 to 11:30 a.m. and 5 to 7 p.m.; and third
Wednesday of month, 9 to 11:30 a.m.;
17033 Zip Code
120 E. Derry Road, Hershey
www.hersheyfoodbank.com

HUMMELSTOWN MINISTERIUM FOOD
PANTRY
717-566-2589
Serves residents of Hummelstown 17036
zip code; Wednesdays 9 a.m. -3:15 p.m.;
Thursdays 5 – 7:15 p.m.
Zion Lutheran Church; 100 West Main
Street, Hummelstown

INTERFAITH COUNCIL OF MIDDLETOWN
FOOD PANTRY
717-944-5668
Serves residents in 17057 Zip code.
Tuesdays and Fridays
10 a.m. to 12:30 p.m.
201 Wyoming St., Royalton

INTERNATIONAL SERVICE CENTER
717-236-1523
Tuesday, Wednesday and Thursday
10 a.m. to 3 p.m.
21 S. River St., Harrisburg
www.isc76.org

THE KING’S KETTLE FOOD PANTRY
717-530-9200
Open 1st, 2nd & 3rd Tuesdays of
month 5 to 6 p.m.
30 North Fayette Street, Shippensburg

KINGDOM EMBASSY FOOD PANTRY
717-236-8600
Serves residents of 17110 zip code
Every other Friday, 6-7 p.m.;
Call to confirm date
2111 N. 4th Street, Harrisburg

LEBANON COUNTY
CHRISTIAN MINISTRIES
Food Pantry services for
Lebanon County residents
717-272-4400
www.lccm.us

MACEDONIA MISSIONARY
BAPTIST CHURCH
717-232-8946
Operates food bank from
4:30 to 6 p.m. on Fridays.
2339 N. Sixth St., Harrisburg

MANKA FOOD PANTRY
(Penbrook United Church of Christ)
717-602-5835
Serves residents in 17103, 17104
and 17109 Zip codes.
Thursdays, 6 to 8 p.m., by appointment
56 Banks St., Penbrook
MILLERSBURG ASSEMBLY OF GOD CHURCH  
(Bread of Life Food Ministry)  
717-692-3904  
Second Saturday of month at 9:30 a.m.  
2261 Shippen Dam Road, Millersburg  
www.millersburgag.org

MOUNT HOLLY SPRINGS UNITED  
METHODIST CHURCH  
717-486-4883  
Offers food bank serving residents in  
Mount Holly Springs, Gardners and  
Boiling Springs.  
202 W. Butler St., Mount Holly Springs

NEW HOPE MINISTRIES  
(Crisis Assistance Programs)  
717-432-2087  
Mobile food pantries in East Berlin, Enola,  
Lemoyne, Littlestown, New Cumberland  
and Wellsville  
www.nhm-pa.org

NORTHERN DAUPHIN FOOD PANTRY  
Serves zip codes 17005, 17023, 17030,  
17048, 17080, 17097, 17098 and 17980  
Choice Pantry hours by appointment  
Monday through Friday.  
295 State Road, Elizabethville, PA  
717-905-2512

OUR LADY OF THE BLESSED  
SACRAMENT FOOD PANTRY  
717-233-1014  
Open every Tuesday from 10 a.m. to 1 p.m.  
Clients are limited to one visit a month.  
2121 N. Third St.  
www.olbsharrisburg.org

PERRY COUNTY FOOD BANK  
For eligible Perry County residents  
8:45 to 11:45 a.m. and 1 to 3 p.m.,  
Monday and Wednesday;  
8:45 to 11:45 a.m. Friday.  
Also, 4:30 to 6:30 p.m. on Monday  
following third Saturday of month  
717-582-9978  
300A S. Carlisle St., New Bloomfield  
www.perrycountyfoodbank.org

PRINCE OF PEACE / MARY’S HELPERS  
FOOD PANTRY  
717-985-1332  
Serves residents of Steelton and Highspire  
Tuesdays, 10 a.m. – 12 p.m.; 5-7 p.m.  
(call to confirm dates/times!)  
815 S. Second Rear, Steelton  
www.hbgdiocese.org/parishes/ 
prince-of-peace-steelton

PROJECT SHARE FOOD BANK  
717-249-7773  
Distributes food to residents in the Carlisle/  
Boiling Springs area during the week that  
contains the third Thursday of the month.  
Distribution during this week: 12 to 2 p.m.  
Tuesday; 9 to 11 a.m. Wednesday;  
3:30 to 5:30 p.m. Thursday;  
and 9 to 11 a.m. Saturday.  
5 N. Orange St., Suite 4, Carlisle  
www.projectshare.net

SALVATION ARMY FOOD PANTRY  
Choice Pantry Services  
by appointment Mon-Fri  
Serving 17101, 17102,  
1122 Green St., Harrisburg  
717-233-6755  
pa.salvationarmy.org/harrisburg-pa/ 
emergency_food_assistance
ST. FRANCIS OF ASSISI FOOD BANK
717-232-1003
Serves residents in the 17103 and 17104 Zip codes in Allison Hill area. Must show proof of residency.
Saturdays from 9:30 to 10:30 a.m.
1459 Zarker St., Harrisburg

UPPER DAUPHIN HUMAN SERVICES CENTER
Operates food bank from 9 to 11 a.m. and 1:30 to 3:30 p.m. Monday through Friday. Individuals and families needing food are served one time per month.
717-453-9352
517 Main St., Lykens
www.orgsites.com/pa/udhumanservices

WEST SHORE CENTER FOOD PANTRY
(New Hope Ministries)
717-774-6255
Serves residents in Lemoyne, New Cumberland, Camp Hill, Wormleysburg, Enola and Marysville.
Monday through Friday, 9:30 a.m. to 3:30 p.m.
First and third Saturday of month, 10 a.m. to 12 p.m.
701 Bosler Ave., Lemoyne
www.nhm-pa.org

GAMBLING
GAMBLERS ANONYMOUS
855-222-5542 (Delaware Valley)
www.gamblersanonymous.org

NATIONAL COUNCIL ON PROBLEM GAMBLING
1-800-522-4700
www.ncpgambling.org

PENNSYLVANIA PROBLEM GAMBLING HOTLINE
877-565-2112
www.paproblemgambling.com

GAY/LESBIAN AND RELATED ORGANIZATIONS
ALDER HEALTH SERVICES
Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.
717-233-7190
100 N. Cameron St., Harrisburg
www.alderhealth.org

CENTRAL PENNSYLVANIA GAY AND LESBIAN CHAMBER OF COMMERCE
Committed to expanding the economic interest of LGBT-owned and allied businesses through advocacy, education and partnerships with the local business community.
Box 135, Harrisburg, 17108
www.cpglcc.org

EQUALITY PENNSYLVANIA
State’s leading organization advancing equality and opportunity for lesbian, gay, bisexual and transgender people.
717-319-5210
202 State St., Harrisburg
www.equalitypa.org

THE FOUNDATION FOR HOPE
A community outreach organization providing direct support and service to those affected by bullying, depression, or suicide.
24-hour hotline
1-855-HOPE-611
www.hope611.org

GLBT NATIONAL HOTLINE
Serves callers of all ages
888-843-4564
LGBT CENTER OF CENTRAL PENNSYLVANIA
A volunteer-led effort to create a regionally representative community center that is both a location and a unifying point for central Pennsylvania’s diverse and multi-county LGBT population.
717-920-9534
1306 N. Third St., Harrisburg
www.centralpalgbtcenter.org

PENNSYLVANIA YOUTH CONGRESS
Pennsylvania’s first and only statewide LGBTQ youth advocacy organization.
717-743-1035
413 Walnut St., Harrisburg (field office)
www.payouthcongress.org

PRIDE FESTIVAL OF CENTRAL PA
717-801-1830
PO Box 4213, Harrisburg 17111
www.centralpapridefestival.com

TRANSCENTRALPA
Committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies.
www.transcentralpa.org

THE TREVOR PROJECT
Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.
866-488-7386
www.thetrevorproject.org

HEATING ASSISTANCE
(See also CONSUMER PROTECTION & EMERGENCY HELP)

COMPASS
An online application for Pennsylvanians to apply for many health and human service programs.
www.compass.state.pa.us

CUMBERLAND COUNTY ASSISTANCE OFFICE
800-269-0173
717-240-2700
33 Westminster Drive, Carlisle

DAUPHIN COUNTY ASSISTANCE OFFICE
800-788-5616
717-787-2324
2432 N. Seventh St., Harrisburg

HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED
Administers PPL’s regional energy assistance program.
717-238-2851
413 S. 19th Street, Harrisburg
www.ccuhbg.org

JOIN HANDS MINISTRY
A contact and support center for persons living in Perry County who are seeking assistance with daily living concerns.
717-582-7844
PO Box 335
25 E. McClure St., Suite 6, New Bloomfield
www.joinhands.help

LEBANON COUNTY CHRISTIAN MINISTRIES
Provides assistance with heating energy, whether it be heating oil or another heating source such as coal, wood or natural gas.
717-272-4400
www.lccm.us
LIHEAP  
Pennsylvania Low Income Home Energy Assistance Program offers financial help to households suffering from heating crises.  
Hotline:  
866-857-7095  

NEW HOPE MINISTRIES  
Provides utility assistance for people in Dillsburg, Dover, Hanover and Mechanicsburg/West Shore areas.  
211 S. Baltimore St, Dillsburg  
717-432-2087  
www.nhm-pa.org  

PENNSYLVANIA PUBLIC UTILITY COMMISSION (PUC)  
Balances the needs of consumers and utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest; educates consumers to make independent and informed utility choices; furthers economic development; and fosters new technologies and competitive markets in an environmentally sound manner.  
800-692-7380  
400 North St., Keystone Building, Harrisburg  
www.puc.state.pa.us  

TRI-COUNTY COMMUNITY ACTION COMMISSION  
Offers income-qualified PPL customers an opportunity to establish payment plans on arrears while continuing service. Clients manage utility billing while learning the fundamentals of budgeting, energy and electricity usage in their homes.  
717-237-9757  
1514 Derry Street, Harrisburg  
www.cactricounty.org  

UGI  
Customer Assistance and Referral Evaluation Services (C.A.R.E.S.) can provide referrals to other helpful programs in your community. These programs can include the Low Income Home Energy Assistance Program (LIHEAP), budget counseling, State Weatherization or Office of Aging programs.  
800-844-9276  
www.ugi.com  

UPPER DAUPHIN HUMAN SERVICES CENTER  
717-453-9352  
517 Main St., Lykens  
www.orgsites.com/pa/udhumanservices  

HISPANIC COMMUNITY  

CENTRO HISPANO JOSE E. HERNANDEZ  
Assists Hispanic community in York.  
717-846-9434  
225 E. Princess St., York  

HISPANIC CHAMBER OF COMMERCE OF CENTRAL PENNSYLVANIA  
Assists, supports, promotes, and advocates on behalf of Hispanic businesses in the Central Pennsylvania area (Dauphin, Cumberland, Lancaster, York, and Perry Counties).  
717-234-2222  
112 Market St., #415, Harrisburg  
www.hispanicchambercentralpa.com  

HISPANIC OUTREACH PROGRAM  
(Salvation Army)  
717-273-2655  
1031 Guilford St., Lebanon
LATINO HISPANIC AMERICAN COMMUNITY CENTER  
Mission is to empower, promote, and advocate for the Latino Hispanic American community of the greater Harrisburg area.  
717-232-8302  
1301/1319 Derry St., Harrisburg  
www.lhacc.org

SPANISH AMERICAN CIVIC ASSOCIATION  
Mission is to foster and perpetuate the cultural, social and economic well–being of Latinos residing in the City and County of Lancaster.  
717-397-6267  
545 Pershing Ave., Lancaster  
www.sacapa.org

HOUSING  
(See also SHELTERS)

BELL FAMILY SHELTER  
(Bell Socialization Services)  
If your family or a York County family you know is homeless or facing homelessness, the shelter services team at Bell Family Shelter can help determine options and resources.  
717-845-9536  
www.bellsocialization.com

BETHTESDA MISSION  
Operates a shelter in Harrisburg for homeless men.  
717-257-4440  
611 Reily St., Harrisburg  
www.bethesdamission.org

BRETHREN HOUSING ASSOCIATION  
Helps homeless and low-income individuals and families achieve their potential.  
717-233-6016  
219 Hummel St., Harrisburg  
www.bha-pa.org

BRIDGE OF HOPE HARRISBURG AREA  
Mission is to end and prevent homelessness for single mothers and their children.  
PO Box 15212, Harrisburg 17105  
www.harrisburg.bridgeofhopeinc.org

CAPITAL AREA COALITION ON HOMELESSNESS  
Comprises more than 70 organizations, agencies, churches and other non-profits, to mobilize resources to help families and friends who are homeless, or are dangerously close to becoming homeless.  
717-255-6587  
10 N. Second St., Suite 405, Harrisburg  
www.cachpa.org

COMMUNITY JUSTICE PROJECT  
Mission is to protect and expand the civil rights of poor families and low-wage workers.  
800-322-7572  
717-236-9486  
118 Locust St., Harrisburg  
www.communityjusticeproject.org

CUMBERLAND COUNTY HOUSING AND REDEVELOPMENT AUTHORITIES  
717-249-1315  
866-683-5907  
114 N. Hanover Street, Carlisle  
www.cchra.com

DELTA COMMUNITY  
(Gaudenzia Inc.)  
Provides transitional housing for single-parent, homeless families.  
717-232-2970  
1910 N. Second St., Harrisburg
FAIR HOUSING COUNCIL OF THE CAPITAL REGION INC.  
Provides comprehensive services that address and promote fair housing (anti-discrimination) rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, familial status, presence of children, disability, ancestry, marital status or other arbitrary factors.  
717-238-9540  
2100 N. Sixth St., Harrisburg  
www.pafairhousing.org

FAMILY PROMISE OF HARRISBURG CAPITAL REGION  
Serves families who recently lost their homes.  
717-737-1100  
PO Box 292, Lemoyne  
www.familypromisehcr.org

HABITAT FOR HUMANITY OF THE GREATER HARRISBURG AREA  
An ecumenical housing ministry with the goal of eliminating poverty housing.  
717-545-7299  
900 S. Arlington Ave., Harrisburg  
www.harrisburghabitat.org

HARRISBURG CENTER FOR PEACE AND JUSTICE  
(Pennsylvania Coalition to End Homelessness)  
717-233-3072  
315 Peffer Street, Harrisburg

HARRISBURG HOUSING AUTHORITY  
717-232-6781  
351 Chestnut St., Harrisburg  
www.harrisburghousing.org

HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED  
Rental assistance program.  
717-238-2851  
413 S. 19th Street, Harrisburg  
www.ccuhbg.org

HOUSING ALLIANCE OF PENNSYLVANIA  
Promotes common-sense solutions to balance Pennsylvania’s housing market and increase the supply of safe, decent homes for low-income people.  
Harrisburg office  
717-909-2006  
610 N. Third St., Harrisburg  
www.housingalliancepa.org

HOUSING AUTHORITY OF THE COUNTY OF DAUPHIN  
717-939-9301  
501 Mohn St., Steelton  
www.dauphinhousing.org

JUBILEE MINISTRIES  
Operates a homeless resource center.  
717-274-7528  
235 S. 12th St., Lebanon  
www.jub.org

LIFEPATH CHRISTIAN MINISTRIES  
717-845-7662  
363-373 West Market Street, York  
www.lifepathyork.org

LIGHTHOUSE OUTREACH CENTER  
An interdenominational ministry that outreaches to both churched and unchurched women in need of transitional housing.  
717-236-0735  
1839 Market St., Harrisburg  
www.lighthouseoutreachhbg.org
LOURDESHOUSE MATERNITY SERVICES
Temporary home for pregnant young women who have nowhere else to turn.
717-412-4865
120 Willow Road, Suite A., Harrisburg
www.cchbg.org

PAXTON MINISTRIES
A Christ-centered, nonprofit organization providing affordable housing and support services to adults in need, many of whom are challenged with poverty, mental illness, or intellectual disabilities.
717-236-5508
2001 Paxton St., Harrisburg
www.paxtonmin.org

PENNSYLVANIA HOUSING FINANCE AGENCY
Works to provide affordable homeownership and rental apartment options for senior adults, low- and moderate-income families, and people with special housing needs.
717-780-3800
211 N. Front St., Harrisburg
www.phfa.org

PROMISE PLACE
(The Program It’s About Change)
A 24-hour, seven-day-a-week transitional living facility for women released after prison.
717-985-6440
381 S. Second St., Steelton
www.theprogramhbg.org

SHALOM HOUSE
Provides temporary shelter for women and children who have nowhere else to go.
717-232-3482
www.shalomhouse.net

TRI-COUNTY COMMUNITY ACTION COMMISSION
Offers classes on renting, home purchasing, credit and credit repair, and one-on-one counseling for mortgage and foreclosure assistance.
717-232-9757
1514 Derry Street, Harrisburg
www.cactricounty.org

UNITED METHODIST HOME FOR CHILDREN INC.
A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.
717-766-7652
5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.org

WILLOW WAY AND CRESCENT WAY
(Catholic Charities)
Transitional housing for women in recovery.
717-412-4594 (Willow Way)
120 Willow Road, Suite D, Harrisburg
717-547-6730 (Crescent Way)
1509 Crescent Ave., Lancaster
www.cchbg.org

IMMIGRATION

CATHOLIC CHARITIES, IMMIGRATION & REFUGEE SERVICES
717-232-0568
939 East Park Drive, Suite 102, Harrisburg
www.cchbg.org

CHURCH WORLD SERVICE IMMIGRATION & REFUGEE PROGRAM
Serves the refugee and immigrant communities of central Pennsylvania
717-381-2890
308 E. King St., Lancaster
www.cwslancaster.org
INTERNATIONAL SERVICE CENTER
Immigration services.
717-236-9401
21 S. River St., Harrisburg
www.isc76.org

PENNSYLVANIA IMMIGRANT & REFUGEE WOMEN’S NETWORK
Created to honor and enhance the lives of refugee and immigrant women in Pennsylvania.
PO Box 238, Enola
www.pairwn.org

PENNSYLVANIA IMMIGRATION RESOURCE CENTER
Provides free, effective legal representation, legal services, education and advocacy to help immigrants obtain or protect their legal status.
717-600-8099
112 Pleasant Acres Road, Suite I, PO Box 20339, York.
www.pirclaw.org

PENNSYLVANIA REFUGEE RESETTLEMENT PROGRAM
Provides a continuum of employment, educational, case management, health and financial support services to newly arrived refugees in the Commonwealth.
www.refugeesinpa.org

LEGAL AID
AMERICAN CIVIL LIBERTIES UNION
South Central PA Chapter
717-238-2258
PO Box 11761, Harrisburg, 17108
www.aclupa.org

MIDPENN LEGAL SERVICES
Offers assistance in filing a protection from abuse (PFA) petition.
Harrisburg office:
213-A N. Front St., Harrisburg
717-232-0581
800-932-0356
Carlisle office:
401 E. Louther St., Suite 103, Carlisle
717-243-9400
800-822-5288
Lancaster office:
38 N. Christian St., Suite 200, Lancaster
800-732-0025
717-299-0971
Lebanon office:
513 Chestnut St., Lebanon
717-274-2834
800-326-9177
York office:
29 N. Queen St., York
717-848-3605
www.midpenn.org

PBA LAWYER REFERRAL SERVICE
800-692-7375
717-238-6807
Cumberland County
717-249-3166
Dauphin County
232-7536
Lancaster County
717-393-0737
Lebanon County
717-273-3133
York County
717-854-8755
www.pabar.org
MEDICAL
(See also AIDS, BREAST CANCER, EATING DISORDERS, MENTAL HEALTH, POISON)

ADVANCEMENT IN RECOVERY PROGRAM
(Pennsylvania Psychiatric Institute)
Offers private and professional treatment for individuals struggling with opioid use disorder. Clinic hours are Monday, 1 to 5 p.m.; Thursday, 8 a.m. to 5 p.m.; and Friday, 8 a.m. to 4:30 p.m.
717-480-8083
2626 N. Third St., Harrisburg

AMERICAN CANCER SOCIETY HOPE LODGE
OF CENTRAL PENNSYLVANIA
Offers lodging at no cost for cancer patients being treated in the Central Pennsylvania area.
717-533-5111
123 Lucy Ave., Hershey
www.cancer.org/hopelodgehershey

BEACON CLINIC
A free, faith-based healthcare clinic providing preventive care and counseling to underserved and uninsured adults in Harrisburg community.
Tuesdays, 3 to 7 p.m.; Thursdays, 10 a.m. to 2 p.m. and 3 to 7 p.m.
717-775-1111
248 Seneca St., rear, Harrisburg
www.beaconclinicpa.org

CENTERS FOR DISEASE CONTROL AND PREVENTION
800-232-4636
www.cdc.gov

CHILDREN’S HEALTH INSURANCE PROGRAM (CHIP)
Puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.
800-986-5437
www.chipcoverspapids.com

COMMUNITY CHECK UP-CENTER
Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.
Pediatrics, 8:30 a.m. to 4:30 p.m. Monday through Friday
Women, 9 a.m. to 4:30 pm.
Tuesdays and Fridays
717-233-1700
38C Hall Manor
www.communitycheckupcenter.org

COMPASS
An online application for Pennsylvanians to apply for many health and human service programs.
www.compass.state.pa.us
FAMILY FIRST HEALTH
Provides medical and dental services and offers reduced fee program.
Offices:
116 South George St, York: 717-845-8617;
Hannah Penn Center: 415 E. Boundary Ave., York 717-843-5174;
Lewisberry Center 308 Market St., Lewisberry 717-938-6695;
Hanover Center 1230 High St., Hanover 717-632-9052;
Gettysburg Center 1275 York Road, Suite 17, Gettysburg 717-337-9400
Columbia Center 369 Locust St., Columbia 717-342-2577
www.myfamilyfirsthealth.org

GEISINGER HOLY SPIRIT MISSION OF MEDICAL OUTREACH
Nurse-run clinic based at Christ Lutheran Church, 124 S. 13th St., Harrisburg. Hours are 10 a.m. to 2:30 p.m. Monday through Friday. 717-236-8382.

HAMILTON HEALTH CENTER 717-232-9971
Offers medical and dental care at 110 S. 17th St., Harrisburg.
7 a.m. to 7 p.m., Mondays and Wednesdays
7 a.m. to 8 p.m., Tuesdays and Thursdays
8 a.m. to 5 p.m., Fridays
8 a.m. to 12 p.m. every other Saturday.
www.hamiltonhealthcenter.com

HEALTHCARE MARKETPLACES
As part of Affordable Care Act, people can apply for coverage and compare available plans.
www.healthcare.gov

HOPE WITHIN MINISTRIES COMMUNITY HEALTH CENTER
A community health center that provides free primary health care services to the medically uninsured, financially needy residents of Lancaster and Dauphin counties.
717-367-9797
4748 E. Harrisburg Pike, Elizabethtown
www.hopewithin.org

HOSPICE OF CENTRAL PENNSYLVANIA
Provides support for individuals and families who are coping with any type of life-limiting illness.
717-732-1000
866-779-7374
1320 Linglestown Road, Harrisburg (main office)
www.hospiceofcentralpa.org

LEBANON FREE CLINIC (Lebanon Rescue Mission) 717-273-2715
135 S. Ninth St., Lebanon
www.lebanonrescuemission.org

LION CARE (Penn State College of Medicine) Offers free health services to adults in the central Pennsylvania area. Clinics are on Thursday evenings. Call for schedule 717-257-4440, x312
611 Reily St., Harrisburg
www.lioncare.org

MEDICAID Provides health coverage to low-income people and is one of the largest payers for health care in the United States.
www.medicaid.gov
MISSION OF MERCY
Medical services available twice monthly on Thursdays. Harrisburg clinic at Harrisburg Brethren in Christ Church, 2217 Derry St., Harrisburg. 717-315-9813 www.amissionofmercy.org

PACE AND PACENET
State prescription assistance program for older adults. 800-225-7223

PENNSYLVANIA DEPARTMENT OF HEALTH
877-724-3258 www.health.pa.gov

PENNSYLVANIA HEALTH LAW PROJECT
Consultant on access to health care for low income consumers, elderly and persons with disabilities. 800-274-3258 www.phlp.org

PINNACLEHEALTH CHILDREN AND TEEN CENTER
Children from birth to 18 can receive comprehensive healthcare, regardless of families’ ability to pay. 8 a.m. to 4:30 p.m. Monday through Friday. 717-782-4650 2645 N. Third St., Second floor, Harrisburg

PLANNED PARENTHOOD
Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide. Harrisburg Medical Center 1514 North 2nd Street, Harrisburg 717-234-2468. Lancaster Medical Center 31 S. Lime St., Lancaster 717-299-2891 York Center 728 Beaver St., York 717-845-9681. www.plannedparenthood.org

PRESCRIPTION ASSISTANCE
www.padrugcard.com

RONALD MCDONALD HOUSE
Keeps children and families together by providing temporary housing, at no charge, to out-of-town families of seriously ill children who are being treated at Penn State Hershey Children’s Hospital. 717-533-4001 745 W. Governor Road, Hershey www.rmhc-centralpa.org

SADLER HEALTH CENTER CORP.
Provides services to uninsured and underinsured. 717-218-6670 8 a.m. to 5 p.m. Monday, Tuesday, Friday 9 a.m. to 5 p.m., Wednesday 8 a.m. to 7:30 p.m. Thursday 100 N. Hanover St., Carlisle; Also, 8 a.m. to 4:30 p.m. Monday through Friday 1104 Montour Road, Loysville 717-960-4380 866-723-5377 www.sadlerhealth.org

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
HEALTH RESOURCES AND SERVICE ADMINISTRATION.
Helps people find a nearby federally funded health center providing medical and dental care on a sliding pay scale. www.hrsa.gov

MENTAL HEALTH
(See also EMERGENCY HELP)

SUICIDE PREVENTION HOTLINE
800-273-8255 www.suicidepreventionlifeline.org
THE ADVOCACY ALLIANCE
Mission is to promote mental well-being and support recovery for adults who have a mental illness; resiliency for children with emotional/behavioral disorders.
717-835-2275
1512 E. Caracas Ave., Hershey
www.theadvocacyalliance.org

BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR
An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.
800-662-4357
www.findtreatment.samhsa.gov

BELL SOCIALIZATION SERVICES
Provides housing support and basic living skills to those living with mental illness, intellectual disabilities and homelessness.
717-848-5767
160 S. George Street, York
www.bellsocialization.com

CASE MANAGEMENT UNIT OF DAUPHIN COUNTY
Mission is to plan with and support adults and children with mental disabilities, and their families when appropriate, to live full and inclusive lives within their communities.
717-232-8761
1100 S. Cameron St., Harrisburg
717-362-1212
295 State Drive, Elizabethville
717-644-9600
1349 Cumberland St., Lebanon
www.cmu.cc

CONTACT HELPLINE
Information and referral service.
800-932-4616
211 (information and referral)
www.contacthelpline.org

CRISIS INTERVENTION SERVICES
(Dauphin County)
24-hour emergency mental health services.
888-596-4447
717-232-7511
100 Chestnut St., Harrisburg

CRISIS INTERVENTION SERVICES
(Cumberland/Perry counties)
Immediate help dealing with a serious problem.
Camp Hill, 763-2222
Carlisle: 717-243-6005
All other areas, 866-350-HELP

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE
Provides hope, help, support, and education to improve the lives of people who have mood disorders.
800-826-3632
www.dbsalliance.org

DIAGON FAMILY LIFE SERVICES
Provides compassionate counseling, family-based mental-health services, and related programming including a service specifically designed to assist children and youths who have problematic sexual behaviors.
866-700-6868
717-795-0330
960 Century Drive, Mechanicsburg
www.diakon.org

FAMILY BASED MENTAL HEALTH SERVICES
(Catholic Charities)
Designed to prevent hospitalization or out-of-home placement of children and adolescents with mental illness or emotional problems.
717-259-9537
6156 W. Canal Road, Abbottstown
www.cchbg.org
FRANKLIN FAMILY SERVICES
Provides variety of services to children, adults and families.
717-243-6500
816 Belvedere St., Carlisle
www.ffspa.com

GEISINGER HOLY SPIRIT HOSPITAL
Crisis Intervention
717-763-2222
866-350-4357
Teenline
24 hours, 7 days a week.
717-763-2345
800-722-5385

KEYSTONE HUMAN SERVICES
Mental Health Services
717-482-8500
8182 Adams Drive, Hummelstown
www.keystonehumanservices.org

MENTAL WELLNESS AWARENESS ASSOCIATION
Focuses on education for prevention, early intervention, scientific research and cures of mental health problems.
717-957-3432
www.mentalwellnessawareness.org

MYNDWORKS
(Jewish Family Service of Greater Harrisburg)
Offers innovative and effective programs to support social and emotional growth for children ages 4-19. Also offers Healing Hearts, a publicly funded program to assist parents and children when trauma or attachment issues are interfering with family functioning. This specialized approach may be particularly beneficial to foster or adopted children.
717-233-1681
3333 N. Front St., Harrisburg

NATIONAL ALLIANCE ON MENTAL ILLNESS
Dauphin County
717-233-1164
2501 N. Third St., Harrisburg
www.nami-dauphincounty.org
Cumberland County
717-240-8715
PO Box 527, Carlisle
www.namipacp.org

NATIONAL INSTITUTE OF MENTAL HEALTH
Mission is to transform the understanding and treatment of mental illnesses through research.
www.nimh.nih.gov

NHS
Provides care and services to people with special needs.
888-647-0020
www.nhsonline.org

PEACE OF MIND PROJECT
Dedicated to raising awareness for those with mental health illness and helping them live healthier lives.
866-30-PEACE
www.peaceofmindproject.com

PENN STATE HEALTH MEDICAL GROUP-PSYCHIATRY
Adult/child outpatient and adult partial hospital programs
717-531-8338
22 Northeast Drive, Entrance B, Hershey

PENNSYLVANIA CLUBHOUSE COALITION
Committed to improving the quality of life and community integration of people experiencing mental health recovery.
www.paclubhouse.org
PENNSYLVANIA MENTAL HEALTH CONSUMERS ASSOCIATION  
Provides information, referrals and support to people who are receiving services or in recovery from a mental illness in Pennsylvania.  
717-564-4930  
4105 Derry St., Harrisburg  
www.pmhca.org

PENNSYLVANIA PSYCHIATRIC INSTITUTE (PPI)  
Provides behavioral health services to the residents of Central Pennsylvania and surrounding region.  
717-782-6420  
2501 North Third Street, Harrisburg  
www.ppimhs.org

PHILHAVEN  
Promotes hope, healing and wholeness through the provision of behavioral healthcare resources.  
717-273-8871  
800-932-0359  
283 S. Butler Road  
PO Box 550  
Mt. Gretna  
www.philhaven.org

PRESSLEY RIDGE  
Programming helps to rebuild communities and families who are facing difficult challenges and complex situations.  
888-777-0820  
www.pressleyridge.org

SUSQUEHANNA HARBOR SAFE HAVEN  
(Christian Churches United)  
Provides shelter for single men with two or more bouts of homelessness and who have a diagnosed mental illness  
717-232-5029  
1805 N. 12th St., Harrisburg  
www.ccuhbhg.org

MENTORS  
(See also VOLUNTEER)

AMERICA’S PROMISE ALLIANCE  
Devoted to improving the lives of young people.  
202-657-0600  
www.americaspromise.org

AMIRACLE4SURE  
To improve the quality of life for individuals and their families whose lives have been impacted by negative life experiences; and to provide education, mentoring and advocacy for individuals and their children as they transform their lives after incarceration.  
717-238-0100  
1735 State St., Harrisburg  
www.amiracle4sure.com

BETHESDA MISSION YOUTH CENTER  
717-257-5484  
1438 Herr St., Harrisburg  
www.bethesdamission.org

BIG BROTHERS/BIG SISTERS OF THE CAPITAL REGION  
717-236-0199  
1500 N. Second St., Suite H, Harrisburg  
www.capbigs.org

BOYS AND GIRLS CLUB OF HARRISBURG  
Offers a drug-free, alcohol-free atmosphere with caring professionals.  
717-234-3268  
1227 Berryhill Street, Harrisburg  
1700 Hanover St., Harrisburg  
1313 Monroe St., Harrisburg  
www.bgchbg.org

BOY SCOUTS OF AMERICA  
Mechanicsburg service center  
717-766-1591  
One Baden Powell Lane, Mechanicsburg  
www.newbirthoffreedom.org
BRIDGE OF HOPE HARRISBURG AREA
Vision is to end and prevent homelessness for women and children across the United States by calling churches into action.
717-635-5957
PO Box 15212, Harrisburg
www.bridgeofhopeinc.org

CAPITAL REGION EX-OFFENDERS SUPPORT COALITION
To coordinate services that assist ex-offenders with successful re-entry that promotes public safety.
www.reentrynow.org

CENTER FOR CHAMPIONS
Mission is to share the love of Jesus through life-on-life mentoring relationships.
717-232-9675
251 Verbeke St., Harrisburg
www.centerforchampions.org

CHRISTIAN RECOVERY AFTERCARE MINISTRY
Primary focus is crime prevention, reducing recidivism and promoting a safer community.
717-234-3664
509 Division St., Harrisburg
www.craminc.org

DRESS FOR SUCCESS
Empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.
717-232-1333
29 S. 10th St., Harrisburg
www.southcentralpa.dressforsuccess.org

FRIENDS OVER FENCES
Helps inmates and ex-offenders to be successful members of society by mentoring, training and helping them find suitable housing and employment.
www.friendsoverfences.org

GIRL SCOUTS IN THE HEART OF PA
800-692-7816
717-233-1656
350 Hale Ave., Harrisburg
www.gshpa.org

JOSHUA GROUP
An at-risk youth mentoring organization located and working with youth living primarily in the Allison Hill neighborhood of Harrisburg.
717-236-4464
1442 Market St., Harrisburg
www.joshuagroup.org

THE JT DORSEY FOUNDATION
Uses the medium of soccer to develop strong moral character, inspire academic excellence and promote community involvement for participants. Serves inner city youth ages five to 19 in the Harrisburg and Lebanon areas.
717-329-8937
1014 Cherrington Drive, Harrisburg
www.jtdorsey.org

JUMP STREET
Uses the arts to develop educational and economic opportunities for all ages.
717-238-1887
21 S. Third St., Harrisburg
www.jumpstreet.org

NATIONAL MENTORING PARTNERSHIP
www.mentoring.org
NEW HOPE MINISTRIES
Reaches out to “at risk” children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.
211 S. Baltimore St., Dillsburg
717-432-2087
www.nhm-pa.org

THE PROGRAM “IT’S ABOUT CHANGE”
Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.
717-238-9950
1515 Derry St., Harrisburg
www.theprogramhbg.org

TRI-COUNTY COMMUNITY ACTION COMMISSION
At-risk youth, ages 10 to 14, are matched with mentors ages 45+ to participate in life skills classes, community service and fun activities.
1514 Derry St., Harrisburg
717-232-9757
www.cactricounty.org

TRIPS FOR KIDS OF HARRISBURG
Provides bike trips to Harrisburg Area youth ages 10-18.
www.tfkofharrisburg.org

SALVATION ARMY
Offers youth programs that place special emphasis on activities that encourage character and life skills development.
717-233-6755
1122 Green St., Harrisburg
www.salvationarmyharrisburg.org

PARENTING
(Also see CHILDREN)

ASERT AUTISM RESOURCE CENTER
Pennsylvania’s leading source of autism-related resources and information.
877-231-4244
www.paautism.org

AUTISM SOCIETY, GREATER HARRISBURG AREA CHAPTER
Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.
800-244-2425
717-732-8408
PO Box 101, Enola.
www.autismharrisburg.org

CARLISLE AREA FAMILY LIFE CENTER
A crisis pregnancy resource and support service.
717-243-1918
800-848-5683
155 N. Hanover St. Carlisle
www.carlislefamilylife.com

ESCAPE FAMILY RESOURCE CENTER
ESCAPE’s mission is to prevent child abuse and neglect before a child is hurt by providing intervention, education, and support programs to families in crisis.
www.learntoparent.org

FAMILY SUPPORT OF PRESSLEY RIDGE
Works to prevent child abuse and builds family strength through support and educational programs for parents and grandparents.
888-777-0820
www.familysupportcentralpa.org
GREATER HARRISBURG HEALTHY START
A program of Hamilton Health Center that provides free case management services to pregnant families and those with children ages 0-24 months who reside in Harrisburg, Steelton, Highspire, and Middletown.
717-909-1278
www.harrisburghealthystart.com

NATIONAL FATHERHOOD INITIATIVE
Vision is for every child to grow up with an involved, responsible and committed father.
301-948-0599
www.fatherhood.org

PARENTS HELPING PARENTS
A support helpline.
800-632-8188
www.parentshelpingparents.org

TRI-COUNTY COMMUNITY ACTION COMMISSION
Offers Parents as Teachers curriculum with a focus on parenting skills, household management and meeting developmental milestones for children. Additionally, offers one-on-one in-home education for parents of children 0-5 years of age.
1514 Derry St., Harrisburg
717-232-9757
www.cactricounty.org

WIC
A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods to more than 247,000 participants every month in Pennsylvania.
800-WIC-WINS (942-9467)
www.pawic.com
Services available at Hamilton Health Center
717-230-3909

POISON
AMERICAN ASSOCIATION OF POISON CONTROL CENTERS
800-222-1222

CHILDHOOD LEAD POISONING PREVENTION PROGRAM
Pennsylvania Department of Health
800-440-5323

PREGNANCY SERVICES
(Also see WOMEN)

BETHANY CHRISTIAN SERVICES
(Harrisburg location)
2101 N. Front St., Harrisburg
717-238-3549
www.bethany.org

CARLISLE AREA FAMILY LIFE CENTER
A crisis pregnancy resource and support service.
717-243-1918
800-848-5683
155 N. Hanover St. Carlisle
www.carlislefamilylife.org

DIAKON PREGNANCY SERVICES
Offers free counseling to expectant mothers, with staff available to meet in total confidence at a location of your choice.
888-582-2230
www.diakon.org
GREATER HARRISBURG HEALTHY START
A program of Hamilton Health Center that provides free case management services to pregnant families and those with children ages 0-24 months who reside in Harrisburg, Steelton, Highspire and Middletown.
717-909-1278
www.harrisburghhealthystart.com

HEART OF MARY PREGNANCY SUPPORT SERVICES
Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.
717-843-7986
26 E. College Ave., York

LIFELINE PREGNANCY CARE CENTER
Mission is to defend life and meet physical, social and spiritual needs of those who may be experiencing an unplanned pregnancy. Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.
717-692-2183
403 Union St., Millersburg
www.lifeline-pcc.org

LOURDESHOUSE MATERNITY SERVICES
(Catholic Charities)
Temporary home for pregnant young women who have nowhere else to turn.
120 Willow Road., Suite A, Harrisburg
717-412-4865
www.cchbg.org

MORNINGSTAR PREGNANCY SERVICES
Pregnancy-related services and information including free pregnancy tests.
3837 Walnut St., Harrisburg
717-220-3544
503 Bridge St., New Cumberland
717-220-3585
35 S. Union St., Middletown
717-827-6129
www.morningstarchoices.com

REAL ALTERNATIVES
Provides free, caring and completely confidential pregnancy and parenting support services.
888-LIFE-AID
www.realalternatives.org

PROSTATE CANCER

AMERICAN CANCER SOCIETY
800-227-2345
www.cancer.org

CANCER TREATMENT CENTERS OF AMERICA
844-500-1378
www.cancercenter.com/prostate

NATIONAL CANCER INSTITUTE
800-4-CANCER
www.cancer.gov/cancertopics/types/prostate

RAPE
(See also ABUSE, VICTIMS)

EMERGENCIES
911

DOMESTIC VIOLENCE HOTLINES
(By county)
ADAMS: 800-787-8106
CUMBERLAND: 800-852-2102
DAUPHIN: 800-654-1211
FRANKLIN/FULTON: 800-621-6660
JUNIATA/MIFFLIN: 717-242-2444
LANCASTER: 717-299-1249
LEBANON: 866-686-0451
NORTHUMBERLAND/UNION/SNYDER: 800-850-7948
PERRY: 800-852-2102
SCHUYKILL: 800-282-0634
YORK: 800-262-8444
PENNSYLVANIA COALITION AGAINST RAPE
Works to end sexual violence and advocates for the rights and needs of sexual assault victims.
888-772-7227 (24-hour hotline)
717-728-9740
125 N. Enola Drive, Enola
www.pcar.org

SEXUAL ASSAULT RESOURCE & COUNSELING CENTER
Provides counseling, education, advocacy and prevention programs on sexual abuse issues.
717-272-5308 (hotline Lebanon)
570-628-2965 (hotline Schuylkill)
615 Cumberland St., Lebanon
Schuylkill Office:
17 Westwood Centre, Pottsville
www.sarcclebanon.org

YWCA OF GREATER HARRISBURG
Violence intervention and prevention services.
Hotline
800-654-1211
www.ywcahbg.org

YWCA OF YORK/VICTIM SERVICES
Sexual violence hotline
800-422-3204
717-854-3131
www.ywcayork.org

SENIOR CITIZENS

AARP
www.aarp.org

AREA AGENCIES ON AGING
(Usual sources for meals on wheels)
Cumberland County: 717-240-6110
Dauphin County: 717-780-6130
Lebanon County 717-273-9262
Perry County: 717-582-5128
York County: 717-771-9610

ALZHEIMER’S ASSOCIATION
Mission is to eliminate Alzheimer’s disease through the advancement of research, to provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health.
800-272-3900 (helpline)
www.alz.org

B’NAI B’RITH SENIOR CENTER
717-232-6757
130 S. Third St., Harrisburg

BIG SPRING SENIOR CENTER
717-776-4478
91 Doubling Gap Road, Suite 1, Newville

CARLISLE SENIOR ACTION CENTER
717-249-5007
20 E. Pomfret St., Carlisle

EAST HANOVER TOWNSHIP SENIOR CENTER
717-469-7514
8848 Jonestown Road, Grantville

EDGEMONT SENIOR CENTER
717-554-7401
2400 Oxford Ave., Harrisburg

ELDER ABUSE AND NEGLECT
Hotline
800-490-8505
ELDER CARE
Nationwide service that connects older Americans and their caregivers with information on senior services.
800-677-1116
www.eldercare.gov

FRIENDSHIP SENIOR CENTER
717-657-1547
5000 Commons Drive, Harrisburg

GEISINGER HOLY SPIRIT HOSPITAL
Senior Adult Treatment Program helps older people deal with emotional and psychological problems associated with aging.
717-763-2219

HEINZ-MENAKER SENIOR CENTER
717-238-7860
1824 N. Fourth Street, Harrisburg

HOY/LATSHA SENIOR CENTER
717-939-9833
301 Mohn St., Steelton

JEWSH COMMUNITY CENTER
717-236-9555
3301 N. Front St., Harrisburg

LICK TOWERS SENIOR CENTER
717-233-0388
1301 N. Sixth St., Harrisburg

LYKENS BALLROOM SENIOR CENTER
717-453-8350
200 W. Main St., Lykens

MECHANICSBURG PLACE
717-697-5947
97 W. Portland St., Mechanicsburg

MEDICARE
www.medicare.gov

MILLERSBURG SENIOR CENTER
717-692-2657
109 Edward Drive, Millersburg

MOHLER SENIOR CENTER
717-533-2002
25 Hope Drive, Hershey
www.mohlerseniormcenter.com

PACE AND PACENET
State prescription program for lower income seniors.
800-225-7223

PENNSYLVANIA DEPARTMENT OF AGING
www.aging.state.pa.us

PENNSYLVANIA DEPARTMENT OF BANKING AND SECURITIES
Call with reports related to investment scams. Can file a complaint form online.
800-600-0007
www.dobs.pa.gov

PENNSYLVANIA SENIOR LAW HELPLINE
Provides legal advice, information and referral services. Helpline hours are Monday through Thursday, 10 a.m. to 12 p.m.
877-727-7529
www.seniorlawcenter.org

RED LAND SENIOR CENTER
717-938-4649
736 Wyndamere Road, Lewisberry
www.redlandseniorcenter.org
RSVP OF THE CAPITAL REGION
Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.
717-541-9521
50 Utley Drive, Suite 500, Camp Hill
www.rsvpcapreg.org

THE RUTHERFORD HOUSE
717-564-5682
3300 Parkview Lane, Harrisburg

MARY C. SCHANER SENIOR CENTER
717-732-3915
East Pennsboro Twp. municipal building
98 S. Enola Drive, Enola

SHIPPENSBURG AREA SENIOR CENTER
717-300-3563
115 N. Fayette St. Shippensburg

SOCIAL SECURITY ADMINISTRATION
800-772-1213 (national)
888-327-1176 (local)
555 Walnut St., Suite 810, Harrisburg
www.ssa.gov

STEELTON SENIOR CENTER
717-649-0136
900 Cumbler St., Steelton

WEST SHORE SENIOR CENTER
717-774-0409
122 Geary Ave., New Cumberland

SHELTERS

AGAPE FAMILY SHELTER
(Lebanon Rescue Mission)
Shelter for homeless women and their children.
717-272-6573
139 S. Ninth Street, Lebanon
www.lebanonrescuemission.org

BELL FAMILY SHELTER
The shelter services team can talk with you to determine options and resources.
717-845-9536
www.bellsocialization.com

BETHESDA MISSION
Operates a men’s shelter.
717-257-4440
www.bethesdamission.org

BRETHREN HOUSING ASSOCIATION
Helps homeless and low-income individuals and families achieve their potential.
717-233-6016
219 Hummel St., Harrisburg
www.bha-pa.org

CAPITAL AREA COALITION ON HOMELESSNESS
Comprises more than 70 organizations, agencies, churches and other non-profits, to mobilize resources to help families and friends who are homeless, or are dangerously close to becoming homeless.
717-255-6587
10 N. Second St., Suite 405, Harrisburg
www.cachpa.org

CARLISLE COMBINED AREA RESOURCES FOR EMERGENCY SHELTER
717-249-1009
50 W. Penn St., Carlisle
www.carlislecares.org

CHRISTIAN CHURCHES UNITED (Help Ministries)
717-238-2851
413 S. 19th St., Harrisburg
www.ccuhbg.org

FAMILY PROMISE OF HARRISBURG CAPITAL REGION
Serves families who recently lost their homes.
717-737-1100
PO Box 292, Lemoyne
www.familypromisehcr.org
INTERFAITH SHELTER FOR HOMELESS FAMILIES
(Catholic Charities)
Only homeless shelter in Harrisburg region specifically serving families.
717-652-8740
120 Willow Road, Suite C, Harrisburg
www.cchbg.org

JUBILEE MINISTRIES
Operates a homeless resource center.
717-274-7528
235 S. 12th St., Lebanon
www.jub.org

LEBANON COUNTY CHRISTIAN MINISTRIES
717-272-4400
250 S. Seventh St., Lebanon
www.lccm.us

LEBANON RESCUE MISSION
Homeless men’s shelter.
717-273-2301
1223 Bittner Blvd., Lebanon
www.lebanonrescuemission.org

LIFEPATH CHRISTIAN MINISTRIES
717-845-7662
363-373 West Market Street, York
www.lifepathyork.org

PERRY HUMAN SERVICES
Offers temporary shelter to families or individuals in need of emergency housing.
717-582-8703
Mulhollem Office Centre
8391 Spring Road, New Bloomfield
www.perryhumanservices.org

SAFE HARBOUR
Provides a continuum of housing services for the homeless of Cumberland County.
717-249-2200
102 W. High St., Carlisle
www.safeharbour.org

SHALOM HOUSE
Provides temporary shelter for homeless women and children.
717-232-3482
www.shalomhouse.net

SILENCE OF MARY HOME
Serves the poor and homeless.
717-737-4107 (office)
www.thesilenceofmary.org

SUSQUEHANNA HARBOR SAFE HAVEN
(Christian Churches United)
Provides shelter for single men with two or more bouts of homelessness and who have a diagnosed mental illness
717-232-5029
1805 N. 12th St., Harrisburg
www.ccuhsbg.org

YWCA OF GREATER HARRISBURG
Emergency shelter provides housing to single women and women with children for up to 30 days.
717-238-2851
www.ywcahbg.org

SOUP KITCHENS
(See also FOOD ASSISTANCE)

ANTIOCH TABERNACLE SOUP KITCHEN
Lunchtime meal program
Thursdays starting at 11 a.m.
717-233-8231
1920 North Street, Harrisburg
www.antioch-tabernacle.org

BETHESDA MISSION
Evening meal served every night of the week beginning at 4:30 p.m.
717-257-4440
611 Reily St., Harrisburg
www.bethesdamission.org
CALVARY UNITED METHODIST CHURCH  
Community Meal served  
every Wednesday 5-6 p.m.  
717-737-6921  
700 Market Street, Lemoyne  
www.lemoynecalvary.org

CAMP CURTIN MEMORIAL – MITCHELL  
SOUP KITCHEN  
Serves meals from 12 to 1 p.m.  
Monday, Wednesday and Friday  
717-233-0335  
2221 N. Sixth St., Harrisburg

CATHEDRAL OF ST. PATRICK  
Breakfast on Saturday, 7:15 to 8:15 a.m.,  
and dinner on Sunday from 5 to 6 p.m.  
717-232-2169  
212 State Street, Harrisburg  
www.stpatrickcathedral.com

DOWNTOWN DAILY BREAD  
Soup kitchen in downtown Harrisburg  
serving lunch seven days a week  
from 12:30 to 1:30 p.m.  
717-238-4717  
234 South St., Harrisburg  
www.downtowndailybread.org

GATHER THE SPIRIT / COMMON GROUND  
CAFE  
Community meal program Mon-Wed-Fri  
10 a.m. - 12 p.m.; Breakfast 2nd  
& last Sat 9-11 a.m.  
717- 232-0877  
1508 Market Street, Harrisburg  
gatherthespirit.webs.com

GOD’S KITCHEN  
Middletown/Highspire UMC’s  
Community Meal Every Tuesday 6-7 p.m.  
1605 So. Geyers Church Road,  
Middletown  
717-368-0764

GREATER ZION HOMELESS MINISTRIES  
Serves a meal on Market Square  
(Harrisburg)  
Sunday 5:00 p.m.  
For more info call 717-541-0388  
greaterzionbaptist.org/ministry/homeless

GRACE UNITED METHODIST CHURCH  
( Helping Hands Ministries)  
Serves breakfast Sunday at 8 a.m.  
216 State St., Harrisburg  
717-238-6739  
www.thehistoricgracechurch.org

HELPING HANDS MINISTRIES OF  
HARRISBURG, INC.  
717-919-4383  
Serves meals 4 to 6 p.m. Thursdays, Fridays  
and Sundays at St. Michael Lutheran  
Church, 118 State St., Harrisburg  
www.helpinghandsministries.org

ISAIAH 61 MINISTRIES  
Operates a soup kitchen from  
5:30 to 7 p.m. Mondays and Thursdays at  
36 Jacobs Church Road, Halifax.  
717-557-5166  
www.isaiah61min.org

LEBANON COUNTY CHRISTIAN MINISTRIES  
Serves daily meals from  
12 to 1 p.m., varying sites.  
717-272-4400  
www.lccm.us

LIFEPATH CHRISTIAN MINISTRIES  
City soup kitchen and homeless shelter.  
Formerly York Rescue Mission.  
717-845-7662  
363-373 West Market Street, York  
www.lifepathyork.org
OUR DAILY BREAD SOUP KITCHEN
Serves Breakfast Mon-Fri 8:20-9 a.m.;
Lunch 10:50 a.m.-12 p.m.
717-848-1674
331 S. George Street, York

ST. FRANCIS OF ASSISI CATHOLIC CHURCH
SOUP KITCHEN
Serves lunch Monday through Friday,
12:30 to 1 p.m.
717-236-4506
1459 Zarker Street, Harrisburg

SALVATION ARMY SOUP KITCHEN
Serves breakfast 7 to 8 a.m.
Monday through Friday
1122 Green St., Harrisburg
717-233-6755

SUICIDE
(See also MENTAL HEALTH)

SUICIDE PREVENTLINE HOTLINE
800-273-8255

AMERICAN FOUNDATION FOR
SUICIDE PREVENTION
Raises awareness, funds scientific research
and provides resources and aid to those
affected by suicide.
888-333-2377
www.afsp.org

THE FOUNDATION FOR HOPE
A community outreach organization
providing direct support and service to
those affected by bullying, depression,
or suicide.
24-hour hotline
1-855-HOPE-611
www.hope611.org

PLEASE LIVE
Cultivates mental wellness through
education and awareness of youth and
young adult mental health challenges,
focusing primarily on depression, anxiety,
and suicide prevention.
PO Box 1281, Mechanicsburg
www.pleaselive.org

TEENS

BOYS AND GIRLS CLUB
OF HARRISBURG
Offers a drug-free, alcohol-free atmosphere
with caring professionals.
717-234-3268
1227 Berryhill Street, Harrisburg
1700 Hanover St., Harrisburg
1313 Monroe St., Harrisburg
www.bgchbg.org

GLBT NATIONAL YOUTH TALKLINE
Serves youth through age 25
800-246-7743

GEISINGER HOLY SPIRIT HOSPITAL
Teenline
24 hours, 7 days a week.
717-763-2345
800-722-5385

NATIONAL EATING
DISORDERS ASSOCIATION
Supports individuals and families affected
by eating disorders, and serves as a
catalyst for prevention, cures and
access to quality care.
800-931-2237
www.nationaleatingdisorders.org
NATIONAL HUMAN TRAFFICKING HOTLINE
National anti-trafficking hotline serving victims and survivors of human trafficking and the anti-trafficking community in the United States.
888-373-7888
www.traffickingresourcecenter.org

NATIONAL RUNAWAY SAFELINE
800-RUNAWAY (786-2929)

TEEN CHALLENGE HARRISBURG
Faith-based, adult, long-term, residential rehabilitation program for men and women struggling with chemical addiction.
717-933-4181
www.harrisburgtc.org

THE TREVOR PROJECT
Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24.
866-488-7386
www.thetrevorproject.org

UNITED METHODIST HOME FOR CHILDREN INC.
A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.
717-766-7652
5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.org

YWCA OF GREATER HARRISBURG
1101 Market St., Harrisburg
717-234-7931
www.ywcahbg.org

VETERANS

DAUPHIN COUNTY VETERANS AFFAIRS
717-780-6357
2 South Second Street Harrisburg, fourth floor

HARRISBURG VET CENTER
717-782-3954
1500 N. Second St., Suite 2
Harrisburg

ROBERT M. JACKSON VETERANS CENTER, INC
Assists homeless veterans and families.
717-695-6249
316 Carlisle St., Harrisburg
www.robertmjacksonveteranscenter.org

LEBANON VA MEDICAL CENTER
717-272-6621
800-409-8771
1700 S. Lincoln Avenue, Lebanon
www.lebanon.va.gov

NATIONAL COALITION FOR HOMELESS VETERANS
Resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans.
877-424-3838 (24/7 crisis hotline)
800-VET-HELP
www.nchv.org
PENNSYLVANIA DEPARTMENT OF MILITARY AND VETERANS AFFAIRS
Provides advice and assistance to Pennsylvania’s more than 894,000 veterans and their families; provides quality care to aging veterans.
800-547-2838
www.paveterans.state.pa.us
www.dmva.state.pa.us

SHALOM HOUSE
Helps provide transitional housing for homeless women veterans and children.
717-232-3482
www.shalomhouse.net

SUPPORTIVE SERVICES FOR VETERAN FAMILIES
(Volunteers of America Pennsylvania)
Provides low-income veteran families with services aimed at preventing homelessness and improving their stability. Serves Adams, Cumberland, Dauphin, Lebanon, Lancaster, Perry and York counties.
717-236-1440
2112 Walnut St., Harrisburg
www.voapa.org/veteran-services

U.S. DEPARTMENT OF VETERAN AFFAIRS
VA Benefits 800-827-1000
GI Bill 888-442-4551
Healthcare benefits 877-222-8387
PTSD 802-296-6300
www.va.gov

VETERANS CRISIS LINE
800-273-8255 (press 1)
877-927-8387

YWCA VETERANS SERVICES
Works closely with area service providers and agencies to ensure that all veterans and their families receive the best possible care through eligible programs.
717-234-7931
www.ywcahbg.org

VICTIMS
(See also ABUSE, RAPE & WOMEN)

PENNSYLVANIA COALITION AGAINST DOMESTIC VIOLENCE
Private nonprofit organization working to eliminate domestic violence, secure justice for victims and help build new lives free from abuse.
National hotline
800-799-SAFE
Local numbers
545-6400
3605 Vartan Way, Suite 101
Harrisburg
www.pcadv.org

PENNSYLVANIA COALITION AGAINST RAPE
Works to end sexual violence and advocates for the rights and needs of sexual assault victims.
888-772-7227 (24-hour hotline)
717-728-9740
125 N. Enola Drive, Enola
www.pcar.org

PENNSYLVANIA OFFICE OF THE VICTIM ADVOCATE
Dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.
800-563-6399
TTY: 877-349-1064
1101 S. Front St., Suite 5200, Harrisburg
www.ova.state.pa.us
VICTIM/WITNESS ASSISTANCE PROGRAM  
(Dauphin County)  
Strives to empower victims, witnesses and family members.  
888-292-9611  
717-780-7075 (adult victims)  
888-292-9611 (juvenile victims)  
Dauphin County Courthouse  
101 Market St., Second floor, Harrisburg  
www.victimwitness.org

VICTIM SERVICES DIVISION  
(Cumberland County)  
Main office  
717-240-6220  
1 Courthouse Square, Carlisle  
West Shore Office  
717-761-5599  
2120 Market St., Camp Hill

YWCA OF YORK/VICTIM SERVICES  
Hotlines  
Sexual violence, 800-422-3204 or 717-854-3131  
Domestic violence, 800-262-8444 or 717-846-5400  
www.ywcayork.org

VOLUNTEER  
(See also EDUCATION FOR ADULTS and MENTORING)

HABITAT FOR HUMANITY OF THE GREATER HARRISBURG AREA  
717-545-7299  
900 S. Arlington Ave., Harrisburg  
www.harrisburghhabitat.org

LEND A HAND  
A local disaster response and assistance program.  
717-731-8888  
3040 Market St., Suite 1 Camp Hill  
www.lendahand.net

MENNONITE DISASTER SERVICE  
Volunteer network of Anabaptist churches that responds to those affected by disasters in Canada and the United States.  
717-735-3536  
800-241-8111  
583 Airport Road, Lititz  
www.mds.mennonite.net

RSVP OF THE CAPITAL REGION  
Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.  
717-541-9521  
50 Utley Drive, Suite 500, Camp Hill  
www.rsvpcapreg.org

UNITED WAY OF THE CAPITAL REGION  
Mission is to advocate for volunteerism and serve as a clearinghouse for volunteer opportunities and needs in Dauphin, Cumberland and Perry counties.  
717-724-4055  
2235 Millennium Way, Enola  
www.uwcr.org

VOLUNTEERS OF AMERICA  
717-236-1440  
2112 Walnut St., Harrisburg  
www.voapa.org

WOMEN  
(See also CHILDREN, MEDICAL and PREGNANCY SERVICES)

AGAPE FAMILY SHELTER  
(Lebanon Rescue Mission)  
Shelter for homeless women and their children.  
717-272-6573  
139 South Ninth Street, Lebanon
BABIES
(Healthy Baby Helpline)
Pennsylvania Department of Health provides information to those who are pregnant or think they may be pregnant.
800-986-BABY

BABY LOVE
Provides free intensive case management services designed to help women with addictions. Participants must be Dauphin County residents, pregnant or have a child under 5 years of age. Program is part of Hamilton Health Center.
866-530-2229
www.harrisburgbabylove.com

BETHESDA MISSION
Offers a place of healing, change and hope for women in need of addiction recovery.
717-257-4440
www.bethesdamission.org

BETHANY CHRISTIAN SERVICES
(Harrisburg location)
2101 N. Front St., Harrisburg
717-238-3549
www.bethany.org

BRETHREN HOUSING ASSOCIATION
Helps homeless and low-income individuals and families achieve their potential
717-233-6016
219 Hummel St., Harrisburg
www.bha-pa.org

BRIDGE OF HOPE HARRISBURG AREA
Mission is end and prevent homelessness for single mothers and their children.
PO Box 15212, Harrisburg 17105
www.harrisburg.bridgeofhopeinc.org

CARLISLE AREA FAMILY LIFE CENTER
A crisis pregnancy resource and support service.
717-243-1918
800-848-LOVE
155 N. Hanover St. Carlisle
www.carlislefamilylife.com

COMMUNITY CHECK UP-CENTER
Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.
Pediatrics, 8:30 a.m. to 4:30 p.m. Monday through Friday
Women, 9 a.m. to 4:30 pm. Tuesdays and Fridays
717-233-1700
3BC Hall Manor
www.communitycheckupcenter.org

DOMESTIC VIOLENCE INTERVENTION OF LEBANON COUNTY
Women’s shelter and counseling service in Lebanon.
717-273-7190
866-686-0451
www.dviolc.org

DOMESTIC VIOLENCE HOTLINE
800-799-SAFE (7233)
TTY: 800-787-3224

DOMESTIC VIOLENCE SERVICES OF CUMBERLAND & PERRY COUNTIES
800-852-2102

EVERGREEN HOUSE
(Catholic Charities)
Transitional housing for single recovering women.
120 Willow Road, Suite B, Harrisburg
717-412-4594
www.cchbg.org
FAMILY HEALTH COUNCIL OF CENTRAL PA.  
A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.  
717-761-7380  
3461 Market Street, suite 200, Camp Hill  
www.fhccp.org

GREATER HARRISBURG HEALTHY START  
A program of Hamilton Health Center that provides free case management services to pregnant families and those with children ages 0-24 months who reside in Harrisburg, Steelton, Highspire and Middletown.  
717-909-1278  
www.harrisburghealthystart.com

HEART OF MARY PREGNANCY SUPPORT SERVICES  
Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.  
717-843-7986  
26 E. College Ave., York

LIGHTHOUSE OUTREACH CENTER  
An interdenominational ministry that outreaches to both churched and unchurched women in need of transitional housing.  
717-236-0735  
1839 Market St., Harrisburg  
www.lighthouseoutreachhbg.org

LIFELINE PREGNANCY CARE CENTER  
Mission is to defend life and meet physical, social and spiritual needs of those who may be experiencing an unplanned pregnancy.  
Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.  
717-692-2183  
403 Union St., Millersburg  
www.lifeline-pcc.org

LOURDESHOUSE MATERNITY SERVICES  
(Catholic Charities)  
Temporary home for pregnant young women who have nowhere else to turn.  
120 Willow Road., Suite A, Harrisburg  
717-412-4865  
www.cchbg.org

MORNINGSTAR PREGNANCY SERVICES  
Pregnancy-related services and information including free pregnancy tests  
3837 Walnut St., Harrisburg  
717-220-3544  
503 Bridge St., New Cumberland  
717-220-3585  
35 S. Union St., Middletown  
717-827-6129  
www.morningstarchoices.com

PENNSYLVANIA BREAST CANCER COALITION  
800-377-8828  
2397 Quentin Road, Suite B, Lebanon  
www.pabreastcancer.org

PENNSYLVANIA COMMISSION FOR WOMEN  
Responsible for advising the Governor on policies and legislation that impact women.  
717-831-3224  
www.governor.pa.gov/pennsylvania-commission-for-women
PINNACLEHEALTH WOMEN’S HEALTH
Offers comprehensive care from experts in women’s health.
717-231-8900

PLANNED PARENTHOOD
Delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.
Harrisburg Medical Center
1514 North 2nd Street, Harrisburg
717-234-2468.
Lancaster Medical Center
31 S. Lime St., Lancaster
717-299-2891
York Center
728 Beaver St., York
717-845-9681.
www.plannedparenthood.org

THE PROGRAM “IT’S ABOUT CHANGE”
Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.
717-238-9950
1515 Derry St., Harrisburg
www.theprogramhbg.org

RAPE CRISIS SERVICES - DOMESTIC VIOLENCE HOTLINE
YWCA OF GREATER HARRISBURG
800-654-1211
1101 Market St., Harrisburg
www.ywcahbg.org

REAL ALTERNATIVES
Provides free, caring and completely confidential pregnancy and parenting support services.
888-LIFE-AID
www.realalternatives.org

SHALOM HOUSE
Provides temporary shelter for homeless women and children.
717-232-3482
www.shalomhouse.net

SILENCE OF MARY HOME
Serves the poor and homeless.
717-737-4107 (office)
www.thesilenceofmary.org

WIC
A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods to more than 247,000 participants every month in Pennsylvania.
800-WIC-WINS (942-9467)
www.pawic.com
Services available at
Hamilton Health Center
717-230-3909

WILLOW WAY AND CRESCENT WAY
(Catholic Charities)
Transitional housing for women in recovery.
717-412-4594 (Willow Way)
120 Willow Road, Suite D, Harrisburg
717-547-6730 (Crescent Way)
1509 Crescent Ave., Lancaster
www.cchbg.org
HELP BY AREAS

CUMBERLAND AND PERRY COUNTIES

THE ARC OF CUMBERLAND AND PERRY COUNTIES
For people with intellectual and developmental disabilities.
717-249-2611
71 Ashland Ave., Carlisle
www.cparc.org

BIG SPRING AREA FOOD BANK
For Newville areas residents.
Usually last Monday of month, 9 to 11 a.m., except for months of May, November and December.
717-422-4603
Big Spring United Lutheran Church
101 Crossroad School Road, Newville

BREAD OF LIFE OUTREACH
Newport Assembly of God Church
Emergency needs:
Monday, Wednesday, Friday, 9 a.m. to 12 p.m.
35 N. Front St., Newport
Food distribution:
Second Saturday of month at Family Life Center in Newport
Fourth Saturday of month at Newport Assembly of God, Thompsontown campus
717-567-3333
717-567-9181
www.breadoflifeoutreach.org

THE BRIDGE
EMERGENCY FOOD BANK
(New Hope Ministries)
717-766-7333
Food pantry is now being run as a mobile food pantry of New Hope Ministries.
Distribution is second Wednesday of month from 2 to 4:30 p.m.
West Shore Senior Center, 122 Geary Ave., New Cumberland

CARLISLE AREA FAMILY LIFE CENTER
A crisis pregnancy resource and support service.
717-243-1918
155 N. Hanover St. Carlisle
www.carlislefamilylife.com

CARLISLE COMBINED AREA RESOURCES FOR EMERGENCY SHELTER
717-249-1009
50 W. Penn St., Carlisle
www.carlislecares.org

CHRISTIAN LIFE ASSEMBLY FOOD BANK
Normally operates 9 a.m. to 12 p.m. on Tuesday following second Monday of month. 2645 Lisburn Road, Camp Hill
717-737-6560

COMMON SENSE ADOPTION SERVICES
A licensed, non-profit adoption and foster care agency.
717-412-0772
800-445-2444
3001 Market St., Camp Hill
www.commonsenseadoption.org

CONTACT HELPLINE
Information and referral service.
800-932-4616
211 (information and referral)
www.contacthelpline.org

CRISIS INTERVENTION SERVICES (CUMBERLAND/PERRY COUNTIES)
Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.
Camp Hill area, 763-2222
Carlisle area, 717-243-6005
All other areas, 866-350-HELP
CUMBERLAND COUNTY CHILDREN & YOUTH SERVICES
Provides professional social services in order to protect the safety and welfare of children; preserve, support and strengthen the family; and identify alternative care, a safe environment and a permanent home for those children unable to remain in their home.
717-240-6120
888-697-0371
16 W. High St., Suite 200, Carlisle

CUMBERLAND COUNTY HOUSING AND REDEVELOPMENT AUTHORITIES
717-249-1315
866-683-5907
114 N. Hanover Street, Carlisle
www.cchra.com

CUMBERLAND COUNTY AGING AND COMMUNITY SERVICES
717-240-6110
888-697-0371, x6110
1100 Clareomont Road, Carlisle

CUMBERLAND COUNTY ASSISTANCE OFFICE
Crisis grants available for emergencies.
717-240-2700
800-269-0173
33 Westminster Drive, Carlisle

DOMESTIC VIOLENCE SERVICES OF CUMBERLAND & PERRY COUNTIES
800-852-2102

EMPLOYMENT SKILLS CENTER
Provides educational, counseling, training and employment services.
717-243-6040
29 S. Hanover Street, Carlisle
www.employmentskillscenter.org

ENOLA FOOD PANTRY
(New Hope Ministries)
Third Saturday of month from 10 a.m. to 12 p.m.
River of God Church
474 Wertzville Road, Enola

FAMILY HEALTH COUNCIL OF CENTRAL PA
A private, not-for-profit organization dedicated to improving health, preventing disease, and promoting wellness.
717-761-7380
3461 Market Street, suite 200, Camp Hill
www.fhcp.org

JOIN HANDS MINISTRY
A contact and support center for persons living in Perry County who are seeking assistance with daily living concerns.
717-582-7844
PO Box 335
25 E. McClure St., Suite 6, New Bloomfield

THE KING’S KETTLE FOOD PANTRY
Open 1st, 2nd & 3rd Tuesdays 5 to 6 p.m.
Operated by Jesus Loves You Ministries, Inc.
717-530-9200
30 North Fayette Street, Shippensburg

MIDPENN LEGAL SERVICES
Offers assistance in filing a protection from abuse (PFA) petition.
Carlisle office:
401 E. Louther St., Suite 103, Carlisle
717-243-9400
800-822-5288
www.midpenn.org
MORNINGSTAR PREGNANCY SERVICES
Pregnancy-related services and information including free pregnancy tests.
503 Bridge St., New Cumberland
717-220-3585
www.morningstarchoices.com

MOUNT HOLLY SPRINGS UNITED METHODIST CHURCH
Offers food bank serving residents in Mount Holly Springs, Gardners and Boiling Springs. Proof of residency is required.
Tuesdays from 12 to 2 p.m.
202 W. Butler St., Mount Holly Springs
717-486-4883

NEW HOPE MINISTRIES
Reaches out to “at risk” children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.
717-432-2087
211 S. Baltimore St., Dillsburg
www.nhm-pa.org

PERRY COUNTY AGENCY ON AGING
717-582-5128

PERRY COUNTY ASSISTANCE OFFICE
Crisis grants available for emergencies.
717-582-2127
800-991-1929
100 Centre Drive, New Bloomfield

PERRY COUNTY CHILDREN AND YOUTH SERVICES
717-582-2076

PERRY COUNTY FAMILY CENTER
Promotes the positive development and healthy well-being of all young children in Perry County.
717-582-3656
8391-R Spring Road, Suite 3, New Bloomfield
www.pcfamilycenter.org

PERRY COUNTY FOOD BANK
For eligible Perry County residents
8:45 to 11:45 a.m. and 1 to 3 p.m., Monday and Wednesday;
8:45 to 11:45 a.m. Friday
717-582-9978
300A S. Carlisle St., New Bloomfield
www.perrycountyfoodbank.org

PERRY HUMAN SERVICES
Provides drug and alcohol services, adult social services, and educational programs in the schools and in the community
717-582-8703
Mulhollem Office Centre
8391 Spring Road, New Bloomfield

PERRY COUNTY LITERACY COUNCIL
717-567-7323
866-781-7323
133 S. Fifth St., Newport
www.perryliteracy.com

PROJECT SHARE FOOD BANK
Distributes food to residents in the Carlisle/Boiling Springs area during the week that contains the third Thursday of the month.
Distribution during this week: 12 to 2 p.m. Tuesday; 9 to 11 a.m. Wednesday; 3:30 to 5:30 p.m. Thursday; and 9 to 11 a.m. Saturday.
717-249-7773
5 N. Orange St., Suite 4, Carlisle
www.projectshare.net
SADLER HEALTH CENTER CORP.
Provides services to uninsured and underinsured.
717-218-6670
8 a.m. to 5 p.m. Monday, Tuesday, Friday
9 a.m. to 5 p.m., Wednesday
8 a.m. to 7:30 p.m. Thursday
100 N. Hanover St., Carlisle;
Also, 8 a.m. to 4:30 p.m.
Monday through Friday
1104 Montour Road, Loysville
717-960-4380
866-723-5377
www.sadlerhealth.org

SAFE HARBOUR
Provides a continuum of housing services for the homeless of Cumberland County.
717-249-2200
102 W. High St., Carlisle
www.safeharbour.org

THE SALVATION ARMY
Provides various services.
717-249-1411
20 E. Pomfret St., Carlisle
www.salvationarmycarlisle.org

SENIOR CENTERS
Big Spring 717-776-4478
Carlisle 717-249-5007
Enola 717-732-3915
Mechanicsburg 717-697-5947
Shippensburg 717-300-3563
West Shore 717-774-0409

TRI-COUNTY COMMUNITY ACTION COMMISSION
Various programs serving Dauphin, Cumberland and Perry counties.
1514 Derry Street, Harrisburg
717-232-9757
www.cactricounty.org

UNITED METHODIST HOME FOR CHILDREN INC.
A refuge for children who are the victims of a negative social environment. Children are referred primarily by county children and youth agencies and family courts.
717-766-7652
5120 Simpson Ferry Road
Mechanicsburg
www.umhcservices.org

UNITED WAY
United Way of Carlisle and Cumberland County
717-243-4805
145 S. Hanover St., Carlisle
www.carlisleunitedway.org

VICTIM SERVICES DIVISION
(Cumberland County)
Main office
717-240-6220
1 Courthouse Square, Carlisle
West Shore Office
717-761-5599
2120 Market St., Camp Hill

WEST SHORE CENTER FOOD PANTRY
(New Hope Ministries)
717-774-6255
Serves residents in Lemoyne, New Cumberland, Camp Hill, Wormleysburg, Enola and Marysville.
Monday through Friday,
9:30 a.m. to 3:30 p.m.
First and third Saturday of month,
10 a.m. to 122 p.m.
701 Bosler Ave., Lemoyne
YORK COUNTY

ACCESS YORK
(YWCA York)
Dedicated to helping victims and their children who suffer from abuse or threatened abuse; assists in preparing a Protection From Abuse (PFA) petitions.
Domestic violence hotlines
800-262-8444
717-846-5400
717-637-2235 (Hanover)
Sexual violence hotlines
800-422-3204
717-854-3131
www.ywcayork.org/victim-services

BELL SOCIALIZATION SERVICES
Provides housing support and basic living skills to those living with mental illness, intellectual disabilities and homelessness.
717-848-5767
160 S. George Street, York
www.bellsocialization.com

CATHOLIC HARVEST FOOD PANTRY
Operates food pantry in York County. Hours are 6 to 7 p.m. Monday through Friday, 9 a.m. to 12 p.m. first and third Thursday of month, and 3:45 to 4:45 p.m. fourth Monday and fourth Friday of month.
717-846-8899
717-846-8571
628 E. Market St., York
www.catholicharvest.org

CENTRO HISPANO JOSE E. HERNANDEZ
Assists Hispanic community in York.
717-846-9434
225 E. Princess St., York
www.chjh-york.org

CHILDREN’S HOME OF YORK
Provides social services for children.
717-755-1033
77 Shoe House Road, York
www.choyork.org

FAMILY FIRST HEALTH
Provides medical and dental services and offers reduced fee program.
Offices:
116 South George St, York: 717-845-8617;
Hannah Penn Center:
415 E. Boundary Ave., York
717-843-5174;
Lewisberry Center
308 Market St., Lewisberry
717-938-6695;
Hanover Center
1230 High St., Hanover
717-632-9052;
Gettysburg Center
1275 York Road, Suite 17, Gettysburg
717-337-9400
Columbia Center
369 Locust St., Columbia
717-342-2577
www.myfamilyfirsthealth.org

HEART OF MARY PREGNANCY SUPPORT SERVICES
Helps women facing an unplanned pregnancy or possible pregnancy, and biological parents with children 12 months of age and younger.
717-843-7986
26 E. College Ave., York.

LIFEPATH CHRISTIAN MINISTRIES
City soup kitchen and homeless shelter.
Formerly York Rescue Mission.
717-845-7662
363-373 West Market Street, York
www.lifepathyork.org
MIDPENN LEGAL SERVICES
Offers assistance in filing a protection from abuse (PFA) petition.
York office:
29 N. Queen St., York
717-848-3605
www.midpenn.org

NEW HOPE MINISTRIES
Reaches out to “at risk” children and youth in communities with the goal of providing structured, constructive programs and positive adult role models. Serves youth in Dillsburg, Dover, Hanover, Mechanicsburg and West Shore area.
211 S. Baltimore St., Dillsburg
717-432-2087
www.nhm-pa.org

OUR DAILY BREAD
City soup kitchen.
717-848-1674
331 S. George Street, York

RED LAND SENIOR CENTER
717-938-4649
717-938-4640
736 Wyndamere Road, Lewisberry
www.redlandseniorcenter.org

YORK COUNTY AREA AGENCY ON AGING
717-771-9610
800-632-9073
100 W. Market Street, York

CHILDREN, YOUTH AND FAMILIES
717-7846-8496
800-729-9227

CRIME STOPPERS
717-755-TIPS (8477)

DOMESTIC ABUSE HOTLINE
800-262-8444

HUMAN SERVICES DEPARTMENT
717-771-9347
800-441-2025 x9347

VICTIM SERVICES
717-771-9600

YORK COUNTY LITERACY COUNCIL
Literacy services for adults.
717-845-8719
800 East King Street, York
www.yorkliteracy.org

UPPER DAUPHIN COUNTY
HALIFAX UNITED METHODIST CHURCH
Food bank.
Serves residents in Halifax and Millersburg area.
717-896-8092
9 to 11 a.m. Mondays,
4 to 6 p.m. Tuesdays and Thursdays
1st, 3rd and 5th Saturdays, 9 to 11 a.m.
105 Wind Hill Road, Halifax
www.halifaxumc.com

ISAIAH 61 MINISTRIES
Operates a soup kitchen from
5:30 to 7 p.m. Mondays and Thursdays at
36 Jacobs Church Road, Halifax.
717-557-5166
www.isaiah61min.org

MILLERSBURG ASSEMBLY OF GOD CHURCH
(Bread of Life Food Ministry)
Second Saturday of month at 9:30 a.m.
2261 Shippen Dam Road, Millersburg
717-692-3904

NORTHERN DAUPHIN FOOD PANTRY
717-905-2512
NORTHERN DAUPHIN HUMAN SERVICES CENTER
Children and youth services
877-893-3344
295 State Drive, Elizabethville

UPPER DAUPHIN HUMAN SERVICES CENTER
Operates food bank from 9 to 11 a.m. and 1:30 to 3:30 p.m. Monday through Friday. Individuals and families needing food are allowed to come one time per month.
717-453-9352
517 Main St., Lykens
www.orgsites.com/pa/udhumanservices